

3v3 Basketball Rules – 4/5 Boys & 4/6 Girls

Court	• The playing area is a half regulation court (full court style, 2 baskets, 32 ft X 63 ft)
Court Monitor (league staff)	• 1 referee per court - paid
Time-outs	• 2 timeouts per game
Initial possession	• Initial possession will be to the guests. Alternate possessions at each period change
	Note : If in overtime, coin flip will determine first overtime possession
Scoring	• 2 points for all made baskets (No 3-point line)
Game Duration	• Four 8-minute quarters. Sub on the 4's
Overtime	OT Initial Possession: Flip of a coin
O'C' C'	• 2-minute overtime, coach may pick 3 players.
Shot Clock	No Shot Clock, however, holding ball to run clock not allowed
	Must initiate action or change of possession will be awarded to defense
Free Throws	Everyone except the shooter will stand near the half court
	Possession changed after free throw taken except for double bonus
	(Example : Offense shoots free throw then defense gets ball no matter make/miss)
Fouls	• Five (5) fouls per player. Player can foul out of the game after receiving their 5th
	foul
Procedure: If Defensive foul, team foul recorded	• Coaches allowed to sub in the middle of a quarter if a player picks up his 3rd team
by monitor and offensive team continues possession.	foul or more for the game. Player substituted must be the lowest rated player on the
,	bench. Sub must happen immediately following the player picking up the foul
If offensive foul, team foul recorded by monitor	Shooting fouls result in 2 shots
and defense gets possession.	• Teams will shoot one-and-one free throws after the 7th team foul of the half
	Teams will shoot two free throws after the 10th team foul of the half
Shot taken from 11 ft from the rim of the basket.	• Technical fouls will result in 2 shots, and player will sit for the remainder of the half
Possession following a successful goal	Defense gets possession after made basket
	• Defensive team must pick up offense at the half-court line to allow offense time to
	set up.
	• In-bounder cannot dribble and must pass ball in to begin possession
following a jump ball situation	Follow the possession arrow
Fast Break and Stealing	• Steal allowed on the pass, not the dribble.
	Fast break allowed on a steal or loose ball.
	No fast break after a shot attempt.
Substitutions	Will follow the substitution chart provided
	• Four 8-minute quarters. Sub on the 4's
Notes:	Man-to-man defense only, when a screen is set on the defensive player, the
Teams must always initiate action no matter the score.	defensive team has the option to "switch" or "roll-out" with the offensive player. The
Teams that attempt to run the clock and hold the ball will	defense must switch back.
be penalized and forced to give up possession of the ball.	Clock runs continuously except for below:
Players must hustle at all times to provide the maximum	• Regulation Clock the last two minutes of the game. Clock stops during timeouts (2
amount of playing time for everyone. No double teaming.	per game), free throws in the last 2 minutes of the 4th quarter, and all dead balls in
	the last 2 minutes of the 4th quarter
	• Injuries: if a player is injured during play, the player may be substituted for the next
2 1 1 10	player on the rotation.
Basketball Size	• 28.5-inch ball
Basket Height	• 10-ft basket