

4v4 Basketball Rules – K/1 Division

Court	<ul style="list-style-type: none"> ● The playing area is a half regulation court (full court style, 2 baskets)
Court Monitor (league staff)	<ul style="list-style-type: none"> ● * Coaches will officiate
Time-outs (*Running Clock)	<ul style="list-style-type: none"> ● No time-outs
Initial possession	<ul style="list-style-type: none"> ● Initial possession will be to the guests. Alternate possessions at each period change
Scoring	<ul style="list-style-type: none"> ● 2 points for all made baskets (No 3-point line)
Game Duration	<ul style="list-style-type: none"> ● Four 8-minute quarters. Sub on the 4's. Clock runs continuously.
Overtime	<ul style="list-style-type: none"> ● No overtime
Free Throws	<ul style="list-style-type: none"> ● No free throws
Fouls	<ul style="list-style-type: none"> ● No fouls, coach to work with players. If foul occurs, possession change.
Possession following a successful goal	<ul style="list-style-type: none"> ● Defense gets possession after made basket ● Defensive team must pick up offense at the designated line to allow offense time to set up ● Inbound player cannot dribble and must pass ball in to begin possession
...following a dead ball	<ul style="list-style-type: none"> ● Change in possession
Stealing	<ul style="list-style-type: none"> ● No stealing off the dribble, may steal off of the pass
Substitutions	<ul style="list-style-type: none"> ● Will follow the substitution chart provided ● Four 8-minute quarters. Sub on the 4's
Notes: Teams must always initiate action no matter the score. Teams that attempt to run the clock and hold the ball will be penalized and forced to give up possession of the ball. Players must hustle at all times to provide the maximum amount of playing time for everyone. No double teaming.	<ul style="list-style-type: none"> ● Man-to-man defense only, when a screen is set on the defensive player, the defensive team has the option to “switch” or “roll-out” with the offensive player. The defense must switch back. ● Injuries: if a player is injured during play, the player may be substituted for the next player on the rotation.
Basketball Size	<ul style="list-style-type: none"> ● 27.5-inch ball
Basket Height	<ul style="list-style-type: none"> ● 8-ft basket