



Week 1: Foundation of Faith: Trusting the Coach

- **Theme:** Trusting in God, He is The Head Coach
- **Primary Scripture:** Proverbs 3:5-6 - Trust in the LORD with all your heart, and do not lean on your own understanding. ⁶In all your ways acknowledge him, and he will make straight your paths.
- **Additional Scripture:** Jeremiah 29:11 and Philippians 4:6-7
- **Key Words:** Trust, Guidance, Preparation
- **Connection to Sports:** A successful team trusts the coach's strategy, even when it's hard to understand. Similarly, trusting God as our Head Coach means believing He sees the bigger picture and following His guidance. Just as a coach prepares athletes for challenges, God equips us to succeed when we surrender to Him.

Practical Application for Sports and Life

- **In Sports:** Trust your coach by following their game plan, showing up to practice, and staying disciplined, even when it's challenging.
- **In Life:** Trust God by seeking His guidance through prayer and scripture, especially in difficult circumstances.

Challenge for the Athlete:

This week, commit to trusting both your coach and God by practicing discipline and obedience. On the field, listen carefully to your coach's instructions, even if they seem tough or unclear. In life, spend time each day praying and reading Proverbs 3:5-6, asking God to help you trust His plan for your life. Reflect on how trusting your coach and God brings growth and success.

DEVOTIONS FOR 2025 BASKETBALL SEASON



Devotional Script for Coaches: Week 1

“Great practice today! Let’s talk about something important—not just for basketball, but for life.

In basketball, trusting your coach is key. If your coach calls a play, you trust they know what’s best, even if you don’t fully understand. The same goes for life. Proverbs 3:5-6 says, *‘Trust in the Lord with all your heart, and lean not on your own understanding; in all your ways acknowledge Him, and He will make your paths straight.’* God, our ultimate Coach, has a perfect plan for us.

Jeremiah 29:11 says, *‘For I know the plans I have for you, declares the Lord, plans for welfare and not for evil, to give you a future and a hope.’* Just like a coach designs plays to help the team win, God’s plans are always for our good—even when we don’t understand.

God’s ultimate plan starts with the gospel. Sin separates us from Him, but because God loves us, He sent Jesus to take the penalty for our sins. Jesus died and rose again to give us eternal life. When we trust Him—like trusting a coach—we become part of God’s team forever.

Philippians 4:6-7 reminds us to trust God even in tough times: *‘Do not be anxious about anything... the peace of God... will guard your hearts and your minds in Christ Jesus.’*

Practical Challenge:

This week, encourage your players to trust their coaches by following plays and listening during practice. Off the court, challenge them to trust God in their lives. Spend time in prayer and read Proverbs 3:5-6 with a family member. Think about one area of life where they can trust God more and take a step of faith.

Self-Reflection Questions:

1. Do you trust God in every area of your life?
2. Are there areas where you’re running your own play instead of following God’s plan?
3. What is one way you can show trust in God this week?

Prayer: *Lord, thank You for being our ultimate Coach. Help us trust You, even when we don’t understand the plan. Thank You for sending Jesus to save us. Teach us to follow You in all we do. Amen.*