



Flag Football 2025

Coach's Pre-Practice Devotion – Week 3

Title: *He Took the Hit for You*

Scripture: *“But God shows His love for us in that while we were still sinners, Christ died for us.” – Romans 5:8*

Coach Says:

"Alright team, before we get started, I want you to imagine something.

You make a mistake on the field—maybe a big penalty or you miss an assignment—and the team's about to lose yards. But then your teammate steps up and says, ‘Coach, bench me instead.’ They didn't do anything wrong... **but they take the hit for you.**

That's exactly what Jesus did for us.

Romans 5:8 says, *“While we were still sinners, Christ died for us.”* That means even though **we** were the ones who broke the rules, **He** stepped in and took the punishment. Not because we deserved it, but because **He loves us.**

Today as we practice, let's remember:

- Be the kind of teammate who lifts others up.
- And never forget how much God loves you—even when you mess up."

Prayer:

“God, thank You for sending Jesus to take our place. Help us play hard, love our teammates, and remember Your amazing grace. Amen.”