



WEEK 5 – The Turnaround: Repent and Follow

Scripture: Acts 3:19 — “Repent, then, and turn to God, so that your sins may be wiped out.”

Main Point: Repentance means turning from sin and following Jesus.

Whiteboard Illustration:

Draw an arrow going one way labeled “**My Way,**” turning around toward “**God’s Way.**”

Coach Says:

“When you keep missing shots, your coach might say, ‘Change your form!’ Repentance is like that — turning around from doing wrong and following Jesus instead. It’s not just saying sorry; it’s changing direction. When we turn to God, He forgives us and gives us a clean start!”

Reflection Questions:

1. What does it mean to turn around in your heart?
2. Why do we need to turn to God instead of trying to fix ourselves?

Prayer:

“God, help me turn away from my sin and follow You every day with all my heart.”