Tarrant County
Community Resource Guide
(updated September 2026)

BABY ITEMS				
Agency Name	**Area Served**	**Contact**	**Languages**	**Access (appt, walk-in, etc.)**
Community Cross Roads	Tarrant County	1516 Hemphill Fort Worth, TX 76104 https://fpcfw.org/crossroads/	English/Spanish	Mondays 9:00am First come, first serve
Eastside Ministries	76103, 76105, 76112, 76120	5929 E. Lancaster Ave. Fort Worth, TX 76112 (817) 446-3278 Website: eastsidecommunityassistance.org	English	Call before coming; Food bank 8am-Noon **Sign in before 11:00am**
Mission Arlington	Arlington and surrounding areas	210 W South Street Arlington, TX 76010 (817) 277-6620 https://missionarlington.org/	English, Spanish, Arabic, Language line	Walk-in, but wait in vehicle
Pregnancy Help 4 U	Tarrant County; Primarily serve their own clients with baby items, but can help someone who truly needs it	425 Keller Parkway Keller, TX 76248 (817) 753-6222 https://pregnancyhelp4u.org/	English, have some Spanish speakers on staff but not there everyday	Accepting walk-ins, Can also call
Mother's Milk Bank of North Texas	North Texas Communities	7617 Benbrook Pkwy. Benbrook, TX 76126 (817) 810-0071 https://texasmilkbank.org/	English, Spanish	Prescription
Chosen Ones	Fort Worth	7600 Sand St., Building 14 Fort Worth, TX 76118 (469) 265-5936 Website: https://www.chosenones.org/	English	Appointment only *call or go online to make an appointment
Safe Riders Program/Asientos de Carro para Bebés (Car Seats)	Texas	1(800) 252-8255 saferiders@dshs.state.tx.us	English/Spanish	Call first; services sometimes on hold

COUNSELING / MENTAL HEALTH SERVICES				
Agency Name	**Area Served**	**Contact**	**Languages**	**Access (appt, walk-in, etc.)**
Christian Works	DFW	Fort Worth Location: 2214 Hemphill St. Fort Worth, TX 76110 Dallas Location: 5440 Harvest Hill Rd. #140 Dallas, TX 75239 800-375-2229 Website: christianworks.org	English/Spanish	Call to schedule an appointment
Recovery Resources Council	All of North Texas	2700 Airport Freeway Fort Worth, TX 76111 (817) 332-6329 Website: www.recoverycouncil.org	English/Spanish	Call to schedule an appointment. Virtual appointments available.
MHMR of Tarrant County	Tarrant County	3840 Hulen St. Fort Worth, TX 76107 Website: www.mhmrtarrant.org	English/Spanish	Call to schedule an appointment
The Salvation Army Adult Rehabilitation Center - FW	Fort Worth	2901 NE 28th St Fort Worth, TX 76111 (817) 834-6271 Website: satruck.org	English/Spanish	Must Call
Volunteers of America	Fort Worth	2401 Scott Ave. Fort Worth, TX 76103 (817) 369-8443 Website: www.voatx.org	English/Spanish	Call to schedule an appointment
Mesa Springs	Fort Worth	5560 Mesa Springs Drive Fort Worth, TX 76123 (817) 292-4600 https://www.mesasprings.com/	English/Spanish	Call for an assessment

Spirit Horse Therapeutic Center	Texas	1960 Post Oak Dr. Corinth, TX 76210 (940) 497-2946 Website: spirithorsetherapy.com Email: spirithorsethera@aol.com	English/Spanish	Must call for an assessment
Mission Arlington	Arlington & surrounding areas	210 W. South Street Arlington, TX 76010 817-704-6144 Website: https://missionarlington.org/	English, Spanish	Call

SHELTERS				
Agency Name	**Area Served**	**Contact**	**Languages**	**Access (appt, walk-in, etc.)**
Safe Haven – Arlington Resource Center - Domestic Violence	Tarrant County	401 W Sanford St. #1400 Arlington, TX 76011 (817) 548-0583 1-877-701-7233 http://www.safehaventc.org	English/Spanish, access to language services	Must call for an assessment
Safe Haven – Fort Worth Resource Center - Domestic Violence	Tarrant County	1100 Hemphill St. Fort Worth, TX 76104 (817) 536-5496 1-877-701-7233 http://www.safehaventc.org	English/Spanish, access to language services	Must call for an assessment
Oxford Housing, Inc. (Recovery housing)	Fort Worth	125 Fairweather Dr. Fort Worth, TX 76120 (817) 496-3200 https://www.oxfordhouse.org/	English	Call for availability
The Family Place (Domestic Violence)	DFW	7424 Greenville Ave. # 202 Dallas, TX 75231 (214) 941-1991 Website: www.familyplace.org	English/Spanish	Must call
Genesis Women's Shelter and Support	Dallas	4411 Lemmon Ave Suite 201 Dallas, TX 75219 Hotline: (214) 946-43578 Outreach: (214) 389-7700 Website: www.genesisshelter.org	English/Spanish	Must Call
Union Gospel Mission	Tarrant County	1331 E. Lancaster Ave. Fort Worth, TX 76113 (817) 339-2553	English	M-F / Line up by 7am First come, first serve no overnight guests, only resident programs (state ID, proof of income)

Presbyterian Night Shelter	Tarrant County	2400 Cypress St. Fort Worth, TX 76102 (817) 632-7400	English, access to language services such as Language Line	Line up at main shelter door by 5pm, bring identifying documents. Women with children call for pre-screening (817) 632-7429
Salvation Army - Arlington Life Shelter	Tarrant County	712 West Abram Arlington, TX 76004 (817) 860-1836	English, some Spanish (staff not always there)	Walk-in
Salvation Army – Mabee Social Service Center (Fort Worth)	Tarrant County	1855 E. Lancaster Ave. Fort Worth, TX 76103 (817) 344-1800 or 1811 Website: https://salvationarmyntx.org/north-texas/mabee-social-services-center/	English, some Spanish (staff not always there)	Walk-in or call
YWCA Center for Transforming Lives	Tarrant County	512 West 4th St. Fort Worth, TX 76102 (817) 332-6191	English/Spanish	Reduced capacity, limited onsite services, shelter and childcare still open
One Safe Place	Tarrant County	1100 Hemphill St. Fort Worth, TX 76104 (817) 916-4323 Website: www.onesafeplace.org	English/Spanish	Limited Capacity, must call
True Worth (Day Shelter)	Fort Worth	1513 E. Presidio Street Fort Worth, TX 76102 (817) 289-7474 Website: https://trueworthplace.org/	English	Go to main entrance
ACH Child and Family Services (Youth Emergency Shelter)	Tarrant County	3712 Wichita Street Fort Worth, TX 76119 (817) 335-4673 Website: https://achservices.org/programs/yes/	English, Spanish	May be placed or visit a 'Safe Place' where someone from intake will meet the youth

SUPPORT GROUPS				
Agency Name	**Area Served**	**Contact**	**Languages**	**Access (appt, walk-in, etc.)**
Compassionate Friends (For parents who have experienced the loss of a child/ Para padres que han experimentado la pérdida de un niño)	Fort Worth Chapter	5001 Briarhaven Rd. Fort Worth, TX 76109 (682) 201-0837 (817) 475-9363 tcffortworth@gmail.com www.thecompassionatefriendsfw.com/	English only by phone, Spanish available in person	Virtual only
MEND (Mothers Enduring Neonatal Death/Madres Luchando por la Muerte de un Bebé)	DFW	DFW Chapter 800 West Airport Freeway Irving, TX 75062 (972) 506-9000 www.mend.org	English	Virtual only
The Parenting Center	Tarrant County	2928 W. 5th St. Fort Worth, TX 76017 (817)332-6348 For counseling appts: email jsalgado@theparentingcenter.org or call (817) 632-5517	English/Spanish	Call to enroll; virtual only
The Warm Place (Grieving Support for children and youth)	Tarrant County	809 Lipscomb St. Fort Worth, TX 76104 (817) 870-2272	English only	Call for intake appointment; Reduced capacity, but back to in person groups
Parent Shield Fort Worth	Fort Worth ISD communities	1062 Evans Avenue Fort Worth, TX 76104	English, Spanish	Enroll online

Thomas Place (After-school program and activity center)	Fort Worth	4237 Lafayette Avenue Fort Worth, TX 76107 (817) 392-7427	English	Walk-in

TRANSPORTATION				
Agency Name	**Area Served**	**Contact**	**Languages**	**Access (appt, walk-in, etc.)**
Catholic Charities Fort Worth/ Caridades Católicas de Fort Worth	Azle, Lake Worth, Saginaw, Benbrook, Sansom Park, Westworth Village, Crowley, Everman, Forest Hill, Grapevine, Haltom City, Keller, Bedford, North Richland Hills, Arlington, Mansfield, Kennedale, Hurst, Euless, Bedford and Alliance areas	(817) 336-8714	English/Spanish, access to language services	Call to schedule ride
Trinity Metro ACCESS Service	Tarrant County	(817) 215-8600	English	Free rides for job seekers - show driver email/flyer/letter from hiring company or job fair
Medical Transportation Program	Medicaid	(855) 687-3255	English/Spanish, access to a tele-language service	Call to schedule ride

COMMUNITY CLINICS				
Agency Name	**Area Served**	**Contact**	**Languages**	**Access (appt, walk-in, etc.)**
Mission Arlington	Arlington and surrounding communities	210 SW St. Arlington, TX 76010 (817) 277-6620	English, Spanish, Arabic, Language line	Call to schedule appt
		Allen Saxe Dental Clinic (817) 860-4474 Website: missionarlington.org/allan-saxe-dental-clinic/		Call to schedule appt
		Bob Mann Medical Clinic (817) 277-9597		Call to schedule appt
		Counseling Services (817) 704-6144		Call to schedule appt
Open Arms Health Clinic/ Clínica de Salud Brazos Abiertos	Tarrant County	3311 Little Road Arlington, TX 76016 (817) 496-1919	English	No onsite patient visits, not accepting new patients, current patients can call and leave a message for callback
Crowley House of Hope/ Casa de Esperanza	76036 zip code and the Crowley Independent School District	200 N Magnolia St. Crowley, TX 76036 (817) 297-6400	English	Call to schedule an appt
Baylor Community Care	Tarrant County	1650 W Magnolia Ave #207 Fort Worth, TX 76104 (817) 912-8000	English	Call to schedule virtual or in-person appt
Cornerstone Assistance Network	Tarrant County	3500 Noble Ave. Fort Worth, TX 76111 (817) 632-6000	English/Spanish	Telehealth for medication refills only at this time

Northside Community Health Center	North Texas	2332 Beverly Hills Drive Fort Worth, TX 76114 (817) 625-4254	English/Spanish	Call to schedule appt - may be virtual or in-person visit
Catholic Charities Fort Worth Dental Clinic/ Clínica Dental Caridades Católicas De Fort Worth	Tarrant and surrounding counties	249 W Thornhill Dr. Fort Worth, TX 76115 (817) 600-1461	English/Spanish, access to language services	Call to schedule appt
GRACE Community Clinic	Tarrant County	837 E Walnut St. Grapevine, TX 76051 (817) 283-0119 (817) 488-7009	English/Spanish	Call to schedule appt
Mission Mansfield - Linda Nix Clinic	Residents of Mansfield ISD	901 W Broad St. Mansfield, TX 76063 (817) 473-6611	English	Call to schedule, telehealth appt
Tarrant County Human Services - Immunizations	Tarrant County	Six clinic locations near Arlington, Fort Worth, Lake Worth, and Watauga (817) 248-6066	English/Spanish, access to language services	Call to schedule appt
Salt & Light Dental Clinic (free dental for people experiencing homelessness)	Fort Worth	Facilitated through Community Crossroads Website: fpcfw.org/crossroads/	English	Email: dental@fpcfw.org
Mercy Clinic of Fort Worth	Fort Worth	775 W Bowie Street Fort Worth, TX 76110 (817) 840-3501	English, Spanish	Call

FINANCIAL ASSISTANCE / AYUDA FINANCIERA				
Agency Name	**Area Served**	**Contact**	**Languages**	**Access (appt, walk-in, etc.)**
GRACE Grapevine Relief and Community Exchange	Grapevine	837 E Walnut Street Grapevine, TX 76051 (817) 488-7009	English/Spanish	Call to Schedule an appointment Website: www.gracegrapevine.org
West Fort Worth Center of Hope	West Fort Worth (near Las Vegas Trail)	9508 Camp Bowie W Blvd. Fort Worth, TX 76116 (833) 939-4673	English	Appointments only
South Central Alliance of Churches	76104, 76109, 76110	(817) 923-0486	English/Spanish - Language lines	Only by Appointment by phone call
Mansfield Mission Center	Residents of Mansfield ISD	901 W Broad St. Mansfield, TX 76063 (817) 473-6650	English	Phone and in-person
Mission Arlington	Arlington and surrounding communities	210 W South Street Arlington, TX 76010 (817) 277-6620 -website access in any language	English, Spanish, Arabic, Language line	Call to schedule appt
Tarrant County Human Services	Tarrant County	1200 Circle Drive, Suite 200 Fort Worth, TX 76119 (817) 531-5620	English, Spanish and Language lines	By appointment
Crowley House of Hope	5 zip codes: 76036, 76123, 76132, 76133, and 76140	200 N Magnolia St. Crowley, TX 76036	English	Apply online, appointments only
Community Action Partners	Fort Worth, parts of Tarrant County	4200 South Freeway #2310 La Gran Plaza Fort Worth, TX 76115 (817) 392-5720	English	Apply online, appointments conducted by phone calls

St. Vincent de Paul Society	Tarrant County	1007 E. Terrell Ave. Fort Worth, TX 76104 (817) 768-1950	English, Spanish and Language lines	By appointments
One-Time TANF		2-1-1, option 2		Apply online at YourTexasBenefits.com

FOOD BANKS / BANCO DE ALIMENTOS				
Agency Name	**Area Served**	**Contact**	**Languages**	**Access (appt, walk-in, etc.)**
Northside Inter-Community Agency	76106, 76108, 76114, 76127, 76131, 76135, 76164, 76177, 76179, 76008, 76020, 76052, 76071	1600 Circle Park Blvd. Fort Worth, TX 76164 (817) 626-1102	English/Spanish	Accepting walk-ins, can also call
Arlington Charities	Arlington and Arlington ISD	811 Secretary Drive Arlington, Texas 76015 (817) 275-1511	English/Spanish	Call for an appt., same day only
Neighborhood Needs	7 zip codes in Southwest Fort Worth	4600 Altamesa Blvd. Fort Worth, TX 76133 (817) 294-1260	English/Spanish	Tues & Sat 8:00am - 11:00am **Households may come once a month**
Community Enrichment Center	76021, 76022, 76034, 76244, 76039, 76040, 76051, 76248, 76053, 76054, 76092, 76117, 76118, 76137, 76148, 76180, 76182	6250 NE Loop 820 North Richland Hills, TX 76180 (817) 281-1164	English	By phone calls

Community Crossroads	Tarrant County	1516 Hemphill Fort Worth, TX 76104	English/ Spanish	Distribute groceries on Mondays from 9-10:30 a.m. (Choice Pantry during Formula & Diapers), Wednesdays and Thursdays from 11:30 to 1:30 p.m., and 6:30 to 8 p.m. on the third Tuesday of each month (evening Choice Pantry). NOTE: You may only participate in one distribution, either receive a sack lunch OR receive groceries.

IMMIGRATION SERVICES / SERVICIOS DE IMIGRACIÓN				
Agency Name	**Area Served**	**Contact**	**Languages**	**Access (appt, walk-in, etc.)**
Catholic Charities Fort Worth Caridades Católicas de Fort Worth	Tarrant and surrounding counties	249 West Thornhill Drive Fort Worth, TX 76115 (817) 289-4399 ics.refugiis@ccdof.org	English/Spanish, access to language services	Call for appointments L-V 8am-10am or schedule appointment online ccfwimmigration.com

HOUSING				
Agency Name	**Area Served**	**Contact**	**Languages**	**Access (appt, walk-in, etc.)**
TCHC Homeless Helpline	Tarrant County	300 S. Beach St. Fort Worth, TX 76105 (817) 509-3635	English	Telephone only
Community Enrichment Center	76021, 76022, 76034, 76244, 76039, 76040, 76051, 76248, 76053, 76054, 76092, 76117, 76118, 76137, 76148, 76180, 76182	6250 NE Loop 820 North Richland Hills, TX 76180 (817) 281-1164	English	By phone calls
Cornerstone Assistance Network	Tarrant County	3500 Noble Avenue Fort Worth, TX 76111 (817) 632-6000	English	By appt only
Samaritan House	Tarrant County	929 Hemphill Street, Fort Worth, TX 76104 (817) 332-6410	English/Spanish	Must go online/call Currently has a wait list

EMPLOYMENT SERVICES / SERVICIOS PARA EMPLEO				
Agency Name	**Area Served**	**Contact**	**Languages**	**Access (appt, walk-in, etc.)**
Work Force Solutions	Tarrant County	(817) 413-4400 www.workforcesolutions.net	English	Call to schedule virtual or in-person appt
Women's Center	Tarrant County	401 W Sanford St. #1200 Arlington, TX 76011 (817) 927-4050	English/Spanish, website in various languages, orientation video and intake form in English only	Online virtual orientation and intake form: https://www.womenscentertc.org/programs/employment-solutions/
Cornerstone Staffing (Temp)	North Texas	1200 Summit Ave. #518 Fort Worth, TX 76102 (817) 332-5882	English/Spanish	By phone and online: https://www.cornerstonestaffing.com/careers/
Frontline Source Group	DFW	201 Main St. #1360 Fort Worth, TX 76102 (817) 332-5600 Email: ftworth.staffing@frline.org	English	Online: frontlinesourcegroup.com
VSSI Staffing & Employment Agency	DFW	2100 N Main St. #10 Fort Worth, TX 76164 (817) 740-9955	English	Online: https://www.vssillc.com/

VETERAN ASSISTANCE				
Agency Name	**Area Served**	**Contact**	**Languages**	**Access (appt., walk-in, etc.)**
CLC, Inc	Fort Worth	555 N. Grants Lane Fort Worth, TX 76108 (817) 569-9008 Website: https://www.clcinc.org/contact.html	English	Call or visit website
Fort Worth Veteran Assistance Services	Fort Worth	City of Fort Worth Community Action Partners Veteran Programs PO Box 6519 Fort Worth 76115 (817) 392-8255 Website: https://www.fortworthtexas.gov/departments/neighborhoods/cap/programs-for-veterans	English, Spanish	Visit website for various program details
Fort Worth VA Clinic	Fort Worth	2201 Southeast Loop 820 Fort Worth, TX 76119 (817) 730-0000 Website: https://www.va.gov/north-texas-health-care/locations/fort-worth-va-clinic/	English, Spanish	Call, go online, or go in person