



CHURCH *of the* INCARNATION

Brothers and sisters, I do not consider that I have laid hold of it, but one thing I have laid hold of: forgetting what lies behind and straining forward to what lies ahead, I press on toward the goal, toward the prize of the heavenly call of God in Christ Jesus.

Philippians 3:14

Week 8: How do we get there? Pt. 4: Sacramental Life

And Jesus came and said to them, “All authority in heaven and on earth has been given to me. ¹⁹ Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit ²⁰ and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age.”

Matthew 28:18-20

Jesus answered, “Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. ⁶ What is born of the flesh is flesh, and what is born of the Spirit is spirit.

John 3:5-6

Do you not know that all of us who were baptized into Christ Jesus were baptized into his death? ⁴ Therefore we were buried with him by baptism into death, so that, just as Christ was raised from the dead by the glory of the Father, so we also might walk in newness of life.

Romans 6:3-4

¹² For just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ.

¹³ For in the one Spirit we were all baptized into one body—Jews or Greeks, slaves or free—and we were all made to drink of one Spirit.

1 Corinthians 12:12-13

³⁷ Now when they heard this, they were cut to the heart and said to Peter and to the other apostles, “Brothers, what should we do?”

³⁸ Peter said to them, “Repent and be baptized every one of you in the name of Jesus Christ so that your sins may be forgiven, and you will receive the gift of the Holy Spirit. ³⁹ For the promise is for you, for your children, and for all who are far away, everyone whom the Lord our God calls to him.”

Acts 2:37-39

For Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh but made alive in the spirit, ¹⁹ in which also he went and made a proclamation to the spirits in prison, ²⁰ who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight lives, were saved through water. ²¹ And baptism, which this prefigured, now saves you—not as a removal of dirt from the body but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, ²² who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

1 Peter 3:18-22

For I received from the Lord what I also handed on to you, that the Lord Jesus on the night when he was betrayed took a loaf of bread, ²⁴ and when he had given thanks, he broke it and said, “This is my body that is for you. Do this in remembrance of me.” ²⁵ In the same way he took the cup also, after supper, saying, “This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me.” ²⁶ For as often as you eat this bread and drink the cup, you proclaim the Lord’s death until he comes.

1 Corinthians 11:23-26

Jesus said to them, “I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty...⁵³ So Jesus said to them, “Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. ⁵⁴ Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day, ⁵⁵ for my flesh is true food, and my blood is true drink. ⁵⁶ Those who eat my flesh and drink my blood abide in me and I in them. ⁵⁷ Just as the living Father sent me and I live because of the Father, so whoever eats me will live because of me. ⁵⁸ This is the bread that came down from heaven, not like that which the ancestors ate, and they died. But the one who eats this bread will live forever.”

John 6:35, 53-58





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What you hear is “The body of Christ,” and you answer, “Amen.” So be a member of the body of Christ, in order to make that “Amen” true ... When you were baptized it’s as though you were mixed into dough. When you received the fire of the Holy Spirit, it’s as though you were baked. Be what you can see, and receive what you are ... It’s the same with the wine. Just remind yourselves, brethren, what wine is made from; many grapes hang in the bunch, but the juice of the grapes is poured together in one vessel ... That too is how the Lord Christ signified us, how he wished us to belong to him, how he consecrated the Sacrament of our peace and unity on his table.

St. Augustine, *Sermon 272*

The grace which we have by the holy Eucharist does not begin but continue life. No man therefore receives this sacrament before baptism, because no dead thing is capable of nourishment. That which grows must of necessity first live. If our bodies did not daily waste, food to restore them were a thing superfluous. And it may be that the grace of baptism would serve to eternal life, were it not that the state of our spiritual being is daily so much hindered and impaired after baptism. In that life therefore where neither body nor soul can decay, our souls shall as little require this sacrament as our bodies corporal nourishment. But as long as the days of our warfare last, during the time that we are both subject to diminution and capable of augmentation in grace, the words of our Lord and Saviour Christ will remain forcible, *Except ye eat the flesh of the son of man and drink his blood ye have not life in you*. Life being therefore proposed to all men as their end, they which by baptism have laid the foundation and attained the first beginning of a new life have here their nourishment and food prescribed for the continuance of life in them. Such as will live the life of God must eat the flesh and drink the blood of the Son of man, because this is a part of that diet which if we want we cannot live.

Richard Hooker, *Laws of Ecclesiastical Polity*, V.67

Almighty and eternal God, according to Your strict judgment You condemned the unbelieving world through the flood, yet according to Your great mercy You preserved believing Noah and his family, eight souls in all. You drowned hard-hearted Pharaoh and all his host in the Red Sea, yet led Your people Israel through the water on dry ground, prefiguring this washing of Your Holy Baptism. Through the Baptism in the Jordan of Your beloved Son, our Lord Jesus Christ, You sanctified and instituted all waters to be a blessed flood, and a lavish washing away of sin. We pray that You would behold (name) according to Your boundless mercy and bless him with true faith by the Holy Spirit that through this saving flood all sin in him which has been inherited from Adam and which he himself has committed since would be drowned and die. Grant that he be kept safe and secure in the holy ark of the Christian Church, being separated from the multitude of unbelievers and serving Your name at all times with a fervent spirit and a joyful hope, so that, with all believers in Your promise, he would be declared worthy of eternal life, through Jesus Christ, our Lord.

Martin Luther, “Flood Prayer” before baptism

Notes

