



Leader's Notes

CORE VALUES: Healing, Wholeness, and Absolute Truth

John 14:6

If you were leading a Spring Hills community group, and you're about to lead your first community group meeting of the year, this would be an ideal time to review the values and practices of community groups. You also may want to begin with a fun icebreaker since your group may not have met for a few weeks. One icebreaker would be to share a warm Christmas moment. Also, you could have each person in your group, share a goal or aspiration for the new year.

Question One - As a church, we are beginning the year 2025 by reviewing our core values. The very first core value is the value of healing and wholeness. This value teaches that a relationship with Jesus brings healing and wholeness into our lives. One of the best ways to understand wholeness is to look at its opposite, brokenness. The first question discusses brokenness in the world and our personal lives. This question serves as an introduction to the topic you don't have to ask each person to share, but you do want to have a meaningful discussion about brokenness.

Question Two - helps us understand brokenness in a more specific way and also reveals the solution, a relationship with Jesus Christ. If you have people in your group that you suspect or know have not yet begun a relationship with Christ you might take some additional time with this question to explain how someone begins that relationship. You could even offer to pray with anyone in the group who might want to accept Christ after the community group meeting. Question 2 also asks how members of your group have been brought towards healing and wholeness through their relationship with Christ. As the group leader you may want to prepare a few examples of how your relationship with Christ has changed you.

Question Three - highlights that Jesus is the truth and that knowing the truth and fully accepting it is one of the ways that we find healing and wholeness through Christ. This question also asks your group to look at our society and then to look at themselves asking where we see God's truth being exchanged for a lie. I think this will be a very interesting question and as the group leader you may want to push people towards self-disclosure, opening up about the lies that they have believed. The discussion will be deeply impacted by whoever goes first and the deeper that person shares the more deeply the group will go. Knowing that you may want to go first and explain some of the lies that you have believed and how knowing the truth changed you.

Question Four - discusses the core value of absolute truth. It asks your group to discuss the consequences of believing truth is relative vs absolute.

Question Five - The last question focuses on the Bible as a source of absolute truth. You may find that someone in your group does not believe that all or any of the Bible is inspired by God. You should refrain from public debate in your group and seek a personal conversation with anyone who may hold these views.