



5-26<sup>th</sup>  
**JANUARY 2025**  
Starting & Ending  
at 12 Noon

# 21 DAYS of Prayer & Fasting

January 5 - 26, from 12noon to 12noon.  
For more information about the fast,  
our Bible reading program, prayer  
activities and opportunities, read  
through this booklet.

# Table of Contents

Into and Overview .....	3
Days of Prayer .....	4
2025 Bible Reading Plan .....	5
Personal Devotional Reading .....	6
Family Prayer Breakfast .....	7
Prayer Opportunities / What Is A Fast? .....	8
Types of Fasts .....	9
Fasting Sample Menu Ideas .....	10
Media Fast .....	11
Prayer and Your Prayer List .....	13
Checklist: Are You Ready To Pray?.....	14
Scripture Based Prayer .....	15
Prayer Topics and Prayer Journal .....	16
31-Day Corporate Prayer List .....	17

For more information visit our website at [cbcarlington.org](http://cbcarlington.org).

# HAPPY NEW YEAR!!!

## **Quick Overview of Dates and Ministry Opportunities** **2025 Fasting, Prayer, & Devotional Bible Reading Plans**

We are setting apart twenty-one days at the beginning of January 2025 to seek the Lord for ourselves, our families, church, cities, and government. Our expectation is that God will speak to us and move powerfully in our lives during and after this specific time of prayer, fasting and personal devotion. We envision this fasting, Bible reading, and prayer movement, much like a seed being planted into the ground of our lives that God will water and cause to grow as the year of 2025 unfolds. We encourage you to prepare your heart for how God will use this in your life. You may have questions about fasting so please read through the rest of this booklet for more information. You will also read about all of the exciting opportunities of prayer, reading and devotional studies we will share during the month of January 2025.

### **21-Day Food Fast**

**January 5 – 26 (12noon to 12noon)**

Daniel Fast (fruit, veggies, water, black coffee, 100% fruit juice, unsweetened tea). Read more information about fasting in this packet.

### **21-Day Media Fast**

**January 5 – 26**

Media Fast (no TV, social media, games, movies, YouTube videos, Netflix, Hulu, Prime, Disney Plus, etc.) You can still use your phone for texting, calling, Bible reading, and RightNow Media for our devotional studies, no worries there. You CAN watch Christian TV, preachers/teachers, the news (to stay abreast of what's happening in the world), but limit it to only those types of media. READ MORE BELOW.

You are encouraged to watch "Redeem the Screen" (adult and youth editions) by Kyle Idleman on our RightNow Media account to help you with the Media Fast.

Adults - <https://app.rightnowmedia.org/en/content/details/434086>

Youth - <https://app.rightnowmedia.org/en/content/details/438443>

### **21 Day Financial Fast**

**January 5 – 26**

The purpose of the fast is to eliminate spending on absolutely everything that is not essential. For three weeks you must refrain from buying anything that is not a necessity. Necessities are: Food, medicine, monthly bills, mortgage/rent.

Refrain from going to the mall or retail stores to shop for clothes, shoes, jewelry, nonessential household items, or other stuff that creates a drag on your financial life (and clutters your home). No restaurant meals — fast food or otherwise. This includes buying breakfast or lunch at work. You can't stop for coffee. Make it at home instead. During the fast, forget going out to the movies and concerts. Fill that time with prayer, Bible reading, listening to Christian teaching, etc.

## **Recommended Reading - Michelle Singletary - 21 Day Financial Fast**

You can find 21 days of teaching snippets from Michelle Singletary on YouTube

Why the financial fast: <https://youtu.be/2gKMoXycHm8?si=KhFXYygGgVqKAFh>

Introduction to the fast: [https://youtu.be/mmswAtbp6sY?si=12QOBfwhOa-fh\\_kt](https://youtu.be/mmswAtbp6sY?si=12QOBfwhOa-fh_kt)

Day 1 - [https://youtu.be/GMpgPg1EGO4?si=FNbe88MnYGj7pW\\_l](https://youtu.be/GMpgPg1EGO4?si=FNbe88MnYGj7pW_l)

Day 2 – [https://youtu.be/UR0C7G\\_9FVI?si=SEkKBN8rHfej7Ca1](https://youtu.be/UR0C7G_9FVI?si=SEkKBN8rHfej7Ca1)

Day 3 – <https://youtu.be/gkkZAO2JVus?si=3KUI1y2pm7IYtLzW>

Day 4 – [https://youtu.be/Q\\_6-4DXpLbs?si=Nf2iPPiFjt-nyWpt](https://youtu.be/Q_6-4DXpLbs?si=Nf2iPPiFjt-nyWpt)

Day 5 – [https://youtu.be/sH9Y9fMru-8?si=pJPvJa2\\_XjfD0aNa](https://youtu.be/sH9Y9fMru-8?si=pJPvJa2_XjfD0aNa)

Day 6 – <https://youtu.be/AB6uOcWGsZM?si=k5sxs1CaBGSToLY>

Day 7 - [https://youtu.be/NEUoTUR3smM?si=4iieXnQ66ZiMRg\\_9](https://youtu.be/NEUoTUR3smM?si=4iieXnQ66ZiMRg_9)

**You can find Days 8 through 21 on her YouTube channel.**

## **Days of Prayer**

Sunday, January 5 at 7:45AM

**Family Prayer Breakfast** (details below)

Saturday, January 18 | 9AM-11AM

**Prayer Drive Thru**

Saturday, January 18 | 11:30AM-1PM

**Community Prayer Stations and Business Prayer Opportunities**

Friday-Saturday, January 24-25, 6pm – 6pm

**24-Hour Prayer Chain Via Zoom**

Please sign up for a time-slot beginning January 5, 2025.

## **Personal Devotion & Bible Reading**

If you did not get a 3-month CBC devotional booklet to use for December, January and February, you can download an online version of the devotional at [www.mydevoapp.com](http://www.mydevoapp.com). Create an account and connect with our church organization to begin reading the online devotion. The access code is: QBC. You will be directed to the Google play or the App Store to download the app. Please read the daily devotional to help you stay focused on spiritual things throughout the fasting period.



Prayer and fasting go hand in hand. With that in mind, we have orchestrated a variety of prayer opportunities for you to participate in during our prayer and fasting period. It is very important for you to have a personal prayer life as you are fasting and reading with our corporate movement. Write down your personal prayer requests and watch God answer your prayers! We would also like for you to pray over our daily corporate prayer list in the back of this packet. Each day we will have a specific area of prayer that we're asking everyone to focus on while praying over their personal requests each day.

## Bible Reading To Increase Worship & Wisdom For The New Year!

To help us with the fast, encourage us throughout the month, set a foundation for what and why we do what we do as Christians, and provide power filled lives, we have chosen to increase our worship and get wisdom this year by reading through Proverbs and Psalms in 31 days beginning January 1, 2025. We want everyone to participate in our reading plan. This plan is designed to increase your worship and wisdom. You will read through the books of Psalms and Proverbs in one month. Each day you will read five Psalms and one Proverb coordinating with the date of the month.

Day 1`	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
<a href="#">Proverbs 1</a> Psalm 1 Psalm 31 Psalm 61 Psalm 91 Psalm 121	<a href="#">Proverbs 2</a> Psalm 2 Psalm 32 Psalm 62 Psalm 92 Psalm 122	<a href="#">Proverbs 3</a> Psalm 3 Psalm 33 Psalm 63 Psalm 93 Psalm 123	<a href="#">Proverbs 4</a> Psalm 4 Psalm 34 Psalm 64 Psalm 94 Psalm 124	<a href="#">Proverbs 5</a> Psalm 5 Psalm 35 Psalm 65 Psalm 95 Psalm 125	<a href="#">Proverbs 6</a> Psalm 6 Psalm 36 Psalm 66 Psalm 96 Psalm 126	<a href="#">Proverbs 7</a> Psalm 7 Psalm 37 Psalm 67 Psalm 97 Psalm 127
Day 8	Day 9	Day 10	Day 11	Day 12	Day 13	Day 14
<a href="#">Proverbs 8</a> Psalm 8 Psalm 38 Psalm 68 Psalm 98 Psalm 128	<a href="#">Proverbs 9</a> Psalm 9 Psalm 39 Psalm 69 Psalm 99 Psalm 129	<a href="#">Proverbs 10</a> Psalm 10 Psalm 40 Psalm 70 Psalm 100 Psalm 130	<a href="#">Proverbs 11</a> Psalm 11 Psalm 41 Psalm 71 Psalm 101 Psalm 131	<a href="#">Proverbs 12</a> Psalm 12 Psalm 42 Psalm 72 Psalm 102 Psalm 132	<a href="#">Proverbs 13</a> Psalm 13 Psalm 43 Psalm 73 Psalm 103 Psalm 133	<a href="#">Proverbs 14</a> Psalm 14 Psalm 44 Psalm 74 Psalm 104 Psalm 134
Day 15	Day 16	Day 17	Day 18	Day 19	Day 20	Day 21
<a href="#">Proverbs 15</a> Psalm 15 Psalm 45 Psalm 75 Psalm 105 Psalm 135	<a href="#">Proverbs 16</a> Psalm 16 Psalm 46 Psalm 76 Psalm 106 Psalm 136	<a href="#">Proverbs 17</a> Psalm 17 Psalm 47 Psalm 77 Psalm 107 Psalm 137	<a href="#">Proverbs 18</a> Psalm 18 Psalm 48 Psalm 78 Psalm 108 Psalm 138	<a href="#">Proverbs 19</a> Psalm 19 Psalm 49 Psalm 79 Psalm 109 Psalm 139	<a href="#">Proverbs 20</a> Psalm 20 Psalm 50 Psalm 80 Psalm 110 Psalm 140	<a href="#">Proverbs 21</a> Psalm 21 Psalm 51 Psalm 81 Psalm 111 Psalm 141
Day 22	Day 23	Day 24	Day 25	Day 26	Day 27	Day 28
<a href="#">Proverbs 22</a> Psalm 22 Psalm 52 Psalm 82 Psalm 112 Psalm 142	<a href="#">Proverbs 23</a> Psalm 23 Psalm 53 Psalm 83 Psalm 113 Psalm 143	<a href="#">Proverbs 24</a> Psalm 24 Psalm 54 Psalm 84 Psalm 114 Psalm 144	<a href="#">Proverbs 25</a> Psalm 25 Psalm 55 Psalm 85 Psalm 115 Psalm 145	<a href="#">Proverbs 26</a> Psalm 26 Psalm 56 Psalm 86 Psalm 116 Psalm 146	<a href="#">Proverbs 27</a> Psalm 27 Psalm 57 Psalm 87 Psalm 117 Psalm 147	<a href="#">Proverbs 28</a> Psalm 28 Psalm 58 Psalm 88 Psalm 118 Psalm 148
Day 29	Day 30	Day 31				
<a href="#">Proverbs 29</a> Psalm 29 Psalm 59 Psalm 89 Psalm 119 Psalm 149	<a href="#">Proverbs 30</a> Psalm 30 Psalm 60 Psalm 90 Psalm 120 Psalm 150	<a href="#">Proverbs 31</a>				

## Personal Devotion

Just like prayer and fasting, reading your Bible is about connecting to God in a more powerful way. It is not about duty but about relationship. When we engage God through reading His Word, we engage the very presence of God. His Word is living and active! As we read our Bible, we are drawing closer to God and positioning ourselves to hear from Him in particular ways.

Once again, as with prayer, choose the time and the place where you are going to read your Bible and devotional every day, and come prepared to hear what He wants to tell you.

Here are three quick things we'd like to share with you about how to get the most out of your devotional time with God.

### 1. READ CONSISTENTLY

It is better to read a little every day than to try and knock out two hours of Bible reading or devotions in one sitting. It is so important to digest the Word in absorbable chunks. Don't bite off more than you can chew, and certainly don't compare your "performance" with that of others. If you miss a few days, pick up at the next reading, but stay with it and don't give up. The key is to keep this simple and make it sustainable.

### 2. READ PRAYERFULLY

Talk to God as you're reading. Don't rush through. If you come across something you don't understand, pause for a moment and ask God about it. Reading prayerfully is making space and time to talk to God and giving Him time and space to talk to you. Taking time to meditate on God's Word is just as important as reading it.

### 3. READ EXPECTANTLY

You are about to partake of the bread of life, so foster an attitude of expectancy. Believe that God is going to speak to you through His Word. With meditation on the ideas and thoughts recorded in your journal, be prepared to do something with what He shows you. A great, simple way to journal your devotionals is to use the SOAP method.

### 4. SOAP METHOD

Scripture      Observation                      Application                      Prayer

The **SOAP** method is used like this:

**S is for Scripture.** Read prayerfully. Take notice of which Scripture(s) catches your attention and mark it in your Bible. When you're done, reread the verse(s) you marked and look for one that particularly speaks to you. Write it in your journal.

**O if for Observation.** Focusing on that Scripture, tune in and listen to what God is saying to you through His Word. What is it about this Scripture that specifically stands out? What does God want to reveal to you or teach you? Ask the Holy Spirit to be your guide and show you what God is saying.

**A is for Application.** Think of how this verse(s) applies to your life right now. Perhaps it is instruction, encouragement, revelation of a new promise, or correction for a particular area of your life. Use your journal to write how this Scripture applies to you today.

**P is for Prayer.** Wrap up your SOAP time in prayer. Talk to God about what you've just read. This can be as simple as thanking Him for revealing a truth from the Scripture, or it may be asking Him for greater insight or wisdom as to how it applies to your life. Remember, prayer is all about relationship. It's a two-way conversation, so be sure to listen to what God has to say.

**That's it ... SOAP!!!** It's as simple or deep as you want it to be. If you want to go deeper in your study here are additional tips.

- Reread the daily passage in a different Bible translation or paraphrase
- Utilize online resources, such as those available from [crosswalk.com](http://crosswalk.com), [youversion.com](http://youversion.com) or [Biblestudytools.com](http://Biblestudytools.com)
- Utilize a commentary, such as those by Matthew Henry or online at [BibleGateway.com](http://BibleGateway.com)
- Cross-reference your daily reading using the footnotes in your study Bible
- Research words in their original language using a Strong's Concordance or online at [Biblehub.com](http://Biblehub.com)

## **Family Prayer Breakfast – Sunday, January 5<sup>th</sup>**

### **Rise Up & Pray – Luke 22:46**

### **7:45AM – 9:45AM**

Join us for our annual New Year's Prayer Breakfast - RISE UP & PRAY - Luke 22:46, Sunday, January 5 from 7:45 - 9:45AM.

This year we are having one big family affair breakfast - RISE UP & PRAY! ...we will have everyone in the same room, age 4 and up. Seating is limited to the first 350 people (ages 4 and up). We will have childcare for those age 3 and under.

Sign up and pay online at [cbcarlington.org](http://cbcarlington.org) or in person at the connection or church office. The cost is \$5 per person. Families with 6 or more people in the household should only pay \$30 for the household. Everyone must be listed on the form or ticket stub.

**Join us Sunday, January 5 at 7:45AM in the MPR on Cornerstone's Campus - Building B.**



## Prayer Drive Thru Event

Saturday, January 18<sup>th</sup> we will take prayer into the community by hosting another fun **Prayer Drive Thru Event** at the church from 9AM to 11AM. We will need volunteers to pray with people who drive through our prayer lines, hold signs along Matlock Road encouraging people to drive through for prayer, drink station volunteers to distribute coffee and hot chocolate and those equipped to share the gospel with anyone requesting salvation. **Sign up by texting “prayer” to 817.468.0083.**

*Your prayers are powerful and effective when rooted in a righteous life. James 5:16*

## Community Prayer Stations and Business Prayer Opportunities

Saturday, January 18<sup>th</sup> following our prayer drive-thru event, we will have teams go to several different locations and host prayer stations, where we will offer prayer for those who want to stop and pray with us.

We will also have teams of people going to various businesses and offer to pray with the managers/owners about their business.

## 24-Hour Prayer Chain

Join us for our **24-hour Virtual Prayer Chain** Friday, January 24<sup>th</sup> at 6pm through Saturday, January 25<sup>th</sup> at 6pm. Sign up for a 1-hour (or more) time slot(s) and join us online via Zoom as we call upon God to show us His power as we acknowledge HIM as King, Lord, and Redeemer. **Sign up online at [cbcarlington.org](http://cbcarlington.org) beginning January 5<sup>th</sup>.**

## CHURCH CORPORATE 21-DAY FAST JANUARY 5 - 26

*“...But the days will come when the bridegroom will be taken away from them, and then they will fast.”*

*Matthew 9:15b NKJV*

## WHAT IS A FAST?

Fasting is when someone or a group of people abstain from food (fully or partially) for a specific period of time in order to seek God through prayer. Many people in the Bible practiced fasting as a spiritual discipline or in response to something specific. In the Old Testament, Israel was required by God to fast collectively at least once a year on the Day of Atonement as well as other occasions. In the New Testament we have records of the early church fasting and praying together for specific reasons and reliable church history tells us that the early church practiced fasting twice a week, usually on Wednesday and Friday.



## WHY DO WE FAST?

Knowing what a fast is doesn't necessarily mean we understand its purpose. We can find many good Scriptural reasons for fasting and below you will find a short list of some of these reasons. It's important to remember that we not only fast and pray for ourselves, but also for those around us.

1. To humble ourselves to God (repentance) - Psalm 35:13, 1 Samuel 7:6, Ezra 9
2. To come closer to God - James 4:8
3. To understand God's Word (revelation) - Ephesians 1:17-22
4. To know God's will or direction - Acts 13:1-2
5. To seek healing/deliverance - Isaiah 58, Matthew 17:21
6. To seek God's intervention - 2 Samuel 12:16-23, 2 Chronicles 20:3
7. To intercede for others - Daniel 9:3

## DIFFERENT TYPES OF FASTS

There are many different ways to do a fast. The most important part of fasting is the time we spend with God in prayer. If we deny ourselves food and do not pray then we will accomplish nothing. The following types of fasts are simply references to what we can do as we seek the Lord in prayer.

### 1. Full Fast

A full fast is where you go completely without food for a specific amount of time. There are at least four references in the Bible where people fasted food and water; however, we are only referencing food as a full fast for obvious reasons. If you choose to do a full fast then we recommend you consult with others prior to doing so, especially if you take any kinds of medication.

### 2. Partial Fast

A partial fast is to simply go without a meal or two during the day of your fast. For example, you could fast from dinner or lunch and spend an extended amount of time in prayer in place of that meal. There are no rules to this kind of fasting but you should decide beforehand what you will do and stick to it as with all fasts.

### 3. Daniel Fast

This kind of fast comes from Daniel chapter 10, where Daniel had a terrifying vision that caused him to abstain from all pleasant food and drink. If you choose to do this kind of fast then essentially you will be abstaining from all "meats, sweets, and treats." Most people stick to fruits, vegetables and nuts or similar kinds of protein. There are many resources online that could provide healthy options with this fast.

### 4. Media Fast/Soul Fast (Daniel 6:18)

Sometimes we are unable to participate in abstaining from food for various health reasons, however, this does not mean we cannot fast and pray. There are times we need to refocus certain areas of our lives that are out of balance. For example, you might choose to stop using social media or watching television for the duration of the fast and then carefully bring that element back into your life in healthy doses at the conclusion of the fast. We strongly encourage you to replace forms of entertainment (TV, movies, internet surfing, social media) with prayer and intentional time with family. God often uses this kind of fast to quiet the noise in our life and increase our ability to hear His voice.

## PRACTICAL POINTS OF FASTING

1. **Plan your fast - what kind of fast? How long? Write your plan out!** We are corporately fasting as a church family (all together) for 21 days from January 5 – 26, 2025 from 12noon to 12noon.
2. **Be specific with your fasting - know why you're fasting and what you're praying for.** Write down your personal prayer requests as well as pray over the corporate church prayer list.
3. **Plan your prayer time for each day - when will you pray? Plan it out.** Mark your location and time that you will pray each day at your home, on your job, and at the church. Being intentional helps you accomplish your goal.
4. **Journal your fast - God will speak to you, but it may mean more at another time.** Write about your fast experience, what you heard from God, how you felt each day and what you heard Him say. If you don't journal it on paper, put it in your phone!
5. **Drink lots of water - we get most of our water from food, so double up on your water.** The great thing about increasing your water intake during the fast, is the amazing health benefit you'll get from the fast. God is amazing in how He asks us to fast and turns that sacrifice into a benefit for us at the end!
6. **Invite Accountability - it's good to share what you're doing with a trusted friend.** The exciting thing about our church wide prayer and fasting period, is knowing that we are all doing it together. There is accountability and comradery within our church as we fast and pray together.

## Sample Menu Ideas For Fasting

### Sample Menu 1:

#### Fasting on Fruits, Vegetables, Juices, and Water

##### Breakfast

- *Fruit smoothie with whey protein*

##### Mid-morning Snack

- *Fresh fruit or fresh vegetables*

##### Lunch

- *Raw vegetable salad with light, organic dressing and vegetable broth soup*

##### Mid-afternoon Snack

- *Fresh fruit or fresh vegetables*

##### Dinner

- *Fresh salad with light, organic dressing and steamed or grilled vegetables*

### Sample Menu 2:

#### Fasting Liquids Only

##### Breakfast

- *Fruit smoothie with whey protein*

Mid-morning Snack

- *Herbal tea or vegetable broth soup*

Lunch

- *Raw, juiced vegetables*

Mid-afternoon Snack

- *Fresh fruit juice or fruit smoothie with whey protein*

Dinner

- *Vegetable juice or vegetable broth soup*

### Sample Menu 3:

#### Modified Daniel Fast

Breakfast

- *1-2 servings whole grains with fresh fruit juice*

Mid-morning Snack

- *Fresh fruit or fresh chopped vegetables*

Lunch

- *1-2 servings whole grains, fresh salad with legumes and light, organic dressing*

Mid-afternoon Snack

- *Fresh fruit juice or fruit smoothie with whey protein*

Dinner

- *1-2 servings of whole grains; fresh salad with legumes and light, organic dressing*

## Media Fast For 2025

That's right: no TV, social media, games, movies, YouTube videos, Netflix, Hulu, Prime, Disney Plus, etc. You can still use your phone for texting and calling, no worries there. **You CAN watch Christian TV, preachers, the news (to stay abreast of what's happening in the world), but limit it to only those types of media. Try watching Christian based shows and teaching (The Chosen, Right Now Media Videos and Teaching, etc.)**

When the thought of a media fast comes to mind, I'm sure you wanted to immediately blow it off. "*That's way too hard and unrealistic,*". It does seem a little unrealistic considering the amount of time we spend doing media related things.

According to Hacker Noon, the average person spends over 4 hours a day on their phone for social media purposes. That's 86 hours a month! Furthermore, Statista states the average U.S. consumer spends 3.6 hours watching TV a day. Another study by MediaKix shows that over the average lifetime, most will spend 7 years and 8 months watching TV and 5 years and 4 months on Social Media. I don't know about you, but those statistics alone reveal a **global obsession** with media.



The truth is, doing a media fast isn't unrealistic or impossible, it's just extremely *inconvenient* for most of us. But can we offer you a bit of encouragement that was given to us? **Many times, we do sincerely desire to *hear God, know His voice, and get in tune with His heart. While our desire may be authentic and real, are we willing to *tune out* the noise of our loudest competitor in order to *tune in* to what God is doing and speaking?***

Twenty-one days. Give this thing 21 days. This is a common amount of time for any type of fasting. It's a long enough period of time to *begin* developing a healthy habit and honestly, it goes pretty fast! Starting this fast on January 5<sup>th</sup> and run through January 26<sup>th</sup>, mark out the FULL 21 days on your calendar, which means starting at 12noon of day 1 and ending at 12noon of day 22.

Because media is such a habitual part of our lives, some people find it helpful to completely delete the apps they frequently use to make it less of a temptation. I've also heard of people putting signs on their TV saying, "Don't watch me!" so they remember not to turn it on. Whatever will help you, do it! Also, tell a friend what you're doing and have them keep you accountable. Or, challenge them to do it with you!

## Exceptions

I realize that some people have to use social media for their jobs. This is not a big deal, just get your posting and scheduling done and try your best not to mindlessly scroll for entertainment's sake. However, do still check emails on the fast.

Also consider just listening to Christian music for the 21 days. Remember the heart of "tuning out" is to "tune in".

## Ideas of What to Do Instead of Media

You'll be amazed at how much time you normally spend on media when it's no longer an option! Here are some ideas of things to do while you are media-less:

- Get a few books you've been wanting to read
- Board games—play them!
- Read your Bible or start a new Bible study
- Make a 21 Day prayer journal and write in it when you feel like you want to grab your phone or watch TV
- Cook for fun!...but stick to the Daniel Fast if you're participating.
- Take a walk/ walk your dog.
- Create things! (That's right—without Pinterest.)
- Call your friend/relative you haven't talked to in awhile
- Exercise!
- Clean and organize cluttered spaces that drive you bonkers
- Write an encouraging note to a friend
- Invite friends over to hang out/have dinner/ play a game

## Establish a Clear Vision

These next 21 days will be **hard**– but most good things are. As you prepare to start your media fast, have a clear vision of what you want to learn and pursue in these next 21 days. Some examples could be, “In these 21 days, I want to...

- Grow closer to God and focus on hearing Him
- Spend more quality time with my husband, kids and/or friends
- Learn how to be authentically creative without media-inspiration
- Develop new habits on how to spend my free time wisely
- Make space to pray and prepare for the New Year

Whatever your vision, you can count on this: *you will learn so much*. Anticipate it! And most importantly remember the heart of fasting.

Remember Jesus words from Matthew 6:16-18,

*“Whenever you fast, do not put on a gloomy face as the hypocrites do, for they neglect their appearance so that they will be noticed by men when they are fasting. Truly I say to you, they have their reward in full. But you, when you fast, anoint your head and wash your face so that your fasting will not be noticed by men, but by your Father who is in secret; and your Father who sees what is done in secret will reward you.”*

Taken from: <https://kaitlingarrison.com/2017/12/23/helpful-guide-21-day-media-fast/>

## PRAYER

As you prepare for the 31 days of fasting and prayer it can be tempting to start thinking of a laundry list of prayers you’d love to see answered. We really want to encourage you to keep this simple. Think about the top two or three things most pressing on your heart and zone in on those with God. Write them down in the space provided below, and be open to hearing what God wants to show you in those areas. The breakthroughs, miracles, and answers to your prayers will be by-products of drawing closer to Jesus.

When praying, make your primary goal to know Jesus more and experience Him. Pray prayers of total surrender, and aim to glorify God with your life. Focus first on what’s right about Him, such as His goodness and His greatness, and see everything else through that filter.

Most simply, make time to pray daily. Don’t overcomplicate this! Just talk to God. Have that place and time where you can seek Him every day. If you don’t plan to pray, you won’t. If you find it a challenge to disconnect from the busyness of your day, engaging in worship music is a great way to prepare your heart for prayer.

***During this fast, I am praying and believing God for:***

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## **Checklist – Are You Ready To Pray?**

**Are All Sins Confessed?**

*Behold, the LORD's hand is not shortened, that it cannot save; Nor His ear heavy, That it cannot hear. But your iniquities have separated you from your God; And your sins have hidden His face from you, So that He will not hear. Isaiah 59:1-2*

*If we say that we have not sinned, we make Him a liar, and His word is not in us. I John 1:10*

**Are All Relationships With Others Made Right?**

*For if you forgive men their trespasses, your heavenly Father will also forgive you. But if you do not forgive men their trespasses, neither will your Father forgive your trespasses. Matthew 6:14-15*

**Are You Seeking His Will In All Things?**

*Now this is the confidence that we have in Him, that if we ask anything according to His will, He hears us. And if we know that He hears us, whatever we ask, we know that we have the petitions that we have asked of Him. I John 5:14-15*

**Are You Seeking To Glorify God Above All Things?**

*And whatever you ask in My name, that I will do, that the Father may be glorified in the Son. If you ask anything in My name, I will do it. John 14:13-14*

**Are You Depending On the Holy Spirit's Guidance?**

*Likewise the Spirit also helps in our weaknesses. For we do not know what we should pray for as we ought, but the Spirit Himself makes intercession for us with groanings which cannot be uttered. Now He who searches the hearts knows what the mind of the Spirit is, because He makes intercession for the saints according to the will of God. Romans 8:26-27*

**☐ Are You Trusting God In Spite of What Seems To Be?**

*Trust in the LORD with all your heart, and lean not on your own understanding; In all your ways acknowledge Him, and He shall direct your paths. Proverbs 3:5-6*

**☐ Will You Praise God No Matter What?**

*And we know that all things work together for good to those who love God, to those who are the called according to His purpose. Romans 8:28*

*Rejoice always, pray without ceasing, in everything give thanks; for this is the will of God in Christ Jesus for you. I Thessalonians 5:16-18*

## **A SAMPLE SCRIPTURE-BASED PRAYER**

Father, I commit my day to you. I trust also in You and You will bring it to pass.

*Ps. 37:5*

Father, You will instruct me and teach me in the way I should go. You will guide me with Your eye. You will give me the desires of my heart, because I have delighted myself in You.

*Ps. 32:8 and Ps. 37:4*

Father, I will be kept in perfect peace today, for I have chosen to let my mind be “stayed” on You. Make it a reality in my life as I trust in You.

*Isa. 26:3*

Father, I will walk in good health and strength as my day demands. I take authority over Satan. He will not steal, rob or destroy me anymore.

*Deut. 33:25 and Luke 15:17-19*

Satan will not harass me, for I am the righteousness of God through Jesus Christ, my Lord and Savior.

*II Cor. 5:21*

Father, I thank You for sending angels to prepare the way for me. I thank you for favor for each hour's appointment. I thank you that I can choose LIFE and LOVE and not death and sin. I thank You for the armor I have on to protect me, and I thank YOU that I am covered by the blood.

*Ex. 23:20, Joshua 24:15, Eph. 6:10-17 and I John 1:7*

Father, I thank You that I walk in newness of life this day.

*Rom. 6:4*

## **Pray about the following topics and verses:**

**Dismantling Fear** - Joshua 1:9 Be strong and be of good courage: do not be afraid. Pray that the Lord will give you strength to deal with the many things coming for the new year. Ask the Holy Spirit to guide you in prayer in this season of change, to grab hold and fasten yourself to the Word of God to dismantle fear.

**Faith** - James 1:3 because the testing of your faith produces endurance. Pray that God will give you the stamina to stand the trials of life that come to challenge our faith. God will give you endurance and persistence to stand the testing as our gaze is on Him. Pray that the trials will help us to grow in faith and develop in perseverance. Hold fast to your confession of faith.

**Times of Refreshing** - Acts 3:19-20 repent and turn back , so that your sins may be wiped out, that seasons of refreshing may come from the presence of the Lord. Pray for a time of refreshing in the Lord's presence. Refresh, renew and revive.

**Shifting** - Matt 21:21 Pray for supernatural moves of God. Pray for divine and spiritual shifts, that our hearts and mind will be open to receive all the Lord desires to do in this season.

**Spirit of Wisdom** - Ephesians 1:17-18 Pray for wisdom and insight of who you are in Christ.

**Divine Encounters** - John 4:13-14 Pray for encounters with God. You will know when you have been touched by God and your life will be changed forever.

**Kingdom Mindset** - Matt. 6:33 Pray to seek God first above everything else. Focus on the Kingdom.

**Shaken** - Acts 4:31 Pray that this place will be shaken when we gather together in prayer.

## **Journal About Your Month & Experiences**

Let's plan now to celebrate the victories, breakthroughs, revelation, and blessings the Lord will bestow upon us throughout the month of January and the rest of the year. Take time to journal (write) your thoughts, happenings, and what you heard from and saw God do in your life and the lives of others around you. You can buy a journal or use a notebook to write in. Start here below.

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## **2025 Corporate Prayer List**

### **Table of Contents**

<b><u>Prayer Group/Category</u></b>	<b>Page #</b>
<b>Cornerstone Church, Her Ministries, and Finances</b>	<b>18 - 20</b>
<b>Senior Pastor and His Family</b>	<b>21 - 22</b>
<b>Elder's Body and Their Family</b>	<b>22 - 23</b>
<b>Cornerstone Church Staff and Their Family</b>	<b>23 - 24</b>
<b>Cornerstone Church Ministry Leaders &amp; Teachers</b>	<b>24 - 25</b>
<b>Cornerstone Church Members and Their Family</b>	<b>25 - 26</b>
<b>The Lost / Those Who Need Jesus</b>	<b>26 - 27</b>
<b>The Church Worldwide and Missions</b>	<b>27 - 28</b>
<b>Pray For Jerusalem</b>	<b>28</b>
<b>Schools And Educators</b>	<b>29</b>
<b>Government – Officials – First Responders And Military Personnel</b>	<b>29 - 30</b>
<b>The Poor / Homeless / And Those Living In War Zones</b>	<b>30 - 31</b>
<b>Married And Engaged Couples</b>	<b>31 - 32</b>
<b>Singles and Singles Ministry</b>	<b>32 - 33</b>
<b>Young Adults/College Age Students</b>	<b>34 - 25</b>
<b>Youth and Children</b>	<b>35 - 36</b>

## **2025 Cornerstone Church Corporate Prayer List**

**Throughout the year of 2025 pray over this list.**

### **Cornerstone Church, Her Ministries, and Finances**

*God, help our church body to walk in a manner worthy of the calling You have given us. Help us in all our interactions with one another to have humble and gentle hearts. Grant us patience for one another, bearing with one another in love. Grant this Body of Christ unity. In Jesus Name.*

1. Pray that God will be glorified in our corporate worship experience and that His Spirit would empower our worship to exalt Him, edify His people, and expand His Kingdom.
2. Pray for Spiritual Instruction - Ecclesiastes 5:2 Do not be rash with your mouth, and let not your heart utter anything hastily before God. For God is in heaven, and you on earth; therefore, let your words be few.
3. Pray for Cornerstone to be like Jesus, a listener, especially in prayer. Listening is an element of prayer. Listening implies confidence that God truly desires to speak to us. Pray that our prayer should be a conversation, one in which we listen as much as we speak.
4. Pray the Word of God goes forth – Hebrews 4:12 For the word of God is living and powerful and sharper than any two-edged sword.
5. Pray that we become students of the Word. Pray that as we seek God’s Word, that He would reveal to us just how powerful His Word is to those that seek it.
6. Pray that we develop a serious spirit to “Watch and Pray” – Matthew 26:40-41 What! Could you not watch with me one hour? Watch and pray, lest you enter into temptation. The spirit indeed is willing, but the flesh is weak. Watch – keep awake in order to guard or be on alert. Pray that we as Believers stay awake spiritually and keep guard. Pray we stay alert doing prayer noticing the tactics of the enemy. Pray the Lord will help us to observe the needs around us much more specifically.
7. Pray for Biblical Meditation – Isaiah 26:3 You will keep him in perfect peace whose mind is stayed on you. Pray as we spend time thinking thoughts of God, we will find tremendous depth and understanding that will touch all areas of our life. We will grow deeper into the ways of the Lord as we meditate on the Word.
8. Pray for God’s called out people to fully obey God and not settle with partial obedience.
9. Pray for Revival – Isaiah 104:30 You send forth Your Spirit, they are created; You renew the face of the earth. Pray for personal, church, and national revival. Pray for the restoration of Godly foundation. Pray for restoration in every family, neighborhood, church, city and state.
10. Pray that Cornerstone will increase the trajectory of worship, prayer, Bible reading and orderly conduct.

11. Leadership – Jeremiah – 3:15 And I will give you leaders after my own heart, who will guide you with wisdom and understanding. Pray that the men and women’s ministries will not only help develop disciples within our congregation, but also throughout the community. Pray for our Marriage and Singles ministries as they minister to people in the two areas of life that cause joy and pain (depending upon your circumstance). Pray for wisdom, direction, and biblical standing for both ministries. Pray for the Senior Adult Ministry that they will continue to meet the needs of those they serve in our growing senior population.
12. Pray that our leaders will seek Godly wisdom and have a heart that desires God’s ways more than their own. Pray God will order their steps each day as their hearts are turned to Him for direction and decisions making.
13. Pray that God will grant us favor and enable Cornerstone to make substantial progress toward paying off our remaining mortgage indebtedness and build new structures on our land.
14. Pray for a spirit of generosity in Cornerstone. In many churches, a small percentage of attendees provide the largest amount of funds for the business of ministry. Pray for increase across the church as whole. Pray that Cornerstone will break the traditional pattern of giving and that the majority of the congregation will be cheerful givers. 2 Corinthians 8:7-9; 9:7.
15. Pray for the direction, funding and guidance for any future building projects on our property. Ask God to block any decision that doesn’t align with His vision and to grant wisdom and a voice for declaration of what He would have us do. Pray for planned or anticipated building projects, that sufficient funds would be available, and that any mortgages on the property would be paid off quickly. 1 Corinthians 4:2
16. Pray for the maintenance and care of the current buildings. As they age, maintenance and upkeep is key for us to have a place of worship.
17. Pray for unity in the church. *“I, therefore, a prisoner for the Lord, urge you to walk in a manner worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, eager to maintain the unity of the Spirit in the bond of peace.” (Ephesians 4:1-3)*
18. Pray that God would be glorified in all things and that the name of Christ is exalted. *“To this end also we pray for you always, that our God will count you worthy of your calling, and fulfill every desire for goodness and the work of faith with power, so that the name of our Lord Jesus will be glorified in you, and you in Him, according to the grace of our God and the Lord Jesus Christ.” (2 Thessalonians 1:11-12)*
19. Pray that God’s Spirit and power would fill the church. *“That He would grant you, according to the riches of His glory, to be strengthened with power through His Spirit in the inner man, so that Christ may dwell in your hearts through faith; and that you, being rooted and grounded in love, may be able to comprehend with all the saints what is the breadth and length and height and depth, and to know the love of Christ which surpasses knowledge, that you may be filled up to all the fullness of God.” (Ephesians 3:16-19)*

20. Pray that the body of Christ would faithfully show love to a hurting world in His Name. *"Let all that you do be done in love." (1 Corinthians 16:14). "By this all people will know that you are my disciples, if you have love for one another." (John 13:35)*
21. Pray for God's provision and that the church would be faithful to give generously. *"And my God will supply every need of yours according to his riches in glory in Christ Jesus." (Philippians 4:19). "In all things I have shown you that by working hard in this way we must help the weak and remember the words of the Lord Jesus, how he himself said, 'It is more blessed to give than to receive.'" (Acts 20:35)*
22. Pray that the church would be faithful to go into all the world and share the gospel of Christ. - *"He said to them, "Go into all the world and preach the gospel to all creation." (Mark 16:15)*
23. Pray that God would wake up the church and stir us to action. - *"Praying at all times in the Spirit, with all prayer and supplication. To that end keep alert with all perseverance, making supplication for all the saints," (Ephesians 6:18)*
24. Pray that Cornerstone will have a positive testimony in the community. Especially in this culture of thinly-veiled distaste towards all aspects of Christian faith, a clean testimony in the community is important. Be known for compassion, love, grace, and standing on the truth of God's Word no matter the protests and criticism. John 3:21; 1 John 4:7, 19.
25. Pray for volunteers. Pray that there will be enough volunteers to cover all the ministries of the church. Pray that volunteers will not be stretched thin and burned out on serving, but will maintain a balance between serving and being served. Acts 6:3-7
26. Pray for those who lead in musical worship. Pray especially that their preparation time will be a time of worship for them personally as they seek the leading of the Holy Spirit, and that the worship service will not be a 'show,' but will be an offering of praise. Psalm 150
27. Pray for a spirit of unity in the church. Too many churches are divided over personalities, style of worship, minor issues of personal preference, and other non-Biblical concerns. Pray that this spirit of division will not pervade your church, but that yours will be a church known for its peace and unity. Philippians 4:2-3
28. Pray for a spirit of understanding. The church is not a place for perfect people. Because of that mistakes will be made and people's feelings will get hurt. Pray that these universal problems of humanity will not cause members of the church to look down on some while elevating others. But that all members will realize and accept that everyone in the church is a sinner – some saved by faith and some that the Lord is still wooing. Philippians 2:1-4.
29. Pray that visitors to the church will have a positive first experience, from the parking lot to the invitation, and come back for more. Pray that the Lord will grow Cornerstone Church by bringing to it the people that He wants to serve in that location – people of all ages, races, and classes. We are all one in Christ. Acts 2:47.
30. Pray for of the ministries of the church...and the ministries yet to be developed.

### **Senior Pastor and His Family**

*Father God, we ask for your blessings upon Pastor McKissic, Lady Vera McKissic and their family as he diligently prepares sermons to glorify Your holy name and she leads the ladies in the congregation. Grant them wisdom, inspiration, and anointing as they seek to share Your Word with our congregation. Strengthen Pastor McKissic in his ministry and provide him with the strength and guidance he needs.*

Pray that Pastor McKissic, Lady Vera McKissic and their family would:

- grow in grace
- be protected from the evil one
- experience the peace of God that surpasses all understanding
- obtain knowledge and wisdom for life and leading
- that it might be well with them all

Pray for spiritual formation in the life of Pastor McKissic and each member of his family.

Pray for the Senior Pastor, that his heart and minds are directed towards Christ. - *“And let us not grow weary while doing good, for in due season we shall reap if we do not lose heart.”* (Galatians 6:9)

Pray for the Senior Pastor to have a love for God’s Word and to walk in His wisdom, humility, and strength. - *“If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land.”* (2 Chronicles 7:14)

Pray for God’s power and protection against the attacks of the enemy. - *“And I tell you, you are Peter, and on this rock, I will build my church, and the gates of hell shall not prevail against it.”* (Matthew 16:18)

Pray for the Senior Pastor to gain wisdom from the Word.

Pray for the Senior Pastor to speak boldly on behalf of the Lord.

Pray for the Senior Pastor to have perseverance and courage during difficult times.

Pray for the Senior Pastor to honor God in all of their decisions.

Pray for the Senior Pastor to have patience with members of the church.

Pray for the Senior Pastor to lead their congregation on a godly path of righteousness.

**Prayer for the Pastor’s Heart** - When a pastor’s heart is aligned with God’s will, it influences their decisions, teachings, and the atmosphere of the congregation. Pray for Pastor McKissic’s heart...that he will seek God’s guidance and wisdom for leadership, asking for clarity in his message, and anointing in his actions. Pray for his heart to be attuned to God’s love and truth becoming an inspiration and setting a positive example for the entire community.

**Prayer for Pastor to Be a Good Shepherd** - Just as a shepherd diligently tends to the needs of their sheep, a pastor must nurture and guide the members of their congregation, ensuring that they are spiritually nourished, protected, and led on the path of righteousness. They lead by example, helping the flock understand and apply the truths of Scripture to their daily lives. Pray for Pastor McKissic's shepherding position and journey that he is taking with the members of Cornerstone...strength, grace, mercy, wisdom, discernment and people of truth and right vision to surround and influence him.

**Warfare Prayer for Pastor** - We're in a war that we can't see, a spiritual battle. Ephesians 6:12 reminds us that we are in a battle with spiritual forces, not in a physical struggle. We may not see it, The enemy, the dark force, wants us defeated by tempting us with fear, worry, and anxiety. Pray that Pastor McKissic is covered in the full armor of God daily so He can carry and be successful in his mission of ministry to God's people.

Pray for Pastor McKissic's finances. That he is able accomplish the goals he has set for himself and the church.

Pray for Pastor McKissic and Lady McKissic's physical health and mental health. This position can take a heavy toll on you both physically and mentally. Pray for God's favor, healing, protection and direction on what steps they should take to protect their health.

### **Elder's Body and Their Family**

*God of grace, we pray for graciousness and humility in the lives of our Elders. Help them to extend grace and compassion to those they serve, just as you have shown grace to them. Cultivate in them a heart of humility, that they may serve with a posture of openness and teachability. Extend Your hand of grace, mercy and love over each of them and grant them favor in their life as they extend service and wisdom to Your people. In Jesus' Name.*

Pray for spiritual formation in the lives of each Elder and in the lives of their family members.

Pray for the process and people to be added to the Elders Body.

Pray for the Church Elders, that their hearts and minds are directed towards Christ. - *"And let us not grow weary while doing good, for in due season we shall reap if we do not lose heart."* (Galatians 6:9)

Pray for the Church Elders to have a love for God's Word and to walk in His wisdom, humility, and strength. - *"If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land."* (2 Chronicles 7:14)

Pray for God's power and protection against the attacks of the enemy. - *"And I tell you, you are Peter, and on this rock, I will build my church, and the gates of hell shall not prevail against it."* (Matthew 16:18)

Pray for church Elders to gain wisdom from the Word.

Pray for church Elders to speak boldly on behalf of the Lord.

Pray for church Elders to have perseverance and courage during difficult times.

Pray for church Elders to honor God in all of their decisions.

Pray for church Elders to have patience with members of the church.

Pray for church Elders to lead the congregation on a godly path of righteousness.

Vision... Pray that our Elders will be given a vision for the future of the church that is in line with God's vision. Pray that they hear the voice of the Great Shepherd, leading them as they lead others

Wisdom... pray that God would grant the Elders of our church the spiritual insight they need to fulfill their duties.

Holiness... Pray that they will stand their ground against all of the devil's schemes. Pray that they will desire holiness in their inner being.

Stamina... Pray for health, endurance, vigor and grit for our Elders.

Knowledge... An Elder must possess an ever-growing understanding of God's Word. He must be able to find the right answers to the inquiries raised by the people concerning doctrine, sound advice, and godly counsel. Pray Colossians 1:9-12 for our Elders.

Unity... pray that the Elders have unity among themselves.

Pray that they would be reminded of Paul's admonition to the church at Ephesus:  
*As a prisoner for the Lord, then, I urge you to live a life worthy of the calling you have received. Be completely humble and gentle; be patient, bearing with one another in love. Make every effort to keep the unity of the Spirit through the bond of peace. (Ephesians 4:1-3)*

Humility... We are all called to "be completely humble and gentle." The Elders of the church must set that example as well for the church. As they eagerly serve God's children without "lording it over" anyone, the Elders and the church will be blessed. What a special blessing is in store for those leaders who serve well—the crown of glory! Pray for a spirit of humility for our Elders Body.

### **Cornerstone Church Staff and Their Family**

*Father, we pray that your Holy Spirit will guide and empower our church staff. Fill them with a deep sense of your presence, anointing, and passion for ministry. May they rely on your strength and wisdom, and may their lives and leadership reflect your grace and love.*

Pray for the staff members and their family...that they will:

- grow in grace
- be protected from the evil one
- experience the peace of God that surpasses all understanding
- seek to obtain knowledge and wisdom

- that it might be well with them all

Pray for spiritual formation in the lives of each staff member and in the lives of their family members.

Pray for the church staff, that their hearts and minds are directed towards Christ. - *“And let us not grow weary while doing good, for in due season we shall reap if we do not lose heart.” (Galatians 6:9)*

Pray for the church staff to have a love for God’s Word and to walk in His wisdom, humility, and strength. - *“If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land.” (2 Chronicles 7:14)*

Pray for God’s power and protection against the attacks of the enemy for the staff and their families. - *“And I tell you, you are Peter, and on this rock, I will build my church, and the gates of hell shall not prevail against it.” (Matthew 16:18)*

Pray for the staff to gain wisdom from the Word.

Pray for the staff to speak boldly on behalf of the Lord.

Pray for the staff to have perseverance and courage during difficult times.

Pray for the staff to honor God in all of their decisions.

Pray for the staff to have patience with members of the church.

Pray for the staff to lead the congregation on a godly path of righteousness.

### **Cornerstone Church Ministry Leaders & Teachers**

Pray for all Cornerstone Ministry Leaders and Teachers to:

Pray for church leaders to gain wisdom from the Word.

Pray for church leaders to speak boldly on behalf of the Lord.

Pray for church leaders to have perseverance and courage during difficult times.

Pray for church leaders to honor God in all of their decisions.

Pray for church leaders to have patience with members of the church.

Pray for church leaders to lead their congregation on a godly path of righteousness.

Pray for the selection of new Deacons and Deaconesses

Pray that our leaders and teachers will know their place of leadership and operate in it effectively.



Pray for the upcoming leadership training.

Pray for the Education Ministry and the teachers that have accepted the responsibility and role of teaching in the church. They are held to a higher standard, thereby they need your prayer to help sustain their responsibilities. *James 3:1-12 (verse 1) Not many should become teachers, my brothers,<sup>[a]</sup> because you know that we will receive a stricter judgment. <sup>2</sup> For we all stumble in many ways. If anyone does not stumble in what he says, he is mature, able also to control the whole body.*

Pray for the teachers to teach with the power of God and the anointing of the Holy Spirit. To teach with excitement and knowledge that increases the hunger and desire of the students to want to grow and go deeper in the Word of God.

Pray that the teachers will live holy and godly lives, as they represent Christ in the ministry they serve in.

### **Cornerstone Church Members and Their Family**

*Thank You, Lord, for giving us another Helper, the Holy Spirit, to teach us and bring to our remembrance all things that You have spoken. Thank You for blessing our Church Family spiritually, physically, financially, socially, and educationally. We will stand on Your Word and put all of our faith and confidence in You. Oh God, who strengthens us so that we may strengthen others, kindle in our hearts a flame of love for YOU and our fellow man. Help us so to live that our lives may witness to YOUR power. Help us by deeds of love and mercy to show YOUR praise.*

Pray for all Cornerstone members and their families, that they will:

- grow in grace
- be protected from the evil one
- experience the peace of God that surpasses all understanding
- obtain Biblical knowledge and wisdom
- that it might be well with us all

Pray for wisdom to walk worthy of our calling in Christ in the midst of the temptations of evil all around us.

Pray that our entire church will live lives of holiness.

Pray that our entire church will live lives of continual forgiveness.

Pray for spiritual and financial breakthrough in the lives of our people and for healing of souls.

Pray for a spirit of unity, togetherness, and love to spread across and throughout the church of Cornerstone that will spread throughout our community and nation.

Pray that each family in Cornerstone will be disciplined and focused to practice sound scriptural money management principles, get out of debt, and honor God's Kingdom with our giving.

Pray for spiritual formation in the lives of each church member and in the lives of their family members.

Pray that will grow in the Word of God.

Pray that we develop a real and active relationship with Christ.

Pray for the church to have a love for God's Word and to walk in His wisdom, humility, and strength. - *"If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land."* (2 Chronicles 7:14)

Pray for God's power and protection against the attacks of the enemy. - *"And I tell you, you are Peter, and on this rock, I will build my church, and the gates of hell shall not prevail against it."* (Matthew 16:18)

Pray that the congregation will enthusiastically accept the vision of the leadership. Pray that all things necessary will be done so that vision will be accomplished. 1 Timothy 5:17

Pray for those who have suffered a job loss or lack of employment. Pray that they find a better job, paying more, and/or find employment for those seeking.  
Pray for those who are and have been suffering with sickness and poor health.

Pray for our widows and orphans...not only within Cornerstone, but those across the church globally.

### **The Lost / Those Who Need Jesus**

*"For the Son of Man has come to seek and to save that which was lost" (Luke 19:10). Lord, because You came to earth, we have been saved for the purpose of living a life that is Christlike and to pray for the salvation of all who are lost. You found us when we were lost and living apart from the fullness of life You promise to those who love You. Thank You for the greatest act of sacrificial love – dying on a cross for our salvation and the salvation of all those who have yet to call You Lord and Savior. Save them today, Lord God! Add to your Kingdom multiple thousands, giving you glory and honor. In Jesus Name, Amen.*

Pray that the lost will be saved and that the backslidden will return to Jesus.

Pray for the lost family members of Cornerstone Church members, as well as those we encounter on a daily basis.

Pray that each Sunday the Lord will lead the right lost seekers to our church. Those who need Jesus as Lord and Savior. Pray that they will be ministered to effectively and loved abundantly. Acts 2:41; 16:14

Pray for an evangelistic spirit to pervade the members of the church.

Pray that each week members of our church will have clear opportunities to build relationships and share the message of Jesus. Acts 2:46-47

### **Pray That The Lord of the Harvest Will Supply Our Needs**

“Then He said to His disciples, ‘The harvest is plentiful, but the workers are few. Therefore, beseech the Lord of the harvest to send out workers into His harvest’” (Matthew 9:37-38).

### **Prayer for Blinded Minds**

“The god of this age has blinded the minds of unbelievers, so that they cannot see the light of the gospel of the glory of Christ, who is the image of God” (II Corinthians 4:4).

Because Satan has blinded the minds of those who have yet to know Christ, their minds need to be opened to see the true light of His gospel. As we pray, God moves to change hearts and minds. He makes a way in the most difficult of circumstances for those who are lost to be saved.

Pray this for those you know who are not saved and insert their names in the blank lines:

**Father, I pray that You will send people continually into \_\_\_\_\_'s life who will share the gospel with him/her (Romans 10:14). Father, I plead in the name of Jesus that You will put a new heart in \_\_\_\_\_ and that You will place Your Holy Spirit in him/her, according to Jeremiah 42:30; and Ezekiel 11:19-20.**

### **The Church World Wide and Missions**

*Father God, we pray that churches across the world will realize the impact that they can have on their communities through the power of Your Word and love. We ask God to give church leaders wisdom and strength and to bless them as they reach out to others in the Name of Jesus Christ. Protect and strengthen those being persecuted in Your Name. Thank You for the opportunity to spread Your love and hope to a world living in darkness and despair. In Jesus Name we pray. Amen.*

Pray for the church in America and around the world and for the missionaries serving God across the globe.

Pray that the church worldwide will grow in the Word of God

Pray that the church worldwide will develop a real and active relationship with Christ

Pray for Kingdom Growth

Pray for the leaders of the church worldwide, that their hearts and minds are directed towards Christ. - “And let us not grow weary while doing good, for in due season we shall reap if we do not lose heart.” (Galatians 6:9)

Pray that God would wake up the church and stir us to action. - “Praying at all times in the Spirit, with all prayer and supplication. To that end keep alert with all perseverance, making supplication for all the saints,” (Ephesians 6:18)

Pray for cooperation in the community among theologically like-minded churches. As barriers – denominational, racial, ethnic, class – come down the Church as a whole can accomplish more than any church can do on its own. Philippians 1:18

Pray for those Believers in churches (underground and hidden) who are being persecuted for declaring Jesus is Lord. Pray for the persecuted church.

Pray that God would grow our faith as He grows HIS global church.

Pray for a vision for missions. - A Jesus-focused church will take seriously the 'go into all the world' command that He gave, and will endeavor to be a part of the going, sending, and supporting of missionaries. Matthew 28:19-20

### **Pray For Jerusalem**

*"Pray for the peace of Jerusalem: 'May they prosper who love you. Peace be within your walls, Prosperity within your palaces.' For the sake of my brethren and companions, I will now say, 'Peace be within you.' Because of the house of the Lord our God I will seek your good." Psalm 122:6-9.*

*LORD, in joyful obedience to Your command we pray for the peace of Jerusalem, the chosen city in which Your Name dwells, both now and forevermore. we join in a prayer of agreement with all who love her and call for peace within her gates. May the light of Jerusalem be a sign to the nations of Your covenant with Your people and a witness to all peoples of Your sovereign power and faithfulness.*

*LORD, we pray for the peace and prosperity of all who live within Jerusalem, her residents, protectors, workers, visitors, supporters and all who love her from both near and far. Prosper and protect her government leaders, spiritual leaders, heads of families and all who are in authority. Bring abiding, unbreakable and eternal peace to Your Holy City. As the mountains are round about Jerusalem, so You are round about Your people. In Jesus Name, amen.*

Pray for peace in Jerusalem according to Psalm 122:6-8: *Pray for the peace of Jerusalem: "May they prosper who love you. Peace be within your walls, Prosperity within your palaces." For the sake of my brethren and companions, I will now say, "Peace be within you."*

Pray for more Christians to pray for Israel.

Pray for the eyes of the Jewish people to see and know Jesus as Messiah and that He will come quickly.

Pray against any antisemitism.

Pray for those in the Middle East to know the Messiah.

Pray for Believers to grow in passion for Jewish evangelism.

Pray for Hope ... for God's Holy Spirit to remove bitterness and complacency from the hearts of Israel's people; for them to believe that peace is actually possible in their city.

Pray for Security ... for Christ to spread His powerful protection around this place, preventing even the empty threat of attack from outside enemies.

Pray for Harmony ... for God to turn the hearts of people toward compassion and kindness; for children to lead the way in the rising up of a generation that longs to treat all in Jerusalem as brother and sister.

Pray for the Family ... for Jesus to knit families together in wholeness and health, in ways that repulse fear and hate in exchange for love and joy.

Pray for the Economy ... for the people of Jerusalem to have ample opportunity and ability to provide for themselves and their families, to give generously to others, and to no longer be divided over who "has" and who "has not."

Pray for Worship ... for Christ's Holy Spirit to be not simply present, but undeniably known in obvious ways within the hearts and expressions of His truly beloved people—Jew and Arab alike.

## **Schools And Educators**

*Lord God, we pray that You would have a presence in our schools. Please offer the wisdom and peace that only You can offer, Lord. We ask that You would help the teachers, staff and everyone involved with the school system to focus their energies on effectively and correctly educating our children in the truth. We ask for safety and protection on our school campuses. Please stop the senseless violence and stop the bullying between the students and from students to teachers and vice versa. Bring back respect and discipline to our schools where the students have respect for the teachers and those in authority. In Jesus Name we pray.*

Pray for restoration of godly principles in our education system

Pray for School Authorities (public & private)

Pray against physical harm.

Pray for teachers, teacher assistants, coaches, para-professionals, custodians, cafeteria and office workers.

Pray for the school board to not be politically driven and racially divisive. That they will have wisdom in their decision making for the schools

Pray for Principals, Assistant Principals, and Superintendents

Pray for all workers within the educational system

Pray for secondary education and the professors who impact our young adults.

Pray for revival on campuses and in the lives of the students. On campuses where there was no major Christianity impact, ask God to "VIVE" those campuses and then bring a continual re-VIVAL of His Spirit on the campus.

Pray that young adults will not walk away from the church as they go off to college, but will remain attached to Jesus and involved in a Biblical sound church ministry where they attend school.

Pray that school fulfills its purpose - giving our children an education.

Pray for our children's influences.

## **Government / Officials / First Responders / Military Personnel**

*Holy Spirit, we ask You to fill our city, state, and national political leaders with wisdom, understanding, discernment, and knowledge. Grant them favor, increase their faith, and prepare them to pursue Your excellence. Draw them to You and cause them to know and fulfill Your purposes. In Jesus' Name.*

Pray for those in authority and our civil servants: Government (National, State and Local)

Pray for quality leadership, love of humankind, and God's direction for our nation.

Pray for God's hand to shape the course of our nation according to His purpose and destiny.

Pray that our leaders will seek godly wisdom and have a heart that desires God's ways more than their own.

Pray that God will order their steps each day as their hearts are turned to Him for direction and decisions making.

**Pray for Federal Leaders** • President • Vice President • Secretary of State • Secretary of Defense • Secretary of the Treasury • Attorney General • Secretary of the Interior • Secretary of Agriculture • Secretary of Commerce • Secretary of Labor • Secretary of Transportation • Secretary of Energy • Secretary of Education • Secretary of Veterans Affairs • Secretary of

Health & Human Services • Secretary of Housing & Urban Development • Secretary of Homeland Security • All Branches of the Armed Forces and U.S. Supreme Court

**Pray for State Leaders** • U.S. Senator • U.S. Representative • Governor • Lt. Governor • State Senator • State Representative • State Supreme Court Justices

**Pray for Local Leaders** • County Officials • Court Official • City Officials • Judges • Mayor • Police Department • Fire Department •

Pray for our military branches and the threat of war. Pray that there will be no war and that our military men and women will be safe, as well as the population of America.

Pray for the civil servants: Policemen, Sheriffs, Firemen, and First Responders. For safety, quality leadership, love of humankind, and God's direction for our Nation.

### **The Poor / Homeless / And Those Living In War Zones**

*Almighty and most merciful God, we remember before You all poor and neglected persons whom it would be easy for us to forget: the homeless and the destitute, the old and the sick, and all who have no one to care for them. Help us to heal those who are broken in body or spirit, and to turn their sorrow into joy. Grant this, Father, for the love of your Son, who for our sake became poor and a sacrifice for our sins. In The Name of Jesus Christ our Lord.*

*Lord, we pray for everyone who is living in poverty in our community. We pray that You would lift them up and give them hope. Show us how to do our best and Your best for other people. Help us try our best each day to pray for individuals and families living in poverty in our community. Show us how to be the hands and feet of Jesus and to show His love. Help individuals and families in poverty to have a voice, and help us to be Christ's voice on their behalf.*

*Lord, we pray for people who become suddenly impoverished, because of accidents, health crises, job layoffs, natural disasters, etc. Give them strength and let them know hope and know that there is a way out, and help them not to give up and lose heart. In Jesus Name.*

Pray for the Lord to pour out His grace on hungry people – men, women and children.

Pray for children affected by malnutrition.

Pray for those who can't find work to provide for their families, and for the children who forgo an education, so they can work to help put food on the table.

Pray for those who are living without adequate healthcare, for those who are sick and dying from treatable diseases.

Pray for the land that is dry and barren due to drought, and for the people who have lost their crops and livestock to the parched land.

Pray for many to come to know the love of the Savior, and to surrender their lives to Him.

### **Pray for those in destitute situations – pray for:**

Their strength, courage and peace.

For them to not accept the situation but try to get out of it and not with violence

For the people to see a legal way they can get out

Physical needs – shelter, food, clothing  
That they will not feel judged  
Opportunities to receive and give back  
Joy of the Lord  
Transportation needs met

*Lord God, we pray for people affected by the violence in war torn countries and areas. We pray that people in conflict zones will be protected from the violence; that there will be provision of essential supplies, such as food and clean water. We pray for vulnerable people who cannot flee, those with disabilities or the elderly, that You would surround, protect, cover and comfort them.*

Warfare – 2 Corinthians 10 - Pray and ask The Lord to give us understanding of the warfare around us.

Pray and ask God to reveal how to pray in the battle. Pray for discernment.

Pray for God to heal our land and use us to meet the needs of others. Come, Lord Jesus, and do what only You can do.

Pray that God will not allow war (civil or external) to occur in our land.

Pray for peace in a hurting world.

Pray for the violence between Nations, tribes, clans, villages, and people groups to cease.

Pray that evil leaders, kings and rulers will be removed from office and replaced with good and godly leadership.

#### **Pray specifically for the following:**

For restoration in Northern Ethiopia

For hope for Syrians displaced

For displaced Sudanese families

For protection for Venezuela's refugees and migrants

For recovery in Haiti

For an end to war in Ukraine

#### **Married And Engaged Couples**

*Lord of love, we bring You every married and engaged couple today. Pour out Your grace and strength on each one, in seasons of celebration, testing, distress, conflict and many other situations, let your hand of grace, love and forgiveness reign supreme. We pray for all married couples that they may turn to You, Lord, for help with any problems that they face. We pray for all married couples that, when their relationship needs mending, they may claim the special graces of forgiveness and healing, with which you have blessed our marriage with. We ask that you would allow our Biblical marriages to be a living example and demonstration of You in our families, church, community and nation. In The Mighty Name of Jesus. Amen.*

Pray for strong marriages and families. The family is the basic building block of society and it is the same for the church. Without strong marriages and families, a strong church is impossible.

Ephesian 5:22 – 6:4

Pray that God would deepen the love in a marriage for one another. That they would love each other with genuine affection, and take delight in honoring each other. – Romans 12:10 NLT.

Pray that God would help you love each other well and bring peace to your relationship.

Pray for forgiveness. And let the peace that comes from Christ rule in your hearts. For as members of one body, you are called to live in peace. And always be thankful. – Colossians 3:15 NLT

Pray that God would keep mouths shut, ears open and anger in check. Don't use foul or abusive language. Let everything you say be good and helpful, so that your words will be an encouragement to those who hear them. – Ephesians 4:29 NLT

Pray for helpful and encouraging words.

Pray that you treat love as a verb.

Pray that you are a couple with understanding...control your anger; a hot temper shows great foolishness. – Proverbs 14:29 NLT

Pray that you direct your children onto the right path, and when they are older, they will not leave it. – Proverbs 22:6 NLT

Pray for intimacy in the marriage

Prayer for honesty in marriage

Prayer for restoration of a marriage in trouble

Prayer for a Christ-Centered marriage

Prayer for a healed marriage

Pray for better communication in marriage

Pray for understanding in marriage

Pray for God's strength and peace in marriage

Pray for marriage protection

Pray for Jesus at the center of the marriage

Pray for marriage to be a pleasurable journey two people take together.

Pray that CBC marriages leave a lasting legacy that honors God, brings peace to our home and lifts up glory for Jesus Christ, that our children and grandchildren will see, grasp, understand, accept, and continue for generations to come.

### **Singles and Singles Ministry**

*Compassionate Father, we ask that the singles in our church family love You with all their hearts, souls, strength, and minds and they love their neighbors as they love themselves. That they are filled with Your Holy Spirit, and have the mind of Christ. Heavenly Father, help our singles to live with all godliness and contentment. Father, as they trust in You to direct their paths in all things pertaining to life and godliness, direct our singles in the areas of friendship, companionship, ministry, employment, career and finances. In their relationships, bless them with people who are wise, kind, likeminded, patient, and trustworthy. Send them friends and associates who will love and appreciate them. Touch the hearts of all of our singles to work in a ministry at Cornerstone. Remind them that their needs are met when they attend to the needs of others. In Jesus' Name we ask.*

Singleness can be an extremely significant, fruitful, and impactful season of life. Even more so when it's a season lived with a sense of calling and purpose, both of which can be enhanced by praying the Scriptures.

Pray that God would grant you the grace to approve that which is excellent in order to be pure and blameless until the day of Christ (Philippians 1:10).



Consider before the Lord specific areas in your life – [entertainment](#), employment, [relationships](#), speech, thoughts, and others – and whether you're habitually approving that which is excellent and resisting that which isn't.

Acknowledge to the Lord that He knows the plans He has for you – plans to prosper you spiritually, and not to harm you; plans to give you a hope and a future (Jeremiah 29:11).

Pray that you would faithfully use your life in service to Christ, seeking first His kingdom and His righteousness, trusting that God will meet your every need (Matthew 6:33).

Ask God to grant you [a love for the Lord your God that consumes all your heart](#), all your soul, and all your mind. Pray that He would also grant you a love for others as you love yourself (Matthew 22:37-39).

Pray that God's Spirit would enable you to keep your heart with all diligence, for out of it flow the issues of life (Proverbs 4:23). Ask Him to show you areas in which you haven't guarded your heart. Confess and forsake any sin He reveals.

Tell the Lord of your desire to [walk by faith and not by sight](#) (2 Corinthians 5:7). Admit any struggle you have in doing so, and ask Him to strengthen your faith.

Pray that God would [help your heart to be content](#) in all situations during this season of life (Philippians 4:11), remembering His sovereignty and His goodness.

Ask for the Lord's grace in leading the life to which He has assigned you and to which God has called you, with honor, reverence, and gratitude (1 Corinthians 7:17).

Commit to the Lord that you will [trust in Him with all your heart](#), resisting the urge to rely on your own understanding, and instead choosing to acknowledge Him in all your ways. [Remind Him of His promise to direct your paths](#) (Proverbs 3:5-6).

Pray that God would enable you to be an imitator of God, as a dearly loved child. Ask Him to teach you how-to walk-in love, as Christ loved you and gave Himself up for you, a fragrant offering and sacrifice to God. Affirm before Him your desire for righteousness, and that [sexual immorality](#) and all impurity or covetousness would not be associated with you.

Commit also to banishing from your speech filthiness, foolish talk, and crude joking, which are out of place, but instead to let there be thanksgiving (Ephesians 5:1-4)

Ask God to help you to [trust in Him](#), to do good, and to remain within the safety of His boundaries for your life, thus enjoying safe pasture. Pray that He would cultivate in your heart a true [delight in Him](#), and a willingness to commit your way completely to Him. Claim His promise to grant you the desires of your heart, as His Spirit works to conform your desires to His (Psalm 37:3-5).

Praise Jesus for existing before all things, for creating all things, and for [sustaining all things](#). Confess His headship over body, the Church, and His identity as the beginning, the firstborn from the dead, that in everything He might be preeminent (Colossians 1:17). Tell Him that you want Him to be preeminent in your life, in your relationships, and in your service for Him.

### Young Adults/College Age Students

*Father, look with favor upon our young people, bearers of hope for the Church and the world. Jesus Christ, bless the paths of discovery and discernment of our young adults, through times of joy and experiences of hardship, with the constant love and support of their families and church family. God and Father, we ask you to be with our young people as they experience sorrow and joy. Protect them from the dangers that are present in our world today. Give them and their families the courage to follow you as they journey through life. In Jesus Name.*

Pray that our young adult ministry will effectively meet the spiritual and social needs of our members and their friends.

Pray for exponential growth of the ministry as well as qualified and passionate workers for the ministry.

Pray that the young adults will grow in the Word of God

Pray that the young adults will develop a real and active relationship with Christ

Pray that they will seek God in all their choices.

Pray for them to fall in love with the Word of God.

Pray for them in their job situations.

Pray for their relationships. Pray for them to Hang Out with Wise Friends

Pray for them to live lives of purpose.

Pray for them to have a heart for the lost.

Pray for them to Walk in Wisdom.

Pray for them to get in on God's plan for their lives

Pray for the young adults, that they be more involved in ministry. **Lamentations 3:27**

Pray for the young adults to remain steadfast in their dealings with God. **1 John 2:14**

Pray that our young adults will be evangelists in their communities and bear the message of Christ. **1 Thessalonians 2:4**

Pray that our young adults are careful about what they say and do. **Ecclesiastes 11:9**

### Youth and Children

*Turn your loving gaze, O God, upon our young people. They carry in their hearts a great hope: make them strong and pure, so that they can build their tomorrow with confidence in You. Let them receive freely the gift of the faith, accept it with gratitude, and develop*

*it with generosity. Father, please open their hearts and minds to the depths of your love. Help them know, without question, that they loved by You. Give them security and identity rooted in Your unquestionable love and faith. Give them their purpose in life, with understanding, at an early age, so that they may take your Word, works, and church to the level You desire for us to use it to change world for your glory and In Your Name. In Jesus' Name.*

*Psalm 127:3 Behold children are an inheritance from the Lord. The fruit of the womb is a reward.*

Pray that their hearts will be turned to God.

Pray for salvation, wisdom, blessing and breakthrough in their lives.

Pray for the safety of their minds and heart to be turned to God.

Pray angels to guard our children and youth abroad and at home.

Pray that they grow in the Word of God

Pray that they develop a real and active relationship with Christ

Pray for parents and guardians and other influential people in the lives of our young people to model a spiritually formed life.

Pray for our children and youth to hunger for the word of God and the things of God.

Pray that our children and youth ministries will effectively meet the spiritual and social needs of our members and their friends.

Pray for exponential growth of the ministries as well as qualified and passionate workers for each ministry.

Pray for the youth of the church because they will need strong roots of faith to maintain a positive witness throughout high school and into college/career.

Pray that their leaders will have the necessary wisdom to teach and lead in a way that connects with teens and attracts more. **1 Timothy 4:12**

Pray for the youth, that they be more involved in ministry. **Lamentations 3:27**

Pray for the youth to remain steadfast in their dealings with God. **1 John 2:14**

Pray for the youth, that they may serve God before it's too late. **Ecclesiastes 12:1**

Pray that people value the youth and their contributions to the ministry. **1 Timothy 4:12**

Pray that the youth would speak carefully, and only utter words that are pleasing to God. **Ephesians 4:29**

Pray that our youth will be evangelists in their communities and bear the message of Christ. **1 Thessalonians 2:4**

Pray that the youth flee lustful thoughts and cling to Christ. **2 Timothy 2:22**

Pray for youth to respect their elders. **1 Peter 5:5**

Pray for our youth to speak whatever God has on their hearts. **Jeremiah 1:7**

Pray that our young people are careful about what they say and do. **Ecclesiastes 11:9**

Pray for the children of the church. Pray that those who teach and care for them will do so with love and patience so that parents are free to serve and worship as the Lord leads.

Pray that as those children grow up in church, they will grow strong in faith, coming to know Jesus as Savior and Lord early in their life.

Pray that they will continue the faithful testimony of the church as they become the adults and parents of the next generation. **Mark 10:14**



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