

Session **5** Host/Helper Notes
WHY AND HOW CAN I PRAY?

HOST AND HELPER NOTES

SMALL GROUP COACHING



BIG IDEA

This week, we are looking at “Why and how can I pray?” “Prayer isn’t part of our relationship with Jesus, it is our relationship with Jesus. Without prayer we are religious but we don’t have a relationship: a conversational, interactive relationship with the living God.” Pete Greig.

1. The key tonight is to pitch the questions low. Don’t start by saying, “Isn’t prayer exciting?!” Some will find it exciting but not everyone will, so pitching the bar low is crucial. Ask, “Has anyone ever tried praying?” or “Has anyone ever known anyone who has tried praying?”
2. Remember that most people have something to say on the subject, so give space for people to talk about their experiences.

3. (In-person) You may want to consider praying at the close of your group tonight. If you think your group is ready to pray, you can say, “I will begin our time of prayer, and I have asked Tom [choose one of the helpers in advance] to end the prayer time.” Then, keep your prayer very basic, such as, “Lord, I thank you for the beautiful weather today.”

(Online) You may want to consider praying at the close of your group tonight. If you think your group is ready to pray, say, “I will begin our time of prayer, and I have asked Tom [choose one of the helpers in advance] to end the prayer time. Unmute your mic if you want to give prayer a try.” Then, keep your prayer very basic, such as, “Lord, I thank you for the beautiful weather today.”

4. The goal is for everyone to see

