

Be Free Series Week 5: July 5, 2026

“Take the Stand”

Freedom to Live by the Spirit

Small Group Discussion Questions

Galatians 5:1, 13–26

1. In Galatians 5:1 (NIV), Paul says, “It is for freedom that Christ has set us free.”
 - a. When you hear the word **freedom**, what comes to mind?
 - b. How is the freedom Jesus offers different from the way our culture defines freedom?
2. In his sermon on Sunday, Pastor Doug reminded us that God wants us to not only have freedom in our lives, but in our very souls. Do you feel free in your soul? Why or why not?
3. Paul says we are called to be free but not to use our freedom to indulge the flesh.
 - a. Why do you think freedom and responsibility belong together?
 - b. What are some ways Christians can misuse the freedom Christ has given them?
4. Paul tells believers to “serve one another humbly in love.”
 - a. Why is serving others sometimes difficult?
 - b. Who has modeled Christ-like servant leadership in your life, and what made their example memorable?
 - c. Are there any ministries at Woodside or in our community you’d like to explore further? Any ministries you long to start?
5. Paul encourages believers to “walk by the Spirit.”
 - a. What do you think it means, practically, to walk by the Spirit each day?
 - b. How do you recognize when you’re relying on your own strength instead of God’s Spirit?
 - c. What helps you choose freedom in Christ when temptation is strong?
6. Paul lists the fruit of the Spirit: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.
 - a. Which fruit comes most naturally to you?

- b. Which one would you most like God to develop in your life right now, and why?
- 7. Fruit develops over time rather than overnight.
 - a. What practices or relationships have helped you grow spiritually?
 - b. How have you seen God gradually change your character over the years?
- 8. Paul says, “those who belong to Christ have nailed the passions and desires of their sinful nature to his cross and crucified it there.”
 - a. What attitudes, habits, or desires might God be asking you to surrender?
- 9. Paul writes, “Since we live by the Spirit, let us keep in step with the Spirit.”
 - a. What helps you stay attentive to the Holy Spirit throughout your week?
 - b. What tends to distract or pull you out of step with Him?
- 10. After reading this passage, what is one area of your life where God may be inviting you to experience greater freedom through the Holy Spirit?
- 11. What is one practical step you can take this week?