

Be Free Week 6: Freedom from Destructive Decisions
Small Group Discussion Guide
Freedom Expressed Through Love
Read Galatians 6:1–10 together

Opener

Share about someone who helped carry one of your burdens during a difficult season. What made their support meaningful?

Discussion Questions

1. Paul says believers should gently restore someone caught in sin. What does gentle restoration look like in today's world? Why can it be difficult to approach someone with both truth and grace?
2. Why is humility so important when helping someone else who is struggling? What temptations might we face ourselves?
3. What is the difference between carrying someone's burden and carrying their responsibilities? How can we support others without enabling unhealthy patterns?
4. Look over Paul's directions in verses 3 – 5. How do these verses challenge both pride and comparison? What does healthy personal responsibility look like in the Christian life?
5. What are some examples of sowing to please the Spirit? What kinds of fruit have you seen from those choices?
6. What causes believers to become weary in doing good? What helps you persevere when you feel discouraged?
7. Why do you think Paul tells us to do good to everyone while giving special attention to the family of believers? How can our group live this out?
8. Looking at the whole passage, what do you feel God is impressing on your heart today? What is one action you will take this week to restore, encourage, serve, or carry the burden of another person?