

RECOMMENDED COUNSELOR LIST

(Updated October 2024)

FEMALE

Ash Anderson, LPC

312-523-3721

ash@cartocounseling.com

cartocounseling.com

Specialty: grief and loss, life transitions, interpersonal relationships, identity development and formation, self-awareness, family of origin, parenting, anxiety and depression, loneliness, stress management, chronic pain, spiritual formation and development, and personal growth

Claire Burns, Refuge Therapy Group

2401 S Downing St, Denver, CO 80210

303-565-5597

claire@refugetherapygroup.com

Specialty: Trauma, Grief, Relationship Issues

Current Rate(s): \$120/50 min session

Sara Brennan, M.E.d., LPC (licensed in Colorado and Texas)

Virtual Office

361-589-1027

cc-counseling.net

sara@cc-counseling.net

Specialty: adolescents, adults, couples; Anxiety, Depression, Mood Disorders, Trauma, Life Transitions, Marital and Premarital, Stress-related disruptions, Grief and Loss, Substance Use Issues, Personal Growth and Self-Awareness, Faith-based counseling

Christine Denlinger

7955 E. Arapahoe Court, Suite 3500 Centennial, CO 80112

303-883-3269

christinedenlingerlpc@gmail.com

Specialty: depression, anxiety, trauma, EMDR, relationship difficulties, marital therapy, pre-marital, life transitions, grief and loss

Current Rate(s): \$140 for hour session

Elizabeth (Beth) DeWeese, Ph.D.

9364 Teddy Lane, Suite 204 Lone Tree, CO 80112

720-936-8656 (call or text ok)

Bdeweese@comcast.net

Specialty: women across the adult life span struggling with life transitions, anxiety, depression, adjustment, grief/loss

Current Rate(s): \$160/hr

Additional Information: offers virtual/telehealth appts

Andrea Eaton Counseling

789 Sherman St, Denver, CO 80203

303-219-0489

hello@andreaeatoncounseling.com

andreaeatoncounseling.com

Specialty: Couples Counseling, Trauma/EMDR, Depression/Anxiety, Grief/Loss

Current Rate(s): \$165/hr

Melissa Fuller, Brower Psychological

720-222-3400

melissafuller@browerpsychological.com

browerpsychological.com

Specialty: Children, Adolescents, Adults, Couples & Family Counselor Trauma-focused/EMDR trained (PTSD), Couples and Families (infidelity, divorce, family conflict, relationship issues, life transitions, etc.), Children (Child-centered play and sand tray therapy), Addiction, ADHD, Anxiety, Depression, Forgiveness and Reconciliation, Grief & Loss, Parenting School Issues, Self-Esteem, Sexuality, Stress, and Suicidal Ideation.

Current Rate(s): \$150 for hour session

Lindsey Harrell, Cohesion Wellness

825 E Speer Blvd, Suite 301, Denver, CO 80218

720-767-3277

lindsey@cohesionwellness.com

Specialty: children (ages 4+), trauma, anxiety, depression, ADHD, grief & loss

Current Rate(s): \$130 (sliding scale offered as well)

Jenni Hoag, Soulcare Anchoress

303-803-3236

jenni.hoag@soulcareanchoress.com

www.soulcareanchoress.com

Current Rate(s): \$85/session, for about 60-75 minutes

Additional Information: As a spiritual director, I offer space to explore God's presence and notice His presence and invitations. I often use "out of the box" ways to offer connection with God and practices to engage the heart and mind with the Lord. I meet people in various places as long as it is a quiet space.

Abbey O'Brien, Brittany Edwards Counseling

9331 S Colorado Blvd, #60, Highlands Ranch, 80126

303-328-5290

abigale@brittanyedwards counseling.com

Specialty: Trauma and attachment related issues, mood disorders, depression, anxiety, grief, and couples

Current Rate(s): \$100 per hour

Randi Scott, Family Strong Counseling

8340 Sangre De Cristo Rd Ste 212, Littleton, CO 80127

720-446-9664

randi@familystrongcounseling.com

Specialty: Marriage and Family, teenagers, individuals

Current Rate(s): \$85/session (for couples/families or individuals)

MALE

Patrick Cole (Licensed in Colorado and Kansas)

720-404-1004

pcolecounseling@protonmail.com

www.psychologytoday.com/us/therapists/patrick-j-cole-denver-co/1079646

Specialty: Strengths-based goal oriented, anxiety, depression, anger, trauma, family conflict, adolescent, adult/senior adult, spiritual issues, life stage transitions, gentle and nurturing but direct approach, ages 12+

Current Rate(s): 120.00/session. Most major insurances accepted.

Additional Information: 100% virtual/telehealth, availability within 1 week

William Friesen, Saga Counseling

12835 East Arapahoe Road, Centennial, CO 80112 AND 1754 Lafayette St, Denver CO 80218
701-729-2280

williamfriesen@sagacounselingllc.com

Specialty: Couples/Premarital, Cross Cultural adjustment, Identity Formation, Brainspotting, Grief, Kids/Adolescent, Chronic Pain, Trauma

Current Rate(s): Medicaid insurance, or private pay \$120 a session

Keith Hughes, Keith Counseling Services L.L.C.

5984 S. Prince St. Suite 200 Littleton, CO 80120

303. 883.3560

Keithbiz66@gmail.com

Specialty: Adults and Teens, Individual and Couples, Depression & Anxiety coping skills and processing, Trauma, Life Transitions, Spiritual Development and Growth, Parent Coaching

Mark R. LaFleur, LaFleur Counseling Services, Inc.

7475 W 5th Ave, #210, Lakewood, CO 80226

303-475-4603

mark@marklafleur.com

marklafleur.com

Current Rate(s): Individual \$170/Couples \$180, per 50-minute session

Additional Information: Self-talk specialist

Nick Lillo

15394 W Iliff Dr., Denver, CO 80228

303-475-4603

nickl@waterstonechurch.org

Specialty: Life decisions including personal goals, time management, relational challenges, career direction and life transitions, leadership coaching

Current Rate(s): \$80 per hour

Benjamin Massey, The Karibuni Center

9331 S Colorado Blvd, Suite 60, Highlands Ranch, CO 80126

720-828-3699

benjamin@karibunicenter.com

Specialty: marriage counseling, childhood trauma, emotional issues

Current Rate(s): \$120 per 50 min session

Mark C. Miller

5690 DTC Blvd., Suite 120-W Greenwood Village, CO 80111

303-667-5080

markcmiller@me.com

Specialty: Addiction, sex addiction, trauma

Current Rate(s): \$200 for 50 minutes

Erik J Petersen, Life After Loss Counseling

821 Sangre De Cristo Road, Suite 200, Littleton, CO 80127

720-295-3745

erik@lifeafterlosscolorado.com

Specialty: Grief and Loss, Trauma, Couples Relationship Counseling, and Whole-Hearted Living

Current Rate(s): \$150/session. Sliding scale available. 10% discount for Waterstone Church Referrals.

Additional Information: Virtual

Dr. Harvey Powers, The Redimere Group

5690 DTC Blvd. Suite 120W, Greenwood Village, CO 80111

303-807-9900

hpowers@redimere.com

Specialty: Leadership issues, Trauma and sexual abuse, PTSD, Depression, Anxiety, marriage issues, and individual growth issues.

Current Rate(s): \$250 per 50 minute session

Rob Reynolds, Family Strong Counseling and Wellness

11180 W 44th Ave, Ste 106 Wheat Ridge, CO and

8340 Sangre De Cristo Rd, Ste 212 Littleton, CO 80127

720-465-1919

hello@familystrongcounseling.com

Specialty: Couples, families, teens/children, individuals, sex/pornography addiction recovery, perinatal mental health, anxiety, depression, spiritual issues

Current Rate(s): \$130-\$180 for individual counseling, \$150-\$200 for couples/family counseling, depending on clinician

Paul Steinke, The Karibuni Center

9331 S Colorado Blvd, Suite 60, Highlands Ranch, CO 80126

720-588-2005

psteinke@karibunicenter.com

Specialty: Couples, Relationships, Individuals, Faith development, mood disorders, addiction, trauma

Current Rate(s): \$160

Tyler White, Tyler White Counseling

8 W Dry Creek Circle Suite #208 Littleton, CO 80120

720-441-3201

tnwcounseling@gmail.com

Specialty: Anxiety, anger management, addiction, depression, faith/spirituality, and relationship issues. Modalities include mainly internal family systems, cognitive behavior therapy, and attachment theory.

Current Rates: \$110 per session