

Counseling Referrals



Ash Anderson, LPC

- 312-523-3721
- ash@cartocounseling.com
- cartocounseling.com
- **Specialty:** grief and loss, life transitions, interpersonal relationships, identity development and formation, self-awareness, family of origin, parenting, anxiety and depression, loneliness, stress management, chronic pain, spiritual formation and development, and personal growth

Sara Brennan, M.E.d., LPC

- Virtual Office
- 361-589-1027
- cc-counseling.net
- sara@cc-counseling.net
- **Specialty:** adolescents, adults, couples; Anxiety, Depression, Mood Disorders, Trauma, Life Transitions, Marital and Premarital, Stress-related disruptions, Grief and Loss, Substance Use Issues, Personal Growth and Self-Awareness, Faith-based counseling

Patrick Cole

- 720-404-1004

- pcolecounseling@protonmail.com
- www.psychologytoday.com/us/therapists/patrick-j-cole-denver-co/1079646
- **Specialty:** Strengths-based goal oriented, anxiety, depression, anger, trauma, family conflict, adolescent, adult/senior adult, spiritual issues, life stage transitions, gentle and nurturing but direct approach, ages 12+
- **Current Rate(s):** 120.00/session. Most major insurances accepted.
- Additional Information: 100% virtual/telehealth, availability within 1 week

Andrea Eaton Counseling

- 789 Sherman St, Denver, CO 80203
- 303-219-0489
- hello@andreaeatoncounseling.com
- andreaeatoncounseling.com
- **Specialty:** Couples Counseling, Trauma/EMDR, Depression/Anxiety, Grief/Loss
- **Current Rate(s):** \$165/hr

William Friesen, Saga Counseling

- 12835 East Arapahoe Road, Centennial, CO 80112 AND 1754 Lafayette St, Denver CO 80218
- 701-729-2280
- williamfriesen@sagacounselingllc.com
- **Specialty:** Couples/Premarital, Cross Cultural adjustment, Identity Formation, Brainspotting, Grief, Kids/Adolescent, Chronic Pain, Trauma
- **Current Rate(s):** Medicaid insurance, or private pay \$120 a session

Melissa Fuller, Brower Psychological

- 720-222-3400
- melissafuller@browerpsychological.com
- browerpsychological.com
- **Specialty:** Children, Adolescents, Adults, Couples & Family Counselor Trauma-focused/EMDR trained (PTSD), Couples and Families (infidelity, divorce, family conflict, relationship issues, life transitions, etc.), Children (Child-centered play and

sand tray therapy), Addiction, ADHD, Anxiety, Depression, Forgiveness and Reconciliation, Grief & Loss, Parenting School Issues, Self-Esteem, Sexuality, Stress, and Suicidal Ideation.

- **Current Rate(s):** \$150 for hour session

Keith Hughes Counseling, L.L.C.

- 5984 S. Prince St. Suite 200 Littleton, CO 80120
- 303. 883.3560
- Keithbiz66@gmail.com
- **Specialty:** Adults and Teens, Individual and Couples, Depression & Anxiety coping skills and processing, Trauma, Life Transitions, Spiritual Development and Growth, Parent Coaching

Jenni Hoag, Soulcare Anchoress

- 303-803-3236
- jenni.hoag@soulcareanchoress.com
- www.soulcareanchoress.com
- **Current Rate(s):** \$85/session, for about 60-75 minutes
- Additional Information: As a spiritual director, I offer space to explore God's presence and notice His presence and invitations. I often use "out of the box" ways to offer connection with God and practices to engage the heart and mind with the Lord. I meet people in various places as long as it is a quiet space.

Mark R. LaFluer

- 7475 W 5th Ave, #210, Lakewood, CO 80226
- 303-475-4603
- mark@marklafleur.com
- marklafleur.com
- **Current Rate(s):** Individual \$170/Couples \$180, per 50-minute session
- Additional Information: Self-talk specialist

Nick Lillo

- 15394 W Iliff Dr., Denver, CO 80228
- 303-475-4603
- nickl@waterstonechurch.org
- **Specialty:** Life decisions including personal goals, time management, relational challenges, career direction and life transitions, leadership coaching
- **Current Rate(s):** \$80 per hour

Abbi O'Brien, Brittany Edwards Counseling

- 9331 S Colorado Blvd, #60, Highlands Ranch, 80126
- 303-328-5290
- abigale@brittanyedwards counseling.com
- **Specialty:** Trauma and attachment related issues, mood disorders, depression, anxiety, grief, and couples
- **Current Rate(s):** \$100 per hour

Erik J. Petersen, Life After Loss Counseling

- 821 Sangre De Cristo Road, Suite 200, Littleton, CO 80127
- 720-295-3745
- erik@lifeafterlosscolorado.com
- **Specialty:** Grief and Loss, Trauma, Couples Relationship Counseling, and Whole-Hearted Living
- **Current Rate(s):** \$150/session. Sliding scale available. 10% discount for Waterstone Church Referrals
- Additional Information: Virtual

Paul Steinke, The Karibuni Center

- 9331 S Colorado Blvd, Suite 60, Highlands Ranch, CO 80126
- 720-588-2005
- psteinke@karibunicenter.com

- **Specialty:** Couples, Relationships, Individuals, Faith development, mood disorders, addiction, trauma
- **Current Rate(s):** \$160

Audra Uht, M.A., LPCC, NCC

- Castle Rock location: 333 Perry St #214, Castle Rock, CO 80104
- (720) 441-4724
- **Specialty:** Adults 18+, anxiety & depression, interpersonal/communication issues, life transitions, spiritual direction, women's issues, perfectionism, career challenges, stress/burnout, attachment issues, premarital counseling (Prepare/Enrich certified)
- **Current Rate(s):** \$125 per 50 minute session; 10% discount available for active or retired military members

Tyler White Counseling

- 8 W Dry Creek Circle Suite #208 Littleton, CO 80120
- 720-441-3201
- tnwcounseling@gmail.com
- **Specialty:** Anxiety, anger management, addiction, depression, faith/spirituality, and relationship issues. Modalities include mainly internal family systems, cognitive behavior therapy, and attachment theory.
- **Current Rates:** \$110 per session