



Day 15, Monday, February 5, 2024

A Heart and Life of Integrity

READ - Matthew 5:8; 6:5-6; 25:31-46; Proverbs 4:23;

If a tree falls in a forest and no one is there to hear it, does it make a noise? Whether a noise is heard or not, the fallen tree is dead, and there is now a hole in the forest. There is impact.

It has been said integrity is what you do when no one is looking. Does it matter what you do when no one is looking? Do you think there is really an impact? How about with your relationship with God?

God looks at the heart. We cannot hide this from Him. The core of who we are, He knows. What we look at, think about, talk of, and act on is all made clear to our Creator.

Integrity is also about workability, as in a bridge that has integrity. If I have poor integrity, my life is not going to work for and with God. Consistent poor integrity that disobeys God is defiance to God. It slowly builds a brick wall in between us and God until we can hardly hear Him at all.

Poor integrity hinders our connection with God. Good integrity is not being perfect. It is being humble, repentant, and obedient to God even when no one is watching.

REFLECT

Take a moment in silence and think about 1 Samuel 16:7, the second half of that verse says that God looks at the heart ... not the part of you that everyone else sees. Why do you think He looks at the heart? When God looks at your heart, what does He see?

Do you value integrity?

How might God use a growing commitment to integrity in your life?

PRAY

Father, I know you can see my thoughts and know them completely. I want to be obedient to you. I want my life to work as a follower of Jesus. I desire for my words to line up with my actions and with your Word. Allow others to see how you are changing me from the inside out. In Jesus name, amen!

