

# God Cares For Us

1 Peter 5:7

How do we endure agonizing over the sufferings of those we love and cherish, our personal sufferings, and the brokenness in this nation and the world around us?

Growing in our awareness of the incredible nature and character of God results in greater peace, contentment, and, certainly, less anxiety and hopelessness in our lives. Hopelessness often indicates that the power of God has been taken out of the equation. He has called us to “cast all our cares on Him for He cares for us,” yet in the verses before, 1 Peter 5:5,6, we are told to “humble ourselves under HIS mighty hand that He may lift us up in due time.” By humbling and surrendering our lives to His will, His heart, and His love, our faith is strengthened.

Our focus this year is the attributes of God and the many ways that He cares for us. As we continually cast our cares on Him, He will be faithful to hold us and help us grow as His children. It is an act of faith to let go of our desire to control and come to Him, allowing Jesus to give us rest in the midst of any storm. The storm may strengthen, yet the peace of Jesus will change us from the inside out.

Draw close to the One who has overcome the world. May this year’s teachings strengthen, challenge, bless, and anoint you for His greater purpose, peace, and presence in each day. Greater is He who is in us than He that is in the world! (1 John 4:4) The storm may strengthen, yet the peace of Jesus will change us from the inside out.

**NORTH HEIGHTS**

1700 West Highway 96, Arden Hills, MN 55112

**NorthHeights.Church**



# YOUNG AT HEART

FALL 2024



We are seniors (50+) who meet weekly for friendship, food, Bible study, and entertainment!

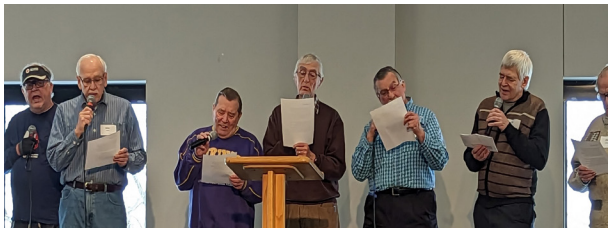
**NORTH HEIGHTS**

Find faith.  
Discover purpose.  
Live eternal significance.



## MORNING SCHEDULE

- 10:00** Coffee & Fellowship
- 10:30** Welcome & Worship
- 11:00** Teaching/Activity  
Prayer ministry available
- 12:00** Lunch



**In case of severe weather:**  
Call 651-797- 7478 or check  
**NorthHeights.Church**

# FALL 2024 SCHEDULE

A time of fellowship & lunch (\$8) every Thursday at Arden Hills.

### September 12, 10:30am, Great Hall

Entertainment: "Campfire Songs and Photo Ops," Becka Norberg

### September 19, 10:30am, Chapel Overflow

Bingo, Lunch, and Cards (after lunch)

### September 26, 10:30am, Great Hall

Bible Study & Communion: *God is Our Provider*  
Pastor Jordan Gehlhar

### October 3, 10:30am, Great Hall

Bible Study: *God is Our Shepherd*,  
Lana Thormodsgaard  
1pm, Chapel | Movie: *Esther*

### October 10, 10:30am, Great Hall

Bible Study & Communion: *God is Faithful*,  
Pastor TJ Anderson

### October 12-20, Bus Trip to Vermont (preregister and prepay)

Meet at Door B

### October 17, No Young at Heart

### October 24, 10:30am, Roseville Fellowship Hall

Entertainment: Martin Luther and His Wife  
Pastor Johan & Sonja Hinderlie

### October 31, 10:30am, Chapel Overflow White Elephant Gift Exchange

Bingo, Lunch, and Cards (after lunch)

### November 7, 10:30am, Great Hall

Bible Study: *God is Our Redeemer*,  
Pastor TJ Anderson  
1pm, Chapel | Scams Targeting Seniors,  
Ramsey County Deputy Sheriff

### November 14, 10:30am, Great Hall

Bible Study & Communion: *God is Our Friend*,  
Linda Morken

### November 21, Bus Trip to the Swedish Institute (preregister and prepay)

Meet at Door B

### November 28, No Young at Heart - Thanksgiving

### December 5, 10:30am, Great Hall

Bible Study: *God is Our Peace*,  
Pastor Chris Monson

### December 12, 11:30am, Great Hall

Christmas Luncheon (preregister and prepay)  
Tara Brueske & Carol Zimmerman

### January 2, 10:30am, Great Hall

Bible Study: *God is Our Helper*, David Melander

### January 9, 10:30am, Great Hall

Entertainment: Legends and Lakes

### January 16, 10:30am, Great Hall

Bible Study & Communion: *God is Our Shield*,  
David Melander

### January 23, 10:30am, Great Hall

Bingo, Lunch, and Cards (after lunch)

### January 30, 10:30am, Great Hall

Bible Study: *God is Understanding*,  
Pastor Dick Erickson

**For bus trip information, call Sherrie Blatzheim at (763) 783-8640**