

## Foundations Confirmation 2-year program

### Objectives:

- Presenting the core of the Christian faith through study of scripture and Luther's *Small Catechism*, and using these texts as the context for exploring current issues in confirmands' everyday lives;
- Promoting the development of faith practices—habits of Christian discipleship—in confirmands by providing opportunities for and encouraging reflection upon worship, prayer, service, study, fellowship, retreats, encouragement, etc.;
- Strengthening confirmands' identification with the Church by facilitating relationship-building with other members of North Heights through both small group and large group experiences guided by trained and caring adults;
- Preparing confirmands for the rite of Affirmation of Baptism and the life of discipleship which follows.

### Foundations Overview:

October – April each year is the Foundations Confirmation program year. The Program is designed to build a foundation of faith through scripture and our confession of faith and vision as North Heights. Year one takes students through the scriptures providing baseline knowledge and application to life. Year two takes students through Youth Alpha, Luther's Small Catechism, and the Vision of North Heights; Find Faith, Discover Purpose; and Living lives of Eternal Significance.

### Year 1: Old Testament and New Testament

1. Creation and Fall
2. Covenant and Promise
3. Calling and Exodus
4. Joshua
5. Judges
6. Samuel Getting close to hear God.
7. King Saul
8. King David a man after God's own heart
9. Daniel Ezra Nehemiah
10. Job and suffering
11. Isaiah
12. Joel Promise for the future
13. Jonah sharing faith
14. Malachi – last words before Jesus
15. The Ministry of Jesus
16. The Gospel
17. Acts – early church

18. Acts Holy Spirit
19. Romans Doctrine
20. Paul's Letters
21. Hebrews
22. Revelation

## Year 2

1. Find Faith
2. Who is Jesus
3. Why did Jesus die
4. How can I have faith
5. Why and How do I pray
6. Why and How should I read the bible
  - a. Who is the Holy Spirit, How am I filled, New Life – Alpha retreat
7. How do I resist evil
8. How do I share my faith
9. Christianity
10. The ten commandments love God
11. The ten commandments love others
12. The Lord's prayer
13. The Apostles Creed
14. Baptism
15. Communion
16. Confession and Forgiveness
17. Baptism in the Holy Spirit
18. Spiritual Gifts/Discovering your Purpose
19. Giving
20. World Religions
21. World Views
22. Living a life of Eternal Significance

Worship Reflection 20/year – To develop worship participation as a faith practice, we ask that confirmation students attempt to maintain at least a 50% record of attendance at weekly worship. Additionally students are expected to complete a minimum of 20 worship reflections each year.

Service 10x/year – To develop participation in congregational life, we ask that confirmations students serve in various roles during weekly worship throughout the year including summer. Students may serve in as many or as few roles as they desire.

Attend a retreat or camp during the 2 year confirmation program. Multiple retreats and a summer camp are planned each year. Students will participate in in depth Bible studies, worship, experience group building, and activities. Spiritual growth happens when we get away to get close to God. Retreats and Camp provide this opportunity. Students are expected to attend one camp or retreat over their two years in foundations confirmation.

Attend Wednesday Night YTH. – Confirmation is a program designed to disciple and teach, YTH is fellowship that helps to take that discipleship to the next level. Students during their time in Foundations are expected to attend YTH on a regular basis; building relationships and growing in their faith with peers that continues beyond Foundations Confirmation.

Example:

Worship Refection:

What song stuck out to you and why?

What was the passage of scripture in the message?

What is one take away from the message for you today?

How are you going to implement that take away in your life?