

God Cares For Us

1 Peter 5:7

How do we endure agonizing over the sufferings of those we love and cherish, our personal sufferings, and the brokenness in this nation and the world around us?

Growing in our awareness of the incredible nature and character of God results in greater peace, contentment, and, certainly, less anxiety and hopelessness in our lives. Hopelessness often indicates that the power of God has been taken out of the equation. He has called us to “cast all our cares on Him for He cares for us,” yet in the verses before, 1 Peter 5:5,6, we are told to “humble ourselves under HIS mighty hand that He may lift us up in due time.” By humbling and surrendering our lives to His will, His heart, and His love, our faith is strengthened.

Our focus this year is the attributes of God and the many ways that He cares for us. As we continually cast our cares on Him, He will be faithful to hold us and help us grow as His children. It is an act of faith to let go of our desire to control and come to Him, allowing Jesus to give us rest in the midst of any storm. The storm may strengthen, yet the peace of Jesus will change us from the inside out.

Draw close to the One who has overcome the world. May this year’s teachings strengthen, challenge, bless, and anoint you for His greater purpose, peace, and presence in each day. Greater is He who is in us than He that is in the world! (1 John 4:4)



NORTH HEIGHTS
1700 West Highway 96, Arden Hills, MN 55112
NorthHeights.Church

YOUNG AT HEART

WINTER/SPRING 2025



Spirit-filled seniors (50+) who meet weekly for friendship, food, Bible study, and entertainment!

NORTH HEIGHTS

**Find faith.
Discover purpose.
Live eternal significance.**



MORNING SCHEDULE

- 10:00 Coffee & Fellowship**
- 10:30 Welcome & Worship**
- 11:00 Teaching/Activity**
Prayer ministry available
- 12:00 Lunch**



In case of severe weather:
Call 651-797- 7478 or check
NorthHeights.Church

WINTER/SPRING 2025 SCHEDULE

A time of fellowship & lunch (\$8) every Thursday at Arden Hills.

February 6, 10:30am, Great Hall

Bible Study: *God is Love*, Part 1 - Jason DeShaw

February 13, 10:30am, Great Hall

Valentine's Day Entertainment: Enrique Porticas & Valentine's Drama Fun

February 20, 10:30am, Great Hall

Bible Study & Communion: *God is Love*, Part 2 - Jason DeShaw

February 27, 10:30am, Chapel Overflow

Bingo, lunch, and cards (after lunch)

March 6, 10:30am, Great Hall

Bible Study: *God is Sovereign*, Part 1 - Pastor TJ Anderson

1pm Chapel
Movie: *The Thorn*

March 13, 10:30am Great Hall

Entertainment: Spring Hobby Day

March 20, 10:30am, Great Hall

Bible Study & Communion: *God is Sovereign*, Part 2 - Pastor TJ Anderson

March 27, 10:30am, Chapel Overflow

Bingo, lunch, and cards (after lunch)

April 3, 10:30am, Great Hall

Bible Study: *God is Righteous* - Johan Hinderlie

April 10, 10:30am, Great Hall

Entertainment: Jerry and Ginger Dallin

April 17, No Young at Heart - Maundy Thursday

April 24, 10:30am, Chapel Overflow

Bingo, lunch, and card (after lunch)

May 1, 10:30am, Great Hall

Bible Study: *God is Healing* - Kai Thoni

May 8, Bus Trip *Meet at Door B*

Great Northern Railway (WI)
Preregister and prepay

May 15, 10:30am, Great Hall

Bible Study & Communion: *God is Holy* - Johan Hinderlie

May 22, 10:30am, Chapel Overflow

Bingo, lunch, and cards (after lunch)

May 29, 10:30am Great Hall

Bible Study: *God is Merciful* - Todd Marshall

June 5, Bus Trip (Meet at Door B)

Grotto of Redemption (IA). Preregister and prepay

June 12, 10:30am, Great Hall

Bible Study & Communion: *God is Just* - Tasse Swanson

June 19, 10:30am *Upper Centrum*

Bingo, lunch, and cards (after lunch)

June 26, *11:30am*, Great Hall

Entertainment & Picnic: Steve Zorn & the Barbershop Quartet (no preregistration necessary)



For bus trip information, call Sherrie Blatzheim at (763) 783-8640