Series *Sermon-based Growth Group Questions*

November 22, 2020
Thankfulness

Introductory Discussion:
What insight from Sunday's sermon did you find most helpful, or eye-opening, or troubling (pick any or all of the above)?

Discussion:

1. Jeff facetiously mentioned several ways to be unthankful. How can doing the opposite help us to be thankful?
    a. How can your choice of words help or hurt your thankfulness?

    b. How can being more specific help you be thankful?

    c. Would it help you to keep a journal of reasons to be thankful?

    d. Does social media make you more or less thankful?

2. In Psalm 100, what do verses 1 and 2 command?

    a. Can you do that on command? How?

3. What in verse 3 tells us how we can be joyful and glad even when we don't feel it?

4. Again, what does verse 4 tell us to do?

    a. How does verse 5 help us do that?

5. Read Hebrews 13:15. How can remembering <u>who</u> God is help us be thankful?

6. What has God done for which you can be thankful?

7. What has God promised for which you can be thankful?

8. Consider circumstances in your life that are a struggle. How does being thankful change your perspective?