Series *Sermon-based Growth Group*
Psalms: Songs from the Heart
Part4: Thanksgiving
Questions
May 15, 2022

Introductory Discussion:
What from Sunday's sermon did you find most helpful, or eye-opening, or troubling (pick any or all of the above)?

Discussion:

1. **What is it about who God *<u>is</u>* that should lead us to praise Him?**
    a. **Why is it appropriate that He expects you to worship Him?**
    b. **Worship means "worthship." We should praise anyone or anything who is worthy. So, how does praising God reflect our understanding of truth and reality?**
2. **Why does David tell us to "know God" (verse 3)?**
    a. **How does *<u>really</u>* knowing God make a difference?**
    b. **How does really knowing Him affect your praise?**
3. **How does it change how you look at your circumstances to know that He loves you?**
    a. **Explain why we go through affliction if hHe loves us.**
4. **How does thanking Him change your outlook?**
    a. **What do you do if you don't feel very thankful?**
    b. **What is something that God had done or shown you in your life that you knew it was God intervening that you are thankful for?**
5. **In Psalm 69:29-30, David expresses great pain and yet he praises the name of God. How is that possible?**
    a. **How does the line, "let your salvation, O God, set me on high" explain how this is possible?**
6. **In verses 9-12, David does the right things spiritually, but he is laughed at for it. Has this happened to you?**

a. **How does David respond (verse 13)?**

b. **What does he understand about God's timing?**

7. **Why is praising God in difficult times more pleasing to Him than making sacrifices (verse 31)?**

    a. **What does it show us about our faith when we do this?**

8. **What is God showing you from this sermon and how can you apply it this week?**