
A THANKFUL HEART

———— Family Devotional for Thanksgiving Day ————

Colossians 3:15 (NIV)

"Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful."

Let's Begin

Colossians 3:15 reminds us of the intimate connection between a thankful heart and the peace of Christ. In honor of Thanksgiving, let's consider the powerful role gratitude has in enriching inner peace and unity.

Self Reflection

Reflect on moments when gratitude has brought a sense of peace to your heart. Consider how a thankful attitude can influence your relationships and interactions with others.

Engage and Share

Commit to nurturing a grateful heart, making it a daily habit rather than just a practice reserved for Thanksgiving. Seek opportunities to extend peace and gratitude to those around you, and encourage unity within your community. Going around the table, you are encouraged to share an idea about how you can make gratitude a daily practice.

Prayer

Lord, we thank you for the peace that comes from a thankful heart. Help us to express gratitude in every circumstance, knowing that your peace surpasses understanding. May our lives be a reflection of your love and unity. Amen.

Final Thoughts

As you embrace a thankful heart, may the peace of Christ rule in every aspect of your life. Let gratitude be the key that opens the door to inner peace and unity with those around you.