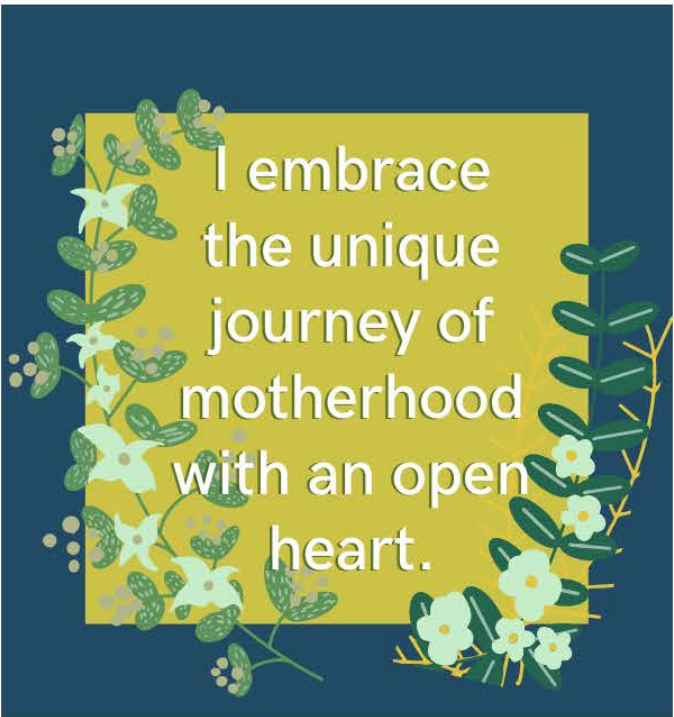





I am a
loving and
capable
mother.



I embrace
the unique
journey of
motherhood
with an open
heart.



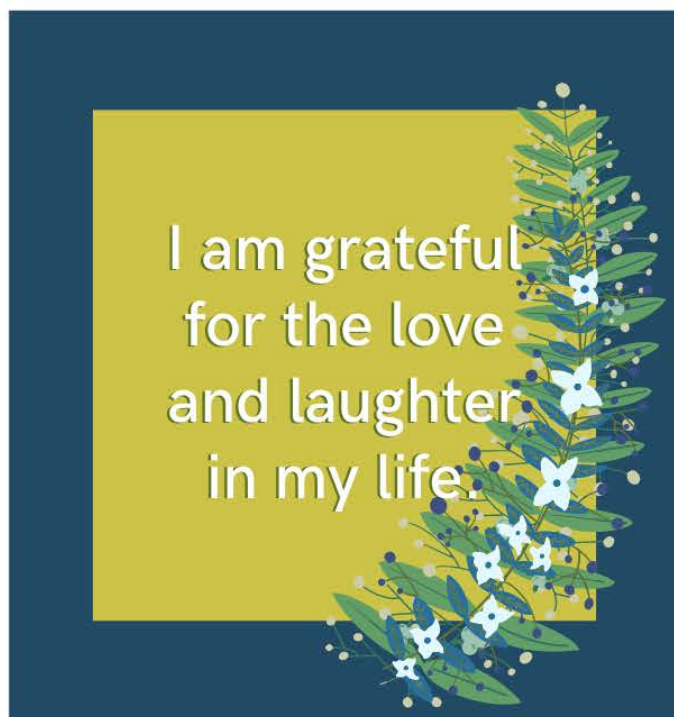
I learn from my
mistakes and
grow as a
mother.




I find joy in
the everyday
moments of
motherhood.



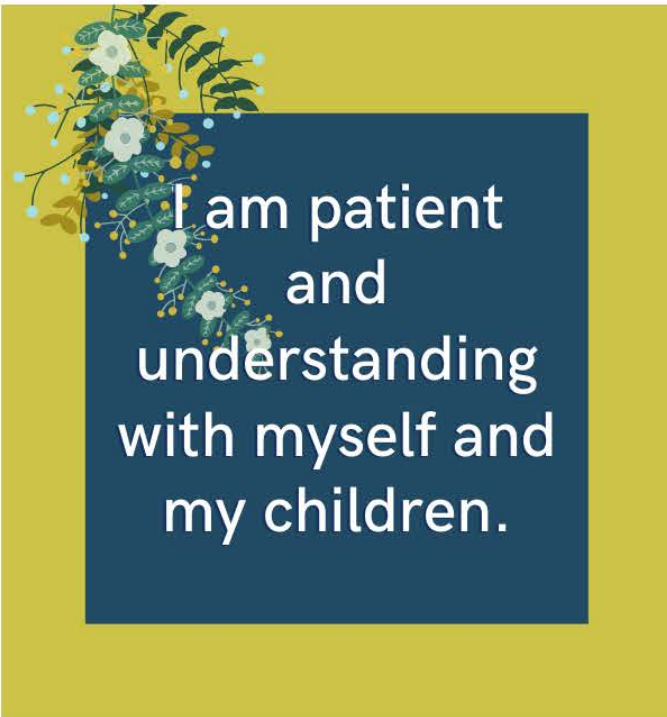
I am doing
my best,
and that is
enough.



I am grateful
for the love
and laughter
in my life.



I balance my
needs with the
needs of my
family.



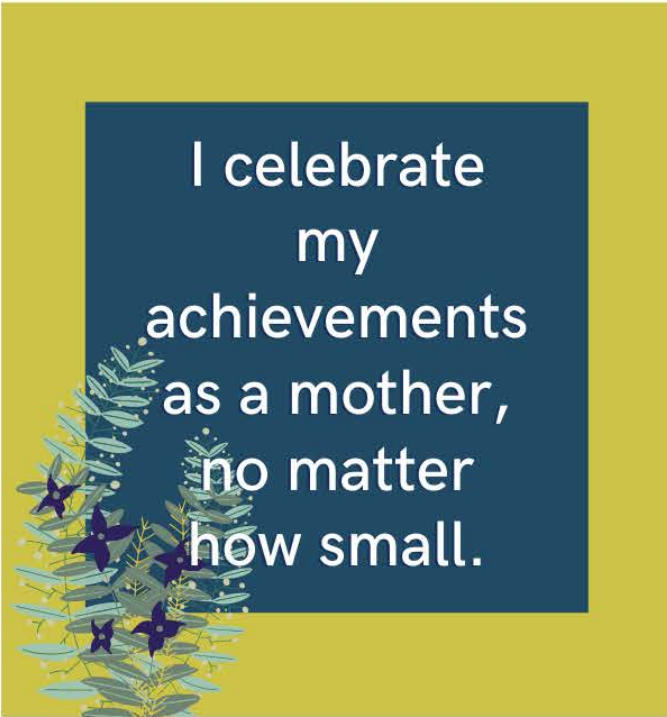
I am patient
and
understanding
with myself and
my children.



I create a
loving and
supportive
environment
for my family.



I allow
myself to
ask for help
when I
need it.



I celebrate
my
achievements
as a mother,
no matter
how small.



I am a source
of comfort
and strength
for my
children.