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# THANKSGIVING JOY

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Family Devotional for Thanksgiving Day

Philippians 4:4 (NIV)

*"Rejoice in the Lord always. I will say it again: Rejoice!"*

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## Let's Begin

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Today the apostle Paul's exhortation in Philippians 4:4 echoes with a powerful message. Today, let us ponder upon the connection between gratitude and joy, understanding that our thanksgiving can bring about a deep sense of rejoicing in the Lord.

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## Self Reflection

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Consider the times when gratitude has grown your perspective and brought joy to your heart. Reflect on how a thankful heart can lead to a more profound and lasting sense of happiness.

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## Engage and Share

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Challenge yourself to find joy in expressing thanks, not only for the blessings but also for the lessons learned through challenges. Taking a few moments, let us take turns to express our gratitude for an instance where God's grace allowed joy to multiply within us.

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## Prayer

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Lord, we rejoice in your goodness and give thanks for the joy that comes from knowing you. Help us nourish a spirit of gratitude that overflows into every aspect of our lives. May our thanksgiving be a source of true and lasting joy. Amen.

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## Final Thoughts

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As you count your blessings this Thanksgiving, may the joy of the Lord fill your heart. Let your gratitude be a testimony of the joy that comes from being anchored in His love.