

Fruit of the Spirit

Forbearance

Fruit of the Spirit

- Biblical Word Study
- Old and New Testament Examples
- Jesus' Fruit
- Practical Application
- Q&A

Galatians

5:19-25

Galatians 5:19-21

The acts of the flesh are obvious: sexual immorality, impurity and debauchery; idolatry and witchcraft; hatred, discord, jealousy, fits of rage, selfish ambition, dissensions, factions and envy; drunkenness, orgies, and the like. I warn you, as I did before, that those who live like this will not inherit the kingdom of God.

Galatians 5:22-25

But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law. Those who belong to Christ Jesus have crucified the flesh with its passions and desires. Since we live by the Spirit, let us keep in step with the Spirit.

Forbearance

Biblical Word Study

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- *Makrothymia*

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- *Thymos* = Passion, anger, temper, wrath, strong emotion
- Literally means, Long Tempered

Forbearance

- *Makrothymia*
 - State of remaining tranquil while awaiting an outcome

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- State of remaining tranquil while awaiting an outcome
- State of being able to bear up under provocation

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 - Situational Perseverance
- *Makrothymia* is Relational Perseverance

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- Refers to that patience or long-suffering shown by God toward sinners and toward fallible Christians
- The ability to put up with other people even when that is not an easy thing to do

Forbearance

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- To live in *makrothymia* is to embody the patience of God Himself
- It grows as believers contemplate God's own longsuffering toward them.

Break

Old and New Testament Examples

Old Testament

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 - Redemptive - designed to give space for repentance.
 - Moral - a model for Israel to imitate

Exodus 34:6-7

And he passed in front of Moses, proclaiming, "The Lord, the Lord, the compassionate and gracious God, slow to anger, abounding in love and faithfulness, maintaining love to thousands, and forgiving wickedness, rebellion and sin. Yet he does not leave the guilty unpunished; he punishes the children and their children for the sin of the parents to the third and fourth generation."

Joel 2:13

Rend your heart

and not your garments.

Return to the Lord your God,

for he is gracious and compassionate,
slow to anger and abounding in love,
and he relents from sending calamity.

Jonah 4:2-3

He prayed to the Lord, "Isn't this what I said, Lord, when I was still at home? That is what I tried to forestall by fleeing to Tarshish. I knew that you are a gracious and compassionate God, slow to anger and abounding in love, a God who relents from sending calamity."

Jonah 4:2-3

Now, Lord, take away my life, for it is better for me to die than to live."

Ephesians 4:2

Be completely humble and gentle; be patient, bearing with one another in love.

2 Timothy 4:2-5

Preach the word; be prepared in season and out of season; correct, rebuke and encourage—with great patience and careful instruction.

2 Timothy 4:2-5

For the time will come when people will not put up with sound doctrine. Instead, to suit their own desires, they will gather around them a great number of teachers to say what their itching ears want to hear. They will turn their ears away from the truth and turn aside to myths.

2 Timothy 4:2-5

But you, keep your head in all situations,
endure hardship, do the work of an evangelist,
discharge all the duties of your ministry.

Jesus' Fruit

Jesus As Forbearance

Jesus As Forbearance

- His Life — Patient Toward the Weak and Sinful

Luke 13:34-35

"Jerusalem, Jerusalem, you who kill the prophets and stone those sent to you, how often I have longed to gather your children together, as a hen gathers her chicks under her wings, and you were not willing. Look, your house is left to you desolate. I tell you, you will not see me again until you say, 'Blessed is he who comes in the name of the Lord.'"

Jesus As Forbearance

- His Life — Patient Toward the Weak and Sinful
- His Passion — Patience in Suffering

Luke 23:34

Jesus said, "Father, forgive them, for they do not know what they are doing."

Jesus As Forbearance

- His Life — Patient Toward the Weak and Sinful
- His Passion — Patience in Suffering
- His Mission — Patience in Salvation History

1 Timothy 1:15-16

Here is a trustworthy saying that deserves full acceptance: Christ Jesus came into the world to save sinners—of whom I am the worst. But for that very reason I was shown mercy so that in me, the worst of sinners, Christ Jesus might display his immense patience as an example for those who would believe in him and receive eternal life.

Jesus As Forbearance

- His Life — Patient Toward the Weak and Sinful
- His Passion — Patience in Suffering
- His Mission — Patience in Salvation History
- His Present Reign — Patient Lordship

2 Peter 3:9

The Lord is not slow in keeping his promise, as some understand slowness. Instead he is patient with you, not wanting anyone to perish, but everyone to come to repentance.

Jesus As Forbearance

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Practical Application

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 - Replace complaint with compassion.

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 - Make room for others’ slowness to change.

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 - Model the same gentleness Christ shows to you.

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 - Respond to offense with prayer, not retaliation.
 - Remember: God sees; vengeance belongs to Him
 - View suffering as a chance to reflect Christ's patience.

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- Do not allow anger to dictate the atmosphere but let grace shape it.
- People change slowly and often resist correction.
- Strength to endure injury without seeking revenge, trusting God's justice.

Q&A
