

CLIMB THE LADDER OF INTEGRITY

10- I hope and look forward to...

What I
hope
(9-10)

9- I think my honest sharing will
benefit our relationship by...

8- The most important thing I want
you to know is...

7- One thing I could do to improve
the situation is...

What I
value
(5-8)

6- I am willing/not willing to...

5- This issue is important to me because
I value...and I violate that value when...

4- My feelings about this are...
(What my reaction tells me about me is...)

3- My need in this issue is...

2- My part in this is...

1- Right now the issue on my mind is...
(I'm anxious in talking about this because...)

What is
going on
inside me
(1-4)



Be sure to stick to one issue.