

# Counseling Referrals

*WoodsEdge is not responsible for the services of these counselors and agencies. This list is provided as a courtesy only.*

## **Jennifer Cain, LPC, RPT**

Specialties: play therapy and individual counseling for children through age 12, parenting concerns, child loss, prenatal and postpartum support, LPC and RPT supervision for professionals

Contact: (281) 239-4306 | [jcain\\_wcs@yahoo.com](mailto:jcain_wcs@yahoo.com) | [willow-counseling.com](http://willow-counseling.com)

## **Carlos Calderon, LPC-S, CART, CGT | Christian Life Counseling**

Specialties: marriage, adults, adolescents, and children with issues in depression, anxiety, grief, trauma and abuse, ADHD/ADD, addiction, anger, stress management. Se habla español.

Contact: (281) 419-2323 | [professionalchristiancounselor.com](http://professionalchristiancounselor.com)

## **Anne Causey, MA, LPC**

Specialties: older children, adolescents, adults

Contact: (832) 492-5068 | [annecauseymalpc@gmail.com](mailto:annecauseymalpc@gmail.com) | [annecausey.com](http://annecausey.com)

## **Connect Psychological Services**

Services are individually tailored to meet each family's unique concerns. Common issues addressed include anxiety, depression, behavior problems, ADHD, Autism Spectrum Disorders, low self-esteem, social challenges, and parent-child challenges. Offers counseling for children.

Contact: (832) 534-3993 | [connectps.org](http://connectps.org)

## **Nathan Driskell, MA, LPC**

Specialties: addiction, Asperger's Disorder (high-functioning autism), gaming addiction, social media addiction, pornography addiction, depression, anxiety, bipolar disorder

Contact: (832) 559-3520 | [nathandriskell.com](http://nathandriskell.com)

### **LifeSpring Behavioral Health**

Specialties: anger management, PTSD, OCD, sleep disorders, personality disorders, alcoholism, drug abuse, binge eating disorder, gambling and gaming addictions

Contact: (281) 528-1523 | [info@lifespringbehavioral.com](mailto:info@lifespringbehavioral.com) | [lifespringbehavioral.com](http://lifespringbehavioral.com)

### **Beth Lindsey, MA, LPC**

Specialties: depression, anxiety, OCD, ADHD, unresolved trauma, relationship conflict, life transitions, grief and loss, disordered eating, poor body image

Contact: (713) 447-2770 | [bethlindseycounselingpllc@gmail.com](mailto:bethlindseycounselingpllc@gmail.com) | [resolvecc.com](http://resolvecc.com)

### **Janet Nicholas, MA, LPC, LCDC**

Specialties: individuals, marriage, family counseling

Contact: (713) 882-4268 | [janet@janetnicholas.com](mailto:janet@janetnicholas.com) | [janetnicholas.com](http://janetnicholas.com)

### **Shield Bearer**

Specialties: marriage and family counseling, trauma recovery

Contact: (281) 894-7222 | [shieldbearer.org](http://shieldbearer.org)

### **True North - The Woodlands**

Specialties: individuals, couples, parents, families

Contact: (932) 213-3130 | [info@truenorthtw.com](mailto:info@truenorthtw.com) | [truenorthtw.com](http://truenorthtw.com)