

Prayer Guide

Peace & Rest

"In peace I will lie down and sleep, for you alone, Lord, make me dwell in safety." Psalm 4: 8

The Armor of God

As we pursue rest and peace to be a daily rhythm, we can hold to ready ourselves in God's strength and protection:

Pray through each verse, to be diligent to take on God's daily provision:

Ephesians 6:10-20

- **Belt of Truth** (vs 14a).
- **Breastplate of Righteousness** (vs 14b).
- **Shoes of Peace** (vs 15).
- **Shield of Faith** (vs 16).
- **Helmet of Salvation** (vs 17a)
- **Sword of the Spirit** (17b).

PRAYER WARRIORS:

We serve a Holy God that encourages us towards peace and rest. We can contrast this with the busyness and distraction of life. Pray that we would hold fast as a body of Christ to truth in life's rhythm to pause and receive from our Father, who is gracious to provide.

Prayer Points

- **Pray for new rhythms to embrace rest, which may feel unnatural. Pray for hearts to desire how to rest**
 - "Whatever you have learned or received or heard from me, or seen in me- put it into practice. And the God of peace will be with you." **Philippians 4:9**
 - "Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light. " **Matthew 11:28-30**
- **Pray we would find rest in Jesus alone, whether in the routine of the day or challenging circumstances**
 - "My people will live in peaceful dwelling places, in secure homes, in undisturbed places of rest." **Isaiah 32:18**
 - "May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit." **Romans 15:13**
 - "The Lord replied, "My Presence will go with you, and I will give you rest." **Exodus 33:14**
 - "Truly my soul finds rest in God: my salvation comes from him." **Psalms 62:1**
- **Pray that we could collectively feel physical rest**
 - "The Lord is my shepherd, I lack nothing. He makes me lie down in green pastures, he leads me beside quiet waters, he refreshes my soul." **Psalms 23:1-3**
 - "When you lie down, you will not be afraid: when you lie down, your sleep will be sweet." **Proverbs 3:24**

- **Pray for mental peace and rest**

- “You will keep in perfect peace those whose minds are steadfast, because they trust in you.” **Isaiah 26:3**
- “Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.” **John 14:27**
- “Cast all your anxiety on him because he cares for you.” **1 Peter 5:7**

PRAY for: Upcoming Events

Pray over these upcoming events in your weekly intercession time.

Back2School Bash | August 2nd

Hundreds of children and families from our surrounding community will be on campus to receive backpacks full of school supplies. There will be a pancake breakfast, free haircuts, and inflatables available to these families. This year we are also making sure each child is prayed for. Please pray that each child would feel seen and loved, and that families would draw into intentional church connections to experience God’s great love and affection for them.

Re|engage Marriage Kick Off for the fall | August 13th or 20th

Marriage ministry for married couples needing to grow, restore, draw deeper in their relationship Christ and each other. Please pray for marriages to be strengthened, reconciled, and for healing with areas of brokenness.

Adult Baptism Celebration | August 30th

Pray for those taking steps of baptism. Ask God to fill them with his Spirit and to strengthen their faith as they publicly declare their commitment to Christ. |

Ways to Participate

Wednesday Prayer Service

Join us each Wednesday night for Prayer Service in the Worship Center at 7:00 p.m.
Pre-service prayer groups meet to press into prayer specific to different categories.

Prayer Chain

Join our prayer chain and intercede via email for the needs of our congregation, our community, and the ministries in our church.

24/7 Prayer

We invite you to take part in 24/7 prayer on the campus of WoodsEdge. You may pick a weekly time.
Request access by emailing us at prayer@woodsedge.org.

If you would like more information on ways to participate, please go to our website at www.woodsedge.org/prayer/