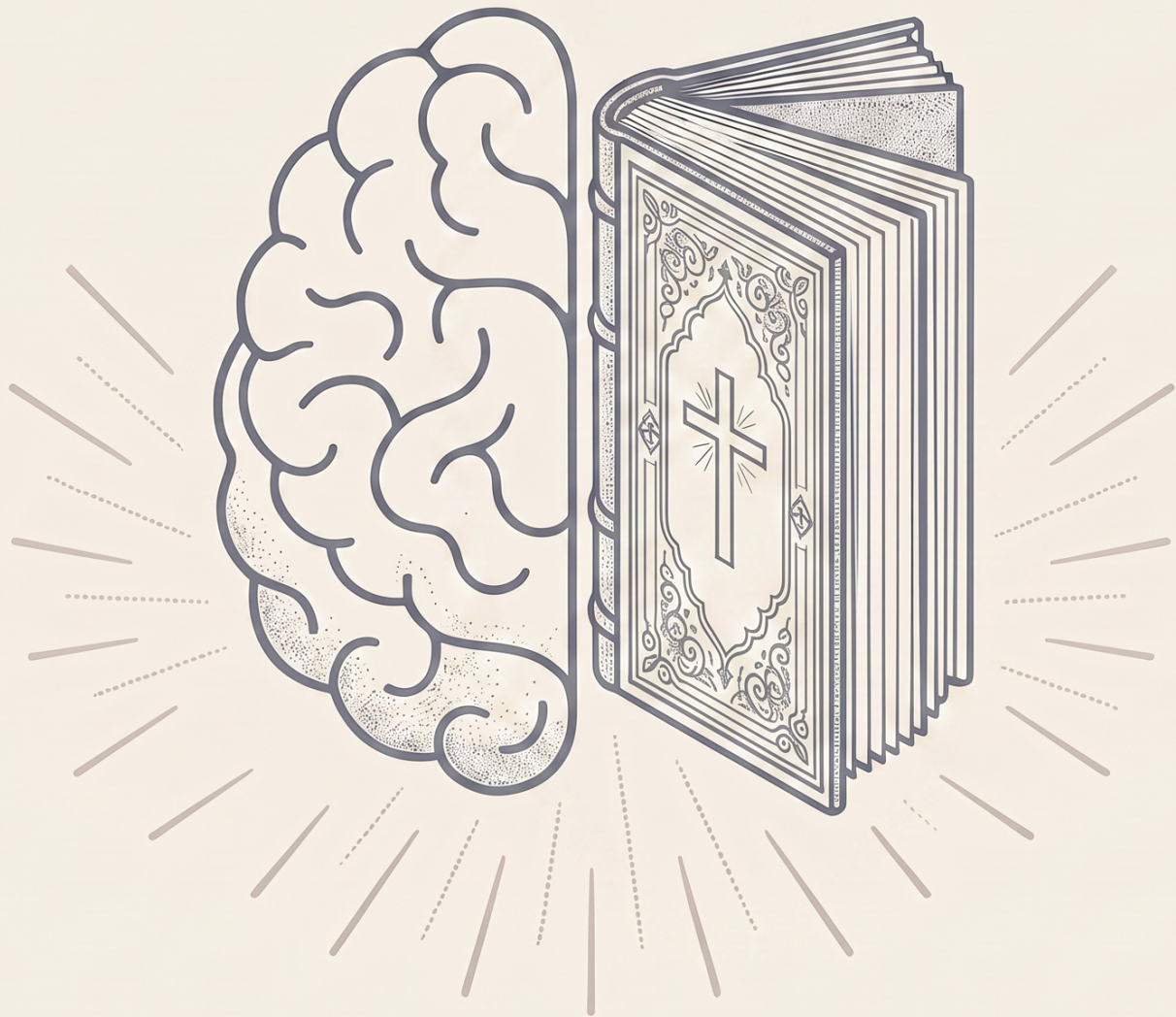


The Bible & Mental Health



— SERMON SERIES —



JULY 19, 2026

Beverly Heights Church

Welcome and Greeting

Rev. Dr. Nathanael Devlin, Senior Pastor

Announcements

Amy Lucas, Church Administrator

Psalm Instruction

Elissa Winker, Director of Music

<i>THE LORD GATHERS US FOR WORSHIP</i>

Prelude

Selections

Chad Winkler, *Accompanist*

*The first note of the prelude marks the beginning of worship. Please use this brief period of time for prayer and preparation while keeping conversation at a low volume and to a minimum. **Please refrain from clapping unless led to do so.***

Call to Worship

Leader: Come, let us worship and bow down; let us kneel before the LORD, our Maker!

People: For He is our God, and we are His people!

Congregational Introit: **Psalm 119**

Before Thee Let My Cry Come Near

Prayer of Invocation

Opening Psalm of Praise **No. 30B** (see bulletin) vv. 1-3

O Lord, I Will Exalt You

Responsive Reading: Psalm 17, Pg. 788, *Trinity Hymnal*

Rev. Dr. Kyle David Bennett, Assistant Pastor

Responsive Psalm **No. 30B** vv. 4, 5

O Lord, I Will Exalt You

<i>THE LORD CLEANSSES OUR SIN</i>
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Unison Prayer of Confession, Followed by Silent Confession of Sin

Pastor Bennett

Beloved in the Lord! Let us draw near with a humble heart and confess our sins to God, our Father, imploring Him in the name of our Lord Jesus Christ to grant us forgiveness

Leader: Blessed is the man against whom the Lord counts no iniquity!

People: And in whose spirit there is no deceit.

Leader: I said, I will confess my transgressions to the Lord,

People: And You forgave the guilt of my sin.

Before Thee Let My Cry Come Near

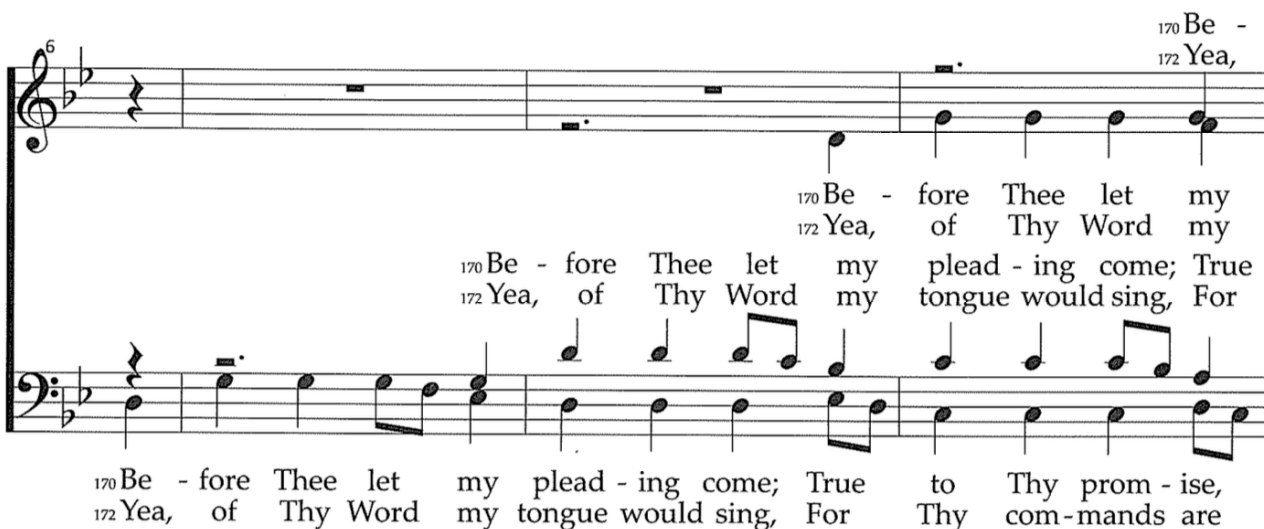
119

Psalm 119:169-176



1. ¹⁶⁹ Be - fore Thee let my cry come near, O LORD; true to Thy Word, teach me.
2. ¹⁷¹ Since Thou Thy stat-utes teach-est me, Oh, let my lips Thy praise con - fess.

melody



¹⁷⁰ Be - fore Thee let my
¹⁷² Yea, of Thy Word my

¹⁷⁰ Be - fore Thee let my plead - ing come; True
¹⁷² Yea, of Thy Word my tongue would sing, For

¹⁷⁰ Be - fore Thee let my plead - ing come; True to Thy prom - ise,
¹⁷² Yea, of Thy Word my tongue would sing, For Thy com - mands are



fore Thee let my plead - ing come;
of Thy Word my tongue would sing,

¹⁰ plead - ing come;
tongue would sing, True to Thy prom - ise, res - cue me.
to Thy prom - ise, res - cue me. For Thy com - mands are right - eous - ness.
Thy com - mands are right - eous - ness.

res - cue me.
right - eous - ness.

3. ¹⁷³ Be ready with Thy hand to help,
Because Thy precepts are my choice.
¹⁷⁴ I've longed for Thy salvation, LORD,
And in Thy holy law rejoice.

4. ¹⁷⁵ Oh, let Thine ordinances help;
My soul shall live and praise Thee yet.
¹⁷⁶ A straying sheep, Thy servant, seek,
For Thy commands I ne'er forget.

O LORD, I Will Exalt You

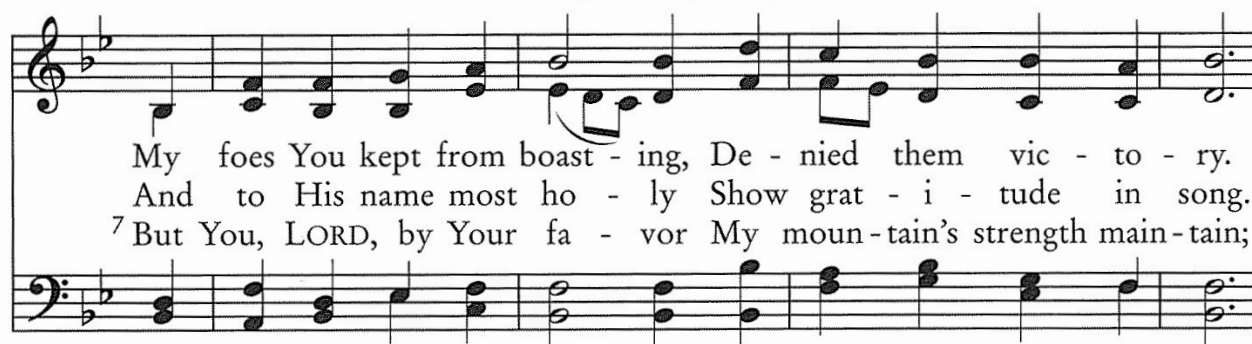
30B

Psalm 30

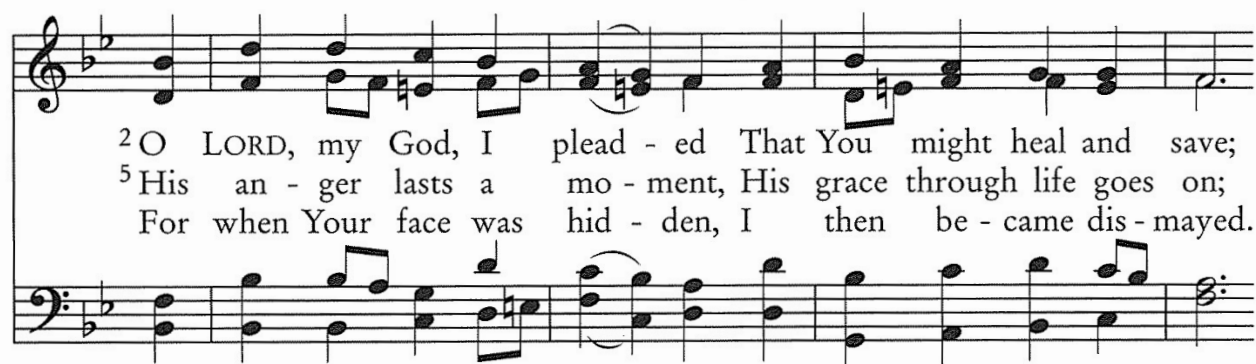
*If you have been raised up with Christ,
keep seeking the things above, where Christ is. — Colossians 3:1*



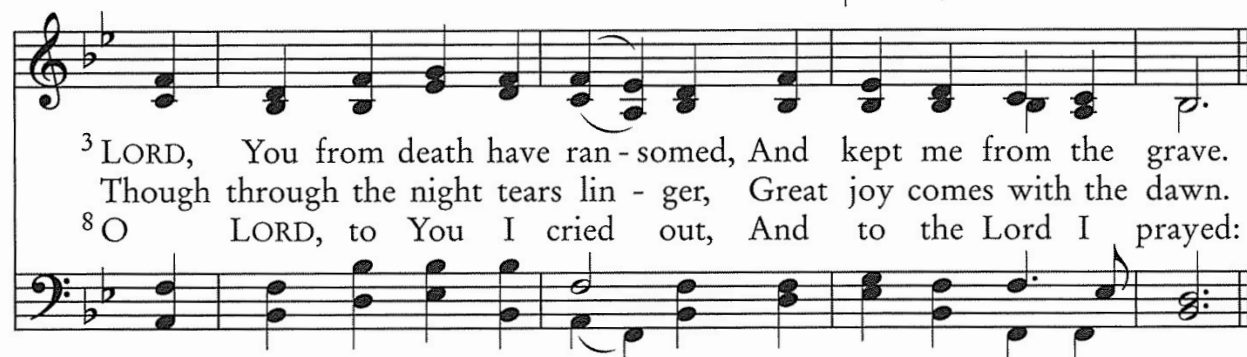
1. ¹ O LORD, I will ex - alt You, For You have lift - ed me;
2. ⁴ Sing prais - es, O you god - ly, Who to the LORD be - long;
3. ⁶ When pros - p'rous, I once boast - ed, "Un - moved I shall re - main."



My foes You kept from boast - ing, De - nied them vic - to - ry.
And to His name most ho - ly Show grat - i - tude in song.
⁷ But You, LORD, by Your fa - vor My moun - tain's strength main - tain;



² O LORD, my God, I plead - ed That You might heal and save;
⁵ His an - ger lasts a mo - ment, His grace through life goes on;
For when Your face was hid - den, I then be - came dis - mayed.



³ LORD, You from death have ran - somed, And kept me from the grave.
Though through the night tears lin - ger, Great joy comes with the dawn.
⁸ O LORD, to You I cried out, And to the Lord I prayed:

4. ⁹ "O where is the advantage
If my blood should be shed?
Will dust declare You faithful,
Can praise come from the dead?
¹⁰ O LORD, to me be gracious,
And hear me as I've prayed.
To You, O LORD, I cry out
O be my help, my aid."

5. ¹¹ You turned my grief to dancing,
From sackcloth set me free.
You wrapped me up in gladness;
I shall not silent be.
¹² Indeed, my soul, my glory,
Will praise You and adore;
O LORD, my God, I'll thank You
Both now and evermore.

Psalm 17

Hear, O Lord, my righteous plea;
listen to my cry.

**Give ear to my prayer— it does
not rise from deceitful lips.**

May my vindication come from
you; may your eyes see what is right.

**Though you probe my heart and
examine me at night, though you
test me, you will find nothing; I
have resolved that my mouth will
not sin.**

As for the deeds of men – by the
word of your lips I have kept myself
from the ways of the violent.

**My steps have held to your
paths; my feet have not slipped.**

I call on you, O God, for you will
answer me; give ear to me and hear
my prayer.

**Show the wonder of your great
love, you who save by your right
hand those who take refuge in
you from their foes.**

Keep me as the apple of your eye;
hide me in the shadow of your
wings from the wicked who assail
me, from my mortal enemies who
surround me.

**They close up their callous
hearts, and their mouths speak
with arrogance.**

They have tracked me down, they
now surround me, with eyes alert, to
throw me to the ground.

**They are like a lion hungry for
prey, like a great lion crouching
in cover.**

Rise up, O Lord, confront them,
bring them down; rescue me from
the wicked by your sword.

**O Lord, by your hand save me
from such men, from men of this
world whose reward is in this life.**

You still the hunger of those you
cherish; their sons have plenty, and
they store up wealth for their
children.

**And I – in righteousness I will
see your face; when I awake, I
will be satisfied with seeing your
likeness.**

Please bow your head. For those who are able, you are invited to kneel during the confession of sin.

Holy Father, forgive us. Though You should guide us, we inform ourselves. Though You should rule us, we control ourselves. Though You should fulfill us, we console ourselves. For we think Your truth too high, Your will too hard, Your power too remote, Your love too free. But they are not! And without them, we are of all people most miserable. Heal our confused mind with Your Word, heal our divided will with Your law, heal our troubled conscience with Your love, heal our anxious hearts with Your presence, all for the sake of Your Son, who loved us and gave Himself for us. Amen.

Assurance of Pardon

Hear the good news of the gospel: "He has delivered us from the domain of darkness and transferred us to the kingdom of his beloved Son, in whom we have redemption, the forgiveness of sins." In Christ Jesus, your sins are forgiven.

Unison Confession of Faith

The Apostles' Creed

I believe in God the Father Almighty, Maker of heaven and Earth.

**I believe in Jesus Christ, His only Son, our Lord,
who was conceived by the Holy Spirit, and born of the virgin Mary.
He suffered under Pontius Pilate, was crucified, died, and was buried;
He descended into hell. The third day He rose again from the dead.
He ascended into heaven and is seated at the right hand of God the Father Almighty.
From there He will come to judge the living and the dead.**

**I believe in the Holy Spirit, the holy catholic church, the communion of saints,
the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.**

Congregational Response **No. 731**

Doxology

**Praise God, from Whom all blessings flow; praise Him, all creatures here below;
Praise Him above, ye heav'nly host; praise Father, Son, and Holy Ghost.**

THE LORD SANCTIFIES OUR LIVES

Old Testament Lesson: Deuteronomy 31:16-29

Pastor Bennett

Psalm of Praise **No. 101**

vv. 1-3

Of Justice and of Grace I Sing

*All children remain in worship with their families.
The Walkabouts room and Nursery are open for usage but not staffed.
Please use the back sanctuary exits to access the stairs to these rooms.*

Scripture Reading

1 Thessalonians 5:12-28

Sermon

Pastor Devlin

The Bible and Mental Health
Confronting Our Stinking Thinking

Of Justice and of Grace I Sing

101

Psalm 101

1. Of jus - tice and of grace I sing, And pay my God my vows;
 2. The man who does his neigh - bor wrong, By false - hood or by force;
 3. The wretch who deals in sly de - ceit, I'll not en - dure a night;

Thy grace and jus - tice, Heav'n - ly King, Teach me to rule my house.
 The scorn - ful eye, the slan - d'rous tongue, I'll thrust them from my doors.
 The li - ar's tongue I ev - er hate, And ban - ish from my sight.

Now to my tent, O God, re - pair, And make Thy ser - vant wise;
 I'll seek the faith - ful and the just And will their help en - joy;
 I'll purge my fam - i - ly a - round, And make the wick - ed flee;

I'll suf - fer noth - ing near me there That shall of - fend Thine eyes.
 These are the friends that I shall trust, The ser - vants I'll em - ploy.
 So shall my house be ev - er found A dwell - ing fit for Thee.

THE LORD RECEIVES OUR GIFTS AND HEARTS

Call for the Offering and Offertory

Selections

Prayer for Our Ruling Elders

Pastor Bennett

Congregational Response **No. 734**

Gloria Patri

**Glory be to the Father, and to the Son, and to the Holy Ghost;
As it was in the beginning, is now, and ever shall be, world without end. Amen, amen.**

THE LORD MEETS US AT THE TABLE

Words of Institution and Examination of Conscience (*See bottom of page)

Invitation and Coming to the Table

***Please note: we will eat together in the pen.
Those who are unable to come to the table will be served in the pen.
The Elders are serving bread and wine.***

To better serve those with restrictions, please see Pastor Devlin for gluten-free bread and/or grape juice.

Communion Hymn

See Screen

Thank and Praise Jehovah's Name

Prayer of Thanksgiving followed by the Threefold Amen **No. 740**

Trinity Hymnal

THE LORD SCATTERS US TO ADVANCE HIS KINGDOM

Closing Psalm **No. 110**

vv. 1, 3

The Lord Has Spoken to My Lord

Benediction

Postlude

Selections

****May I Come to the Lord's Table?***

We warmly invite all baptized believers who trust in Jesus Christ as Lord and Savior, including those from other congregations, to partake in the Lord's Supper. As we come to the table, we rejoice as we remember our need to trust in Jesus Christ as Lord, to repent of sin, and to covenant once more to live as followers of Jesus. By eating the bread and drinking the wine with us as a visitor, you are acknowledging that you are a sinner, without hope except in the sovereign mercy of God, and that you are trusting in Jesus Christ alone for salvation. Those who are ignorant in their knowledge of Christ or who are living ungodly and unrepentant lives should refrain from the table. Baptized children may be admitted to the Lord's Supper provided their parents have appeared before the Pastor or Session to share their child's profession of faith, in a manner acceptable to the Session.

The LORD Has Spoken to My Lord

110

Psalms 110



1. ¹ The LORD has spo-ken to my Lord: "Sit here at My right hand
2. ³ When You dis-play Your might-y pow'r Your peo-ple come to You;
3. ⁵ The Lord at Your right hand will strike Earth's rul-ers in His wrath.



- Un - til I make Your foes a stool On which Your feet may stand."
At dawn, ar-rayed in ho-li-ness, Your youth ap-pear like dew.
⁶ A - mong the na-tions He will judge; The slain will fill His path.



- ² The LORD from Zi - on shall ex - tend The scep-ter of Your pow'r:
⁴ The LORD has sworn, and from His oath He'll nev-er be re-leased:
In ma-ny lands He'll crush their kings, His wrath will be their dread.



- "Rule all sur-round-ing en - e - mies, And be their con-quer - or."
"Of th'or-der of Mel - chi - ze - dek, You'll al-ways be a priest."
⁷ And from the way-side brook He'll drink, In vic - t'ry lift the head.



Worship at a Glance

A Brief Overview of our Worship Service and How to Participate

A Note to Parents

Children are encouraged to be in the sanctuary because we believe the Bible commands us to include children in the worship service. Parents have the privilege of training their children for worship every Lord's Day. We are happy to partner with you in that training. To assist in training, we encourage families with children to sit closer to the front with their kids and make use of the children's worship bags in the sanctuary. Childcare rooms are also available when additional training or discipline is necessary. For more information, feel free to contact Pastor Nate.

What is a Bulletin?

The bulletin contains our order of worship and includes all the information you need to worship with us on Sundays. The bulletin is not something we simply "work through" but a guide that helps us in our worship of God. **Our worship services are approximately 90 minutes.**

Announcements

Announcements about the ministry are given before the worship service begins. In the summer, we include a time of musical instruction as part of the announcements.

Prelude

The prelude is a musical selection that is played at the beginning of the worship service. During that time, worshipers are encouraged to pray and prepare their hearts and minds for worship. The prelude ends with the "ringing of the hour," which includes the Westminster Chime, followed by a Trinitarian bell.

Congregational Responses

Worship at Beverly Heights is "dialogical," meaning it is a dialogue between God and His people. The Pastor calls and the congregation responds throughout the service. All responsive readings for the congregation are in **bold**. The congregation also responds by kneeling for confession, standing for the reading of God's word before the sermon, and declaring "Amen" after prayer and song.

Confessions of Sin and Faith

Each Sunday, the congregation is invited to confess their sins. We first confess corporately, followed by a time of silent and private confession. Everyone is invited to bow their heads and, for those who are able, to kneel for confession. Following the confession of sin, the pastor offers assurance of your forgiveness. The congregation then joins in a unison confession of faith through one of the ecumenical creeds (Apostles' Creed, Nicene Creed, Definition of Chalcedon).

Music

Our worship service includes weekly special music. Normally, the choir (which is the "first-fruit" of the voice) sings an anthem on behalf of the congregation. When the choir is in recess, special music is offered by soloists or ensembles. We refrain from clapping for these musical offerings but respond as a congregation by lifting up our hands and singing the Doxology *a cappella*. All congregational music for the service can be found in the bulletin, the Trinity Hymnbook, or the Summer Psalter. Our Director of Music cantors to assist the congregation in singing.

Scripture Readings

There are two scripture lessons during the worship service, normally one from the Old Testament and one from the New Testament. We always stand for the reading before the sermon in keeping with the model found in Nehemiah 8:5.

Sermon

The preaching of the word is understood as a direct address by God through the preacher to the congregation. Our sermons are predominantly exegetical (derived from the text) but sometimes topical. Most sermons will include an introduction, an explanation of the text, an application, and a takeaway (call to action).

Offering

Every Lord's Day includes the opportunity to present an offering to the Lord in the form of gifts, tithes, offerings, and prayers. (A "tithe" is defined by the scriptures as a tenth of our income.)

Pastoral Prayer

Following the offering, a pastoral prayer is made on behalf of the congregation. The subject of the prayer varies weekly, and worshipers are encouraged to join in the prayer by faith.

Communion

We practice weekly communion in worship. All baptized believers who trust in Jesus Christ as Lord and Savior are invited to partake in the Lord's Supper (See additional note in bulletin). Worshipers come to the front of the sanctuary to receive the bread and wine, but all partake of the elements together in the pews. As you receive the elements, the congregation is invited to sing. After communion, there is a "Eucharistic" (thanksgiving) prayer, followed by the singing of the threefold "Amen."

Closing

After communion, the congregation sings a closing hymn or Psalm, followed by the benediction. The benediction is a blessing given by God to the congregation by the pastor. All worshipers are encouraged to stretch out their hands as a gesture of receptivity as they receive the benediction.

Postlude

The service ends with the playing of a postlude.

THIS WEEK AT BEVERLY HEIGHTS

SUNDAY, JULY 19

9:00 AM Worship Service

MONDAY, JULY 20

Church Offices Closed

TUESDAY, JULY 21

WEDNESDAY, JULY 22

12:00 PM Brown Bag Lunch -
Discussion with the Session

THURSDAY, JULY 23

FRIDAY, JULY 24

6:30 PM Master's Music Academy
Summer Musical
Performance

SATURDAY, JULY 25

SUNDAY, JULY 26

9:00 AM Worship Service

The Bible And Mental Health Sermon Series

July 5	Lies My Therapist Told Me
July 12	Affections, Passions, Feelings and Emotions
July 19	Nouthetics and the Noetic Effects of Sin
July 26	Identity
August 2	Anxiety
August 9	Depression
August 16	The Psychology of Death
August 23	Lust and Addiction
August 30	Suffering, Abuse and Happiness
September 6	Anger

Beverly Heights Presbyterian Church

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Gathered By His Love For Us ~ Scattered By Our Love For Him