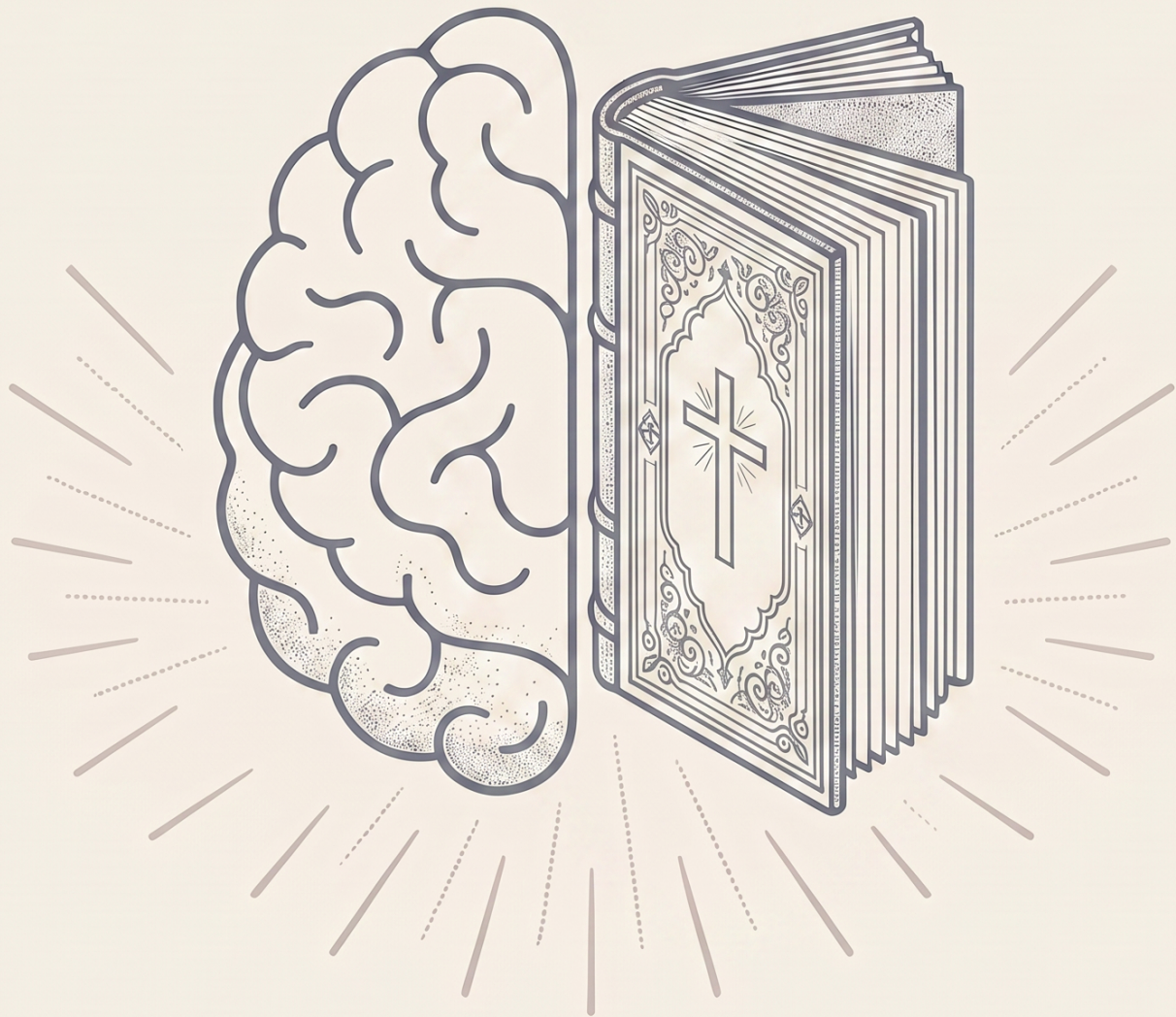


The Bible & Mental Health



— SERMON SERIES —



JULY 26, 2026

Beverly Heights Church

Welcome and Greeting

Rev. Dr. Nathanael Devlin, Senior Pastor

Announcements

Amy Lucas, Church Administrator

Psalm Instruction

Elissa Winker, Director of Music

<i>THE LORD GATHERS US FOR WORSHIP</i>

Prelude

Prelude No. 21 in Bb Major

J.S. Bach

Hudson Winkler, *organ*

*The first note of the prelude marks the beginning of worship. Please use this brief period of time for prayer and preparation while keeping conversation at a low volume and to a minimum. **Please refrain from clapping unless led to do so.***

Call to Worship

Leader: Come, let us worship and bow down; let us kneel before the LORD, our Maker!

People: For He is our God, and we are His people!

Congregational Introit: **Psalm 134**

Behold, Bless the LORD

Prayer of Invocation

Opening Psalm of Praise **No. 150** (see bulletin) vv. 1-3

Sing Hallelujah! Praise the LORD!

Responsive Reading from Psalm 139

Rev. Peter A. Chace, Assistant Pastor

Leader: O LORD, You have searched me and known me! You know when I sit down and when I rise up; You discern my thoughts from afar. You search out my path and my lying down and are acquainted with all my ways.

People: Even before a word is on my tongue, behold, O LORD, You know it altogether. You hem me in, behind and before, and lay Your hand upon me. Such knowledge is too wonderful for me; it is high; I cannot attain it.

Leader: For You formed my inward parts; You knitted me together in my mother's womb. I praise You, for I am fearfully and wonderfully made. Wonderful are Your works; my soul knows it very well.

People: Search me, O God, and know my heart! Try me and know my thoughts! And see if there be any grievous way in me, and lead me in the way everlasting!

Responsive Psalm **No. 91**

vv. 1, 2

Incarnate God!

134

Psalm 134

Psalm 134

3-part canon

A Song of Ascents.

¹ Behold, bless the LORD, All you servants of the LORD, Who by night stand in the house of the LORD!

² Lift up your hands in the sanc-tu-ar - y, And bless the LORD.

³ The LORD who made heav'n and earth Bless you from Zi - on!

G G D Em $\frac{G}{D}$ C $\frac{G}{D}$ D G

Music: David R. Erb, 2007 ©

Text: *Holy Bible, New King James Version*, 1982 ©

Psalm 150



1. ¹Sing hal - le - lu - jah! Praise the LORD! Praise God with - in his
 2. Praise God whose maj - es - ty a - bounds! ³O praise him with the
 3. ⁵With sound - ing cym - bals praise the LORD! With clash - ing cym - bals



sa - cred courts! Hal - le - lu - jah! Hal - le - lu - jah! Praise, praise him
 trum - pet sound! Hal - le - lu - jah! Hal - le - lu - jah! Praise God with
 praise a - loud! Hal - le - lu - jah! Hal - le - lu - jah! ⁶Let all that



in his heav'n - ly height! ²Praise, praise him for his deeds of might!
 lute and harp and strings, ⁴with dance and pipe and tam - bou - rine!
 breathes now praise the LORD! O praise the LORD for - ev - er - more!

91

Incarnate God!

Psalm 91

1. In - car - nate God! the soul that knows Your name's mys - ter - ious pow'r,
 2. In vain the fowl - er spreads his net To draw them from Your care;
 3. No mid - night ter - rors haunt their bed, No ar - row wounds by day;
 4. The an - gels' Lord Him - self is nigh To them that love His name;

Will dwell in un - dis - turbed re - pose Nor fear the try - ing hour.
 Your time - ly call in - structs their feet To shun the art - ful snare.
 Un - hurt on ser - pents they shall tread, If found in du - ty's way.
 Is quick to save them when they cry, And put their foes to shame.

Your wis - dom, faith - ful - ness, and love To fee - ble, frail and worn,
 When, like a bane - ful pest - i - lence, Sin mounts its thou - sands down,
 An - gels un - seen, at - tend the saints And bear them in their arms,
 The Lord will an - swer when they call Long as they so - journ here,

A shel - ter and a re - fuge prove From en - e - my and storm.
 On ev - 'ry side with - out de - fense His grace se - cures His own.
 To cheer the spir - it when it faints, And guard their life from harms.
 Be - cause the Lord is their de - fense What have the saints to fear?

THE LORD CLEANSSES OUR SIN

Unison Prayer of Confession, Followed by Silent Confession of Sin

Pastor Chace

Beloved in the Lord! Let us draw near with a humble heart and confess our sins to God, our Father, imploring Him in the name of our Lord Jesus Christ to grant us forgiveness

Leader: Blessed is the man against whom the Lord counts no iniquity!

People: And in whose spirit there is no deceit.

Leader: I said, I will confess my transgressions to the Lord,

People: And You forgave the guilt of my sin.

Please bow your head. For those who are able, you are invited to kneel during the confession of sin.

God of all mercy, in our baptisms You have marked us as Your own; You have given us a new identity and made us part of the body of Christ. In doing so, You have called us to rise to new life and to live together in community. However, we have not been faithful to Your call. We have forged our own identity and held to destructive habits. We confess we have failed to welcome others, broken bonds we have had with brothers and sisters, and served ourselves more than You. Forgive us, we pray, for the sake of Christ, our Savior. Amen.

Assurance of Pardon

Hear the good news of the gospel: "We were buried with him by baptism into death, so that, just as Christ was raised from the dead by the glory of the Father, we too might walk in newness of life." In Christ Jesus, your sins are forgiven.

Unison Confession of Faith

The Apostles' Creed

I believe in God the Father Almighty, Maker of heaven and Earth.

**I believe in Jesus Christ, His only Son, our Lord,
who was conceived by the Holy Spirit, and born of the virgin Mary.
He suffered under Pontius Pilate, was crucified, died, and was buried;
He descended into hell. The third day He rose again from the dead.
He ascended into heaven and is seated at the right hand of God the Father Almighty.
From there He will come to judge the living and the dead.**

**I believe in the Holy Spirit, the holy catholic church, the communion of saints,
the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.**

Congregational Response **No. 731**

Doxology

**Praise God, from Whom all blessings flow; praise Him, all creatures here below;
Praise Him above, ye heav'nly host; praise Father, Son, and Holy Ghost.**

THE LORD SANCTIFIES OUR LIVES

Old Testament Lesson: Lamentations 3:1-24

Pastor Chace

Psalm of Praise **No. 91**

vv. 3, 4

Incarnate God!

*All children remain in worship with their families.
The Walkabouts room and Nursery are open for usage but not staffed.
Please use the back sanctuary exits to access the stairs to these rooms.*

Scripture Reading

Philippians 2:1-11

Sermon

Pastor Devlin

The Bible and Mental Health
Have This Mind Among Yourselves

THE LORD RECEIVES OUR GIFTS AND HEARTS

Call for the Offering and Offertory

Be Still and Know
Holly Devlin, *soprano*; Chad Winkler, *piano*

Marrolli

Prayer for Mt. Lebanon Township

Pastor Chace

Congregational Response **No. 734**

Gloria Patri

**Glory be to the Father, and to the Son, and to the Holy Ghost;
As it was in the beginning, is now, and ever shall be, world without end. Amen, amen.**

THE LORD MEETS US AT THE TABLE

Words of Institution and Examination of Conscience (*See bottom of page)

Invitation and Coming to the Table

*Please note: we will eat together in the pew.
Those who are unable to come to the table will be served in the pew.
The Elders are serving bread and wine.
To better serve those with restrictions, please see Pastor Devlin for gluten-free bread and/or grape juice.*

Communion Hymn

See Screen

O God, to Thine Anointed King

Prayer of Thanksgiving followed by the Threefold Amen **No. 740**

Trinity Hymnal

THE LORD SCATTERS US TO ADVANCE HIS KINGDOM

Closing Psalm **No. 119**

v. 1

Before Thee Let My Cry Come Near

Benediction

Postlude

The Son of God Goes Forth to War

****May I Come to the Lord's Table?***

We warmly invite all baptized believers who trust in Jesus Christ as Lord and Savior, including those from other congregations, to partake in the Lord's Supper. As we come to the table, we rejoice as we remember our need to trust in Jesus Christ as Lord, to repent of sin, and to covenant once more to live as followers of Jesus. By eating the bread and drinking the wine with us as a visitor, you are acknowledging that you are a sinner, without hope except in the sovereign mercy of God, and that you are trusting in Jesus Christ alone for salvation. Those who are ignorant in their knowledge of Christ or who are living ungodly and unrepentant lives should refrain from the table. Baptized children may be admitted to the Lord's Supper provided their parents have appeared before the Pastor or Session to share their child's profession of faith, in a manner acceptable to the Session.

Before Thee Let My Cry Come Near

119

Psalm 119:169-176



1. ¹⁶⁹ Be - fore Thee let my cry come near, O LORD; true to Thy Word, teach me.
2. ¹⁷¹ Since Thou Thy stat-utes teach-est me, Oh, let my lips Thy praise con-fess.

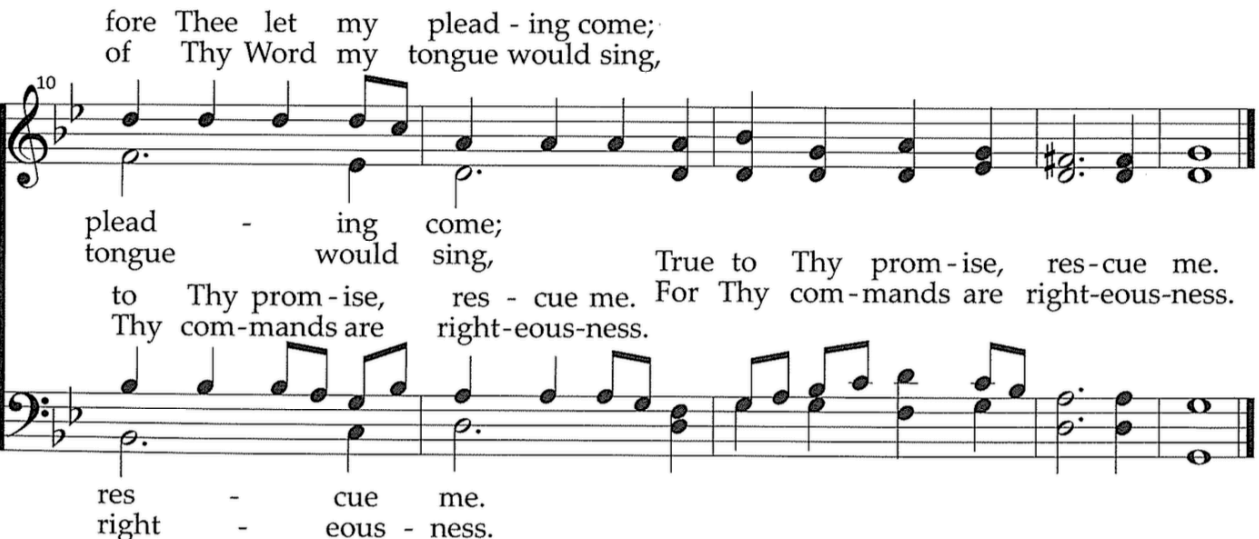
melody



¹⁷⁰ Be - fore Thee let my
¹⁷² Yea, of Thy Word my

¹⁷⁰ Be - fore Thee let my plead - ing come; True
¹⁷² Yea, of Thy Word my tongue would sing, For

¹⁷⁰ Be - fore Thee let my plead - ing come; True to Thy prom - ise,
¹⁷² Yea, of Thy Word my tongue would sing, For Thy com-mands are



fore Thee let my plead - ing come;
of Thy Word my tongue would sing,

plead - ing come;
tongue would sing, True to Thy prom - ise, res-cue me.
to Thy prom - ise, res - cue me. For Thy com-mands are right-eous-ness.
Thy com-mands are right-eous-ness.

res - cue me.
right - eous - ness.

3. ¹⁷³ Be ready with Thy hand to help,
Because Thy precepts are my choice.
¹⁷⁴ I've longed for Thy salvation, LORD,
And in Thy holy law rejoice.

4. ¹⁷⁵ Oh, let Thine ordinances help;
My soul shall live and praise Thee yet.
¹⁷⁶ A straying sheep, Thy servant, seek,
For Thy commands I ne'er forget.

Worship at a Glance

A Brief Overview of our Worship Service and How to Participate

A Note to Parents

Children are encouraged to be in the sanctuary because we believe the Bible commands us to include children in the worship service. Parents have the privilege of training their children for worship every Lord's Day. We are happy to partner with you in that training. To assist in training, we encourage families with children to sit closer to the front with their kids and make use of the children's worship bags in the sanctuary. Childcare rooms are also available when additional training or discipline is necessary. For more information, feel free to contact Pastor Nate.

What is a Bulletin?

The bulletin contains our order of worship and includes all the information you need to worship with us on Sundays. The bulletin is not something we simply "work through" but a guide that helps us in our worship of God. **Our worship services are approximately 90 minutes.**

Announcements

Announcements about the ministry are given before the worship service begins. In the summer, we include a time of musical instruction as part of the announcements.

Prelude

The prelude is a musical selection that is played at the beginning of the worship service. During that time, worshipers are encouraged to pray and prepare their hearts and minds for worship. The prelude ends with the "ringing of the hour," which includes the Westminster Chime, followed by a Trinitarian bell.

Congregational Responses

Worship at Beverly Heights is "dialogical," meaning it is a dialogue between God and His people. The Pastor calls and the congregation responds throughout the service. All responsive readings for the congregation are in **bold**. The congregation also responds by kneeling for confession, standing for the reading of God's word before the sermon, and declaring "Amen" after prayer and song.

Confessions of Sin and Faith

Each Sunday, the congregation is invited to confess their sins. We first confess corporately, followed by a time of silent and private confession. Everyone is invited to bow their heads and, for those who are able, to kneel for confession. Following the confession of sin, the pastor offers assurance of your forgiveness. The congregation then joins in a unison confession of faith through one of the ecumenical creeds (Apostles' Creed, Nicene Creed, Definition of Chalcedon).

Music

Our worship service includes weekly special music. Normally, the choir (which is the "first-fruit" of the voice) sings an anthem on behalf of the congregation. When the choir is in recess, special music is offered by soloists or ensembles. We refrain from clapping for these musical offerings but respond as a congregation by lifting up our hands and singing the Doxology *a cappella*. All congregational music for the service can be found in the bulletin, the Trinity Hymnbook, or the Summer Psalter. Our Director of Music cantors to assist the congregation in singing.

Scripture Readings

There are two scripture lessons during the worship service, normally one from the Old Testament and one from the New Testament. We always stand for the reading before the sermon in keeping with the model found in Nehemiah 8:5.

Sermon

The preaching of the word is understood as a direct address by God through the preacher to the congregation. Our sermons are predominantly exegetical (derived from the text) but sometimes topical. Most sermons will include an introduction, an explanation of the text, an application, and a takeaway (call to action).

Offering

Every Lord's Day includes the opportunity to present an offering to the Lord in the form of gifts, tithes, offerings, and prayers. (A "tithe" is defined by the scriptures as a tenth of our income.)

Pastoral Prayer

Following the offering, a pastoral prayer is made on behalf of the congregation. The subject of the prayer varies weekly, and worshipers are encouraged to join in the prayer by faith.

Communion

We practice weekly communion in worship. All baptized believers who trust in Jesus Christ as Lord and Savior are invited to partake in the Lord's Supper (See additional note in bulletin). Worshipers come to the front of the sanctuary to receive the bread and wine, but all partake of the elements together in the pews. As you receive the elements, the congregation is invited to sing. After communion, there is a "Eucharistic" (thanksgiving) prayer, followed by the singing of the threefold "Amen."

Closing

After communion, the congregation sings a closing hymn or Psalm, followed by the benediction. The benediction is a blessing given by God to the congregation by the pastor. All worshipers are encouraged to stretch out their hands as a gesture of receptivity as they receive the benediction.

Postlude

The service ends with the playing of a postlude.

THIS WEEK AT BEVERLY HEIGHTS

SUNDAY, JULY 26
9:00 AM Worship Service

MONDAY, JULY 27
Church Offices Closed

TUESDAY, JULY 28

WEDNESDAY, JULY 29
12:00 PM Brown Bag Lunch -
Discussion with the Session

THURSDAY, JULY 30

FRIDAY, JULY 31

SATURDAY, AUGUST 1

SUNDAY, AUGUST 2
9:00 AM Worship Service
10:30 AM Linger Longer Fellowship

The Bible And Mental Health Sermon Series

July 5	Lies My Therapist Told Me
July 12	Affections, Passions, Feelings and Emotions
July 19	Nouthetics and the Noetic Effects of Sin
July 26	Identity
August 2	Anxiety
August 9	Depression
August 16	The Psychology of Death
August 23	Lust and Addiction
August 30	Suffering, Abuse and Happiness
September 6	Anger

Beverly Heights Presbyterian Church

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Gathered By His Love For Us ~ Scattered By Our Love For Him