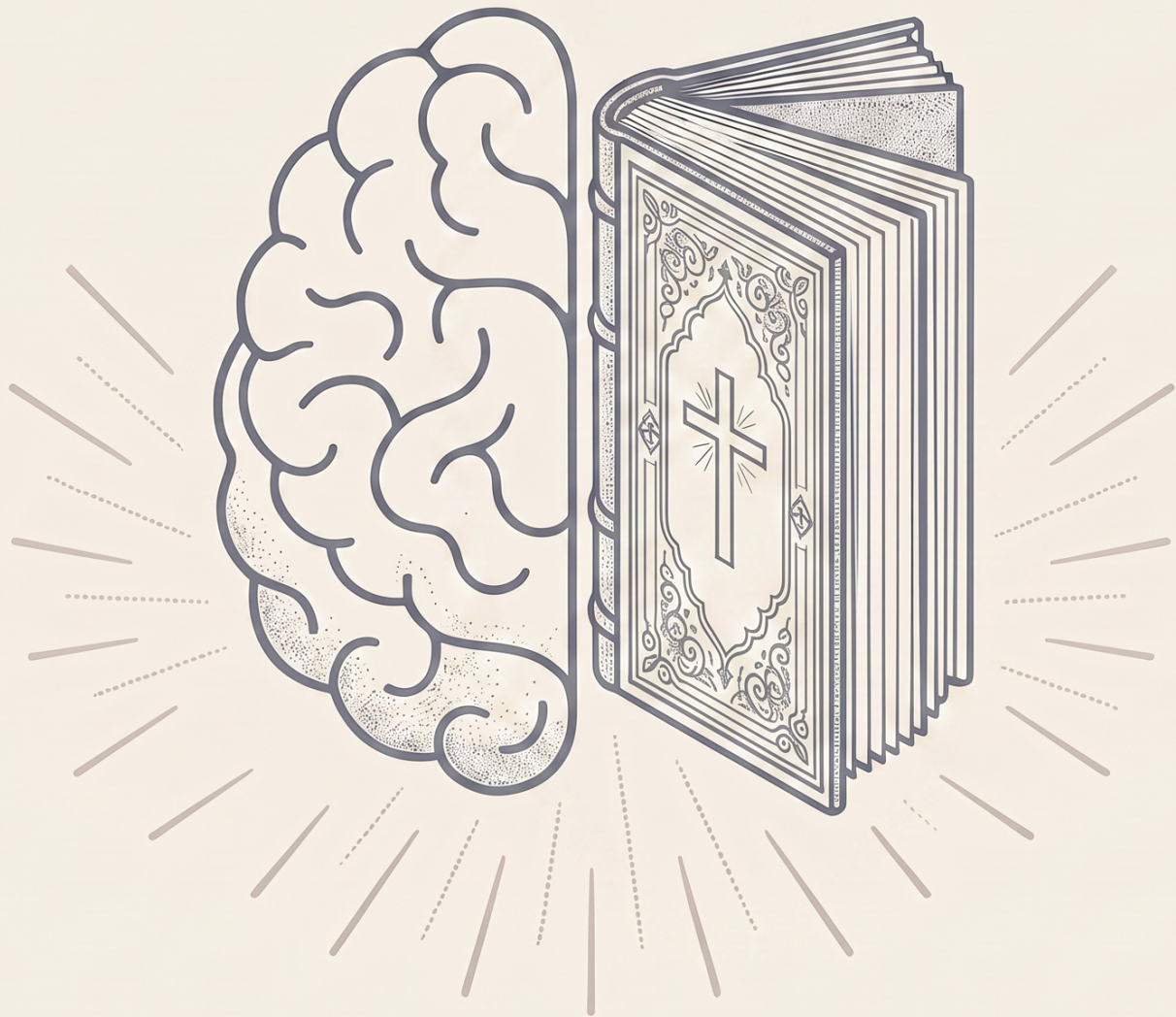


The Bible & Mental Health



— SERMON SERIES —



AUGUST 30, 2026

Beverly Heights Church

Welcome and Greeting

Rev. Dr. Nathanael Devlin, Senior Pastor

Announcements

Amy Lucas, Church Administrator

<i>THE LORD GATHERS US FOR WORSHIP</i>

Prelude

Come, Thou Fount

Gaspard

Jinna Park, Organist and Accompanist

*The first note of the prelude marks the beginning of worship. Please use this brief period of time for prayer and preparation while keeping conversation at a low volume and to a minimum. **Please refrain from clapping unless led to do so.***

Call to Worship

Leader: Come, let us worship and bow down; let us kneel before the LORD, our Maker!

People: For He is our God, and we are His people!

Congregational Introit: Psalm 100

vv. 1, 2

All Earth, With Joy

**All earth, with joy, to the LORD
come with loud voices ringing.
With gladness serve the LORD;
come to Him joyfully singing.
The LORD is God.
Know that He made us His own.
We are the sheep of His pasture.**

**Enter His gates with thanksgiving,
to His courts come praising.
To Him be thankful, and
bless His name, your voices raising.
The LORD is good;
His lovingkindness endures,
His faithfulness lasts forever.**

Prayer of Invocation

Opening Psalm of Praise **No. 21**

vv. 4-6

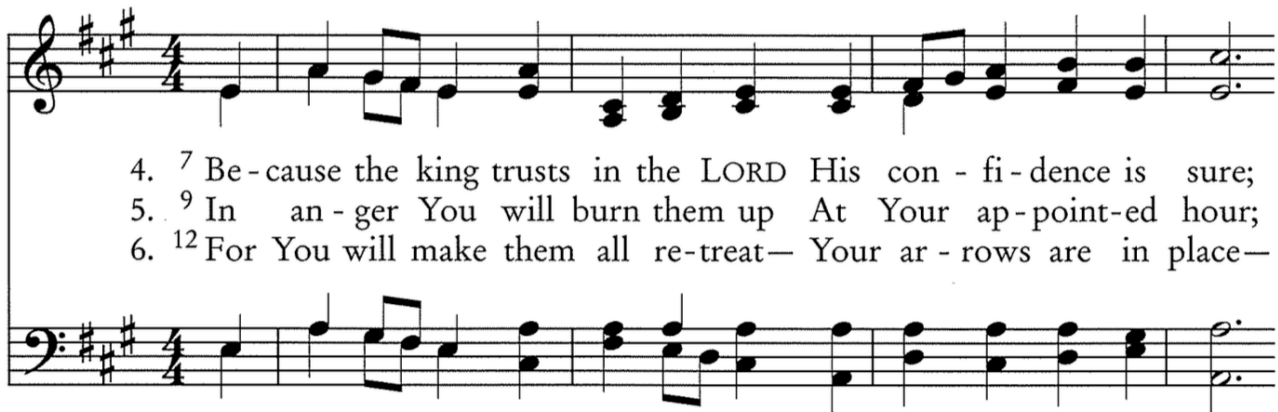
Because the King Trusts in the LORD

Responsive Reading from Psalm 116

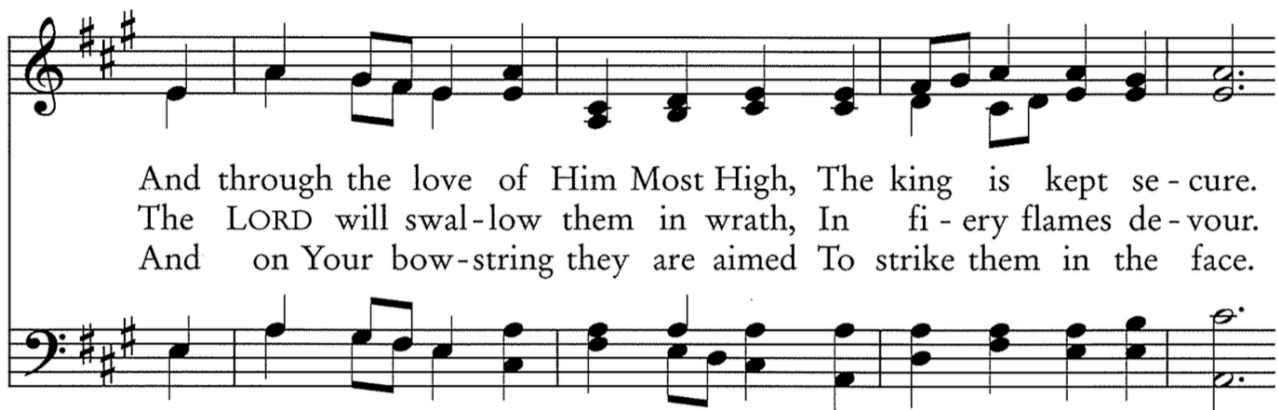
Rev. Peter A. Chace, Assistant Pastor

Leader: I love the LORD, because He has heard my voice and my pleas for mercy. Because He inclined His ear to me, therefore I will call on Him as long as I live. The snares of death encompassed me; the pangs of Sheol laid hold on me; I suffered distress and anguish. Then I called on the name of the LORD: "O LORD, I pray, deliver my soul!

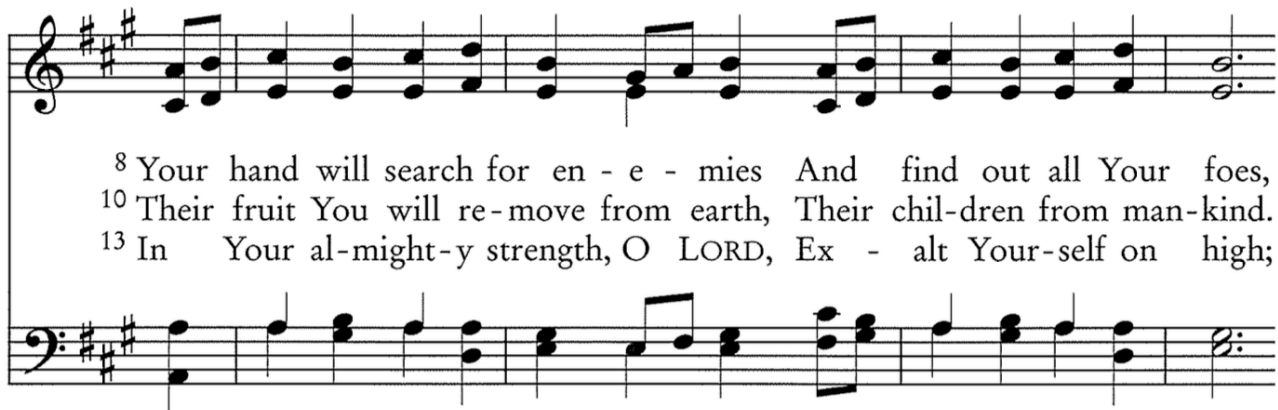
People: Gracious is the LORD, and righteous; our God is merciful. The LORD preserves the simple; when I was brought low, He saved me. Return, O my soul, to your rest; for the LORD has dealt bountifully with you.



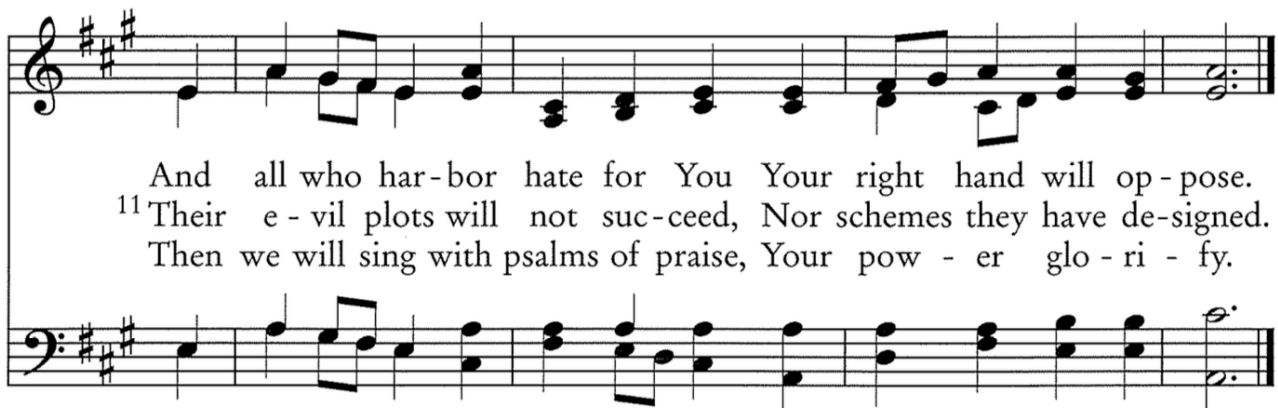
4. ⁷ Be - cause the king trusts in the LORD His con - fi - dence is sure;
 5. ⁹ In an - ger You will burn them up At Your ap - point - ed hour;
 6. ¹² For You will make them all re - treat— Your ar - rows are in place—



And through the love of Him Most High, The king is kept se - cure.
 The LORD will swal - low them in wrath, In fi - ery flames de - vour.
 And on Your bow - string they are aimed To strike them in the face.



⁸ Your hand will search for en - e - mies And find out all Your foes,
¹⁰ Their fruit You will re - move from earth, Their chil - dren from man - kind.
¹³ In Your al - might - y strength, O LORD, Ex - alt Your - self on high;



And all who har - bor hate for You Your right hand will op - pose.
¹¹ Their e - vil plots will not suc - ceed, Nor schemes they have de - signed.
 Then we will sing with psalms of praise, Your pow - er glo - ri - fy.

Leader: For you have delivered my soul from death, my eyes from tears, my feet from stumbling;
I will walk before the LORD in the land of the living. I believed, even when I spoke: "I
am greatly afflicted"; I said in my alarm, "All mankind are liars." What shall I render to
the LORD for all His benefits to me?

**People: I will lift up the cup of salvation and call on the name of the LORD, I will pay my
vows to the LORD in the presence of all His people.**

Responsive Psalm **No. 84** (*See bulletin*)

vv. 4-6

Advancing Still

<i>THE LORD CLEANSSES OUR SIN</i>

Unison Prayer of Confession, Followed by Silent Confession of Sin

*Beloved in the Lord! Let us draw near with a humble heart and confess our sins to God, our Father,
imploring Him in the name of our Lord Jesus Christ to grant us forgiveness.*

Leader: Blessed is the man against whom the Lord counts no iniquity!

People: And in whose spirit there is no deceit.

Leader: I said, I will confess my transgressions to the Lord,

People: And You forgave the guilt of my sin.

Please bow your head. For those who are able, you are invited to kneel during the confession of sin.

**O Lord, in whose hands are life and death, by whose power I am sustained, and by
whose mercy I am spared—look down upon me with pity. Forgive me that I have until
now so much neglected the duty which You have assigned to me, and suffered the days
and hours of which I must give account to pass away without any endeavor to
accomplish Your will. Make me to remember, O God, that every day is Your gift, and
ought to be used according to Your command. Grant me, therefore, so to repent of my
negligence, that I may obtain mercy from You, and pass the time which You shall yet
allow me in diligent performance of Your commands, through Jesus Christ. Amen.**

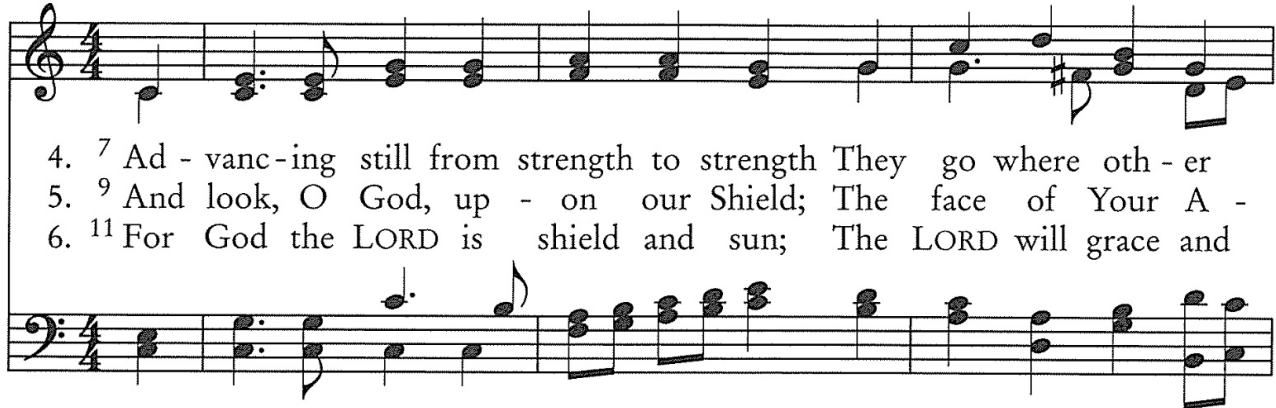
Assurance of Pardon

*Hear the good news of the gospel: "The LORD is merciful and gracious, slow to anger, and abounding in steadfast love
and faithfulness, forgiving iniquity and transgression and sin." In Christ Jesus, your sins are forgiven.*

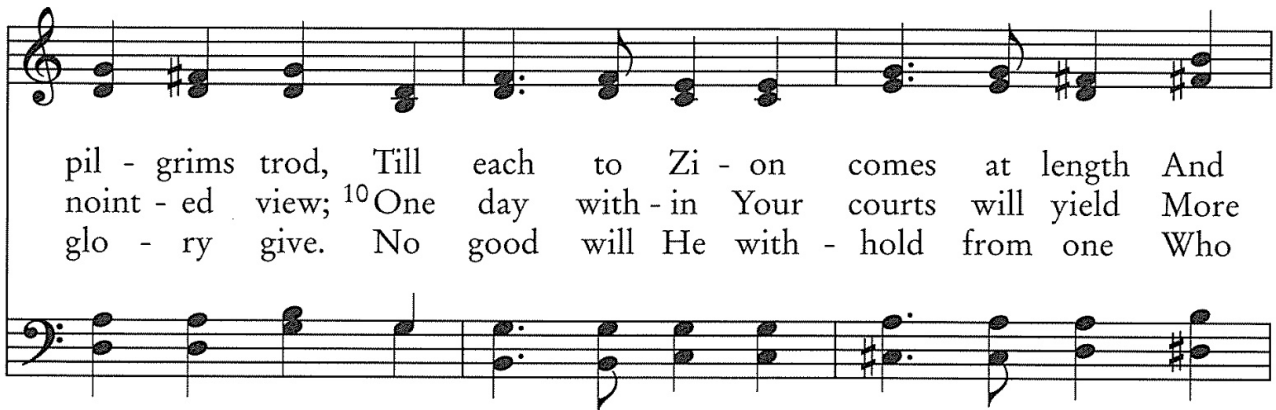
Advancing Still

84

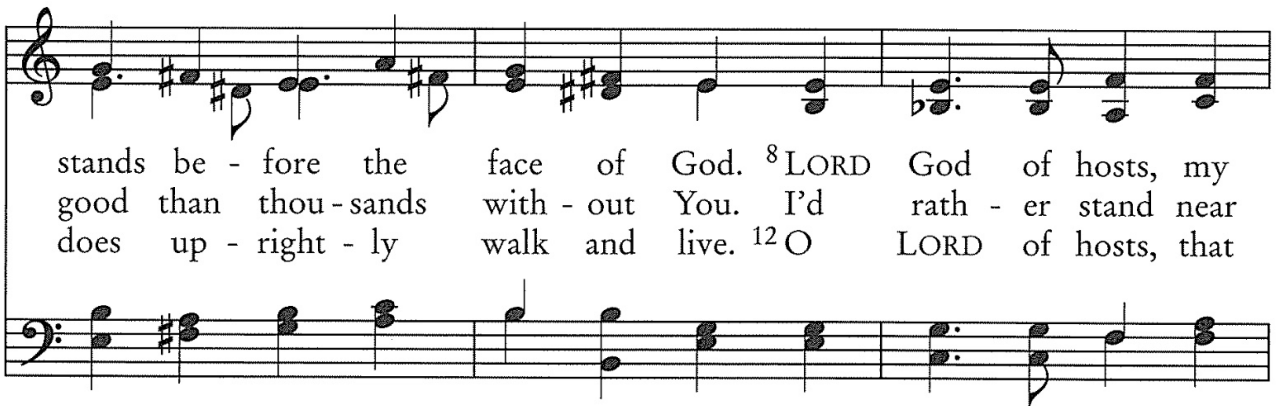
Psalm 84:7-12



4. ⁷ Ad - vanc - ing still from strength to strength They go where oth - er
5. ⁹ And look, O God, up - on our Shield; The face of Your A -
6. ¹¹ For God the LORD is shield and sun; The LORD will grace and



pil - grims trod, Till each to Zi - on comes at length And
noint - ed view; ¹⁰ One day with - in Your courts will yield More
glo - ry give. No good will He with - hold from one Who



stands be - fore the face of God. ⁸ LORD God of hosts, my
good than thou - sands with - out You. I'd rath - er stand near
does up - right - ly walk and live. ¹² O LORD of hosts, that



plead - ing hear; O Ja - cob's God, to me give ear.
my God's house Than dwell in tents of wick - ed - ness.
one is blessed, Who makes his trust up - on You rest.

I believe in God the Father Almighty, Maker of heaven and Earth.

**I believe in Jesus Christ, His only Son, our Lord,
who was conceived by the Holy Spirit, and born of the virgin Mary.
He suffered under Pontius Pilate, was crucified, died, and was buried;
He descended into hell. The third day He rose again from the dead.
He ascended into heaven and is seated at the right hand of God the Father Almighty.
From there He will come to judge the living and the dead.**

**I believe in the Holy Spirit, the holy catholic church, the communion of saints,
the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.**

Congregational Response **No. 731**

Doxology

**Praise God, from Whom all blessings flow; praise Him, all creatures here below;
Praise Him above, ye heav'nly host; praise Father, Son, and Holy Ghost.**

THE LORD SANCTIFIES OUR LIVES

Old Testament Lesson: Nehemiah 9:16-31

Psalm of Praise **No. 56**

vv. 1-4

Be Gracious unto Me, O God

*All children remain in worship with their families.
The Reformation room and Nursery are open for usage but not staffed.
Please use the back sanctuary exits to access the stairs to these rooms.*

Scripture Reading

Romans 5:1-5

Sermon

Pastor Devlin

**The Bible and Mental Health
The Psychology of Suffering**

THE LORD RECEIVES OUR GIFTS AND HEARTS

Call for the Offering and Offertory

In the Garden

Miles

Pastoral Prayer

Prayers of Courage for those who Suffer

Pastor Chace

Congregational Response **No. 734**

Gloria Patri

**Glory be to the Father, and to the Son, and to the Holy Ghost;
As it was in the beginning, is now, and ever shall be, world without end. Amen, amen.**

Be Gracious unto Me, O God

56

Psalms 56



1. ¹Be gra - cious un - to me, O God, For man would me de - vour;
 2. Be - cause a - gainst me man - y are Who fight from plac - es high,
 3. ⁵All day they wrest my words; their thoughts Toward me are filled with hate.
 4. In an - ger, God, cast peo - ples down In what they un - der - took.
 5. ⁹My foes shall, when I cry, turn back, I know; God is for me.
 6. ¹²My vows to Thee I'll pay, O God; Thank - of - f'ings bring to Thee.



He fights a - gainst me all day long, Op - press - ing by His pow'r.
 3 The day I fear I'll trust in Thee. 4 God's Word I'll mag - ni - fy.
 6 They meet, they lurk, they mark my steps, As for my soul they wait.
 8 Thou num - ber - est my wan - der - ings, Not one dost o - ver - look.
 10 In God—I'll praise His Word; the Lord—His Word my praise shall be!
 13 For Thou from death didst save my soul, My feet from fall - ing free;



2 My foes are watch - ing day and night That they may me de - vour.
 In God I trust. What can flesh do? Of that no fear have I.
 7 In there in - deed es - cape for them With wick - ed - ness so great?
 With - in Thy bot - tle put my tears; Are they not in Thy book?
 11 In God I've trust - ed, I'll not fear What man can do to me.
 I'll walk be - fore God in the light Of those that liv - ing be.

Music: John Wyeth's *Repository of Sacred Music*, II, 1813

Text: *The Book of Psalms for Singing*, 1973 ©

CONSOLATION [MORNING SONG]

8 6. 8 6. 8 6.

THE LORD MEETS US AT THE TABLE

Words of Institution and Examination of Conscience (*See bottom of page)

Invitation and Coming to the Table

Please note: we will eat together in the pew.

Those who are unable to come to the table will be served in the pew.

The Elders are serving bread and wine.

To better serve those with restrictions, please see Pastor Devlin for gluten-free bread and/or grape juice.

Communion Psalm **Hymn C**

See Screen

Thank and Praise Jehovah's Name

Prayer of Thanksgiving followed by the Threefold Amen **No. 740**

Trinity Hymnal

THE LORD SCATTERS US TO ADVANCE HIS KINGDOM

Closing Psalm **No. 56**

v. 5, 6

Be Gracious unto Me, O God

Benediction

Postlude

Turn Your Eyes upon Jesus

Lemmel

****May I Come to the Lord's Table?***

We warmly invite all baptized believers who trust in Jesus Christ as Lord and Savior, including those from other congregations, to partake in the Lord's Supper. As we come to the table, we rejoice as we remember our need to trust in Jesus Christ as Lord, to repent of sin, and to covenant once more to live as followers of Jesus. By eating the bread and drinking the wine with us as a visitor, you are acknowledging that you are a sinner, without hope except in the sovereign mercy of God, and that you are trusting in Jesus Christ alone for salvation. Those who are ignorant in their knowledge of Christ or who are living ungodly and unrepentant lives should refrain from the table. Baptized children may be admitted to the Lord's Supper provided their parents have appeared before the Pastor or Session to share their child's profession of faith, in a manner acceptable to the Session.

Worship at a Glance

A Brief Overview of our Worship Service and How to Participate

A Note to Parents

Children are encouraged to be in the sanctuary because we believe the Bible commands us to include children in the worship service. Parents have the privilege of training their children for worship every Lord's Day. We are happy to partner with you in that training. To assist in training, we encourage families with children to sit closer to the front with their kids and make use of the children's worship bags in the sanctuary. Childcare rooms are also available when additional training or discipline is necessary. For more information, feel free to contact Pastor Nate.

What is a Bulletin?

The bulletin contains our order of worship and includes all the information you need to worship with us on Sundays. The bulletin is not something we simply "work through" but a guide that helps us in our worship of God. **Our worship services are approximately 90 minutes.**

Announcements

Announcements about the ministry are given before the worship service begins. In the summer, we include a time of musical instruction as part of the announcements.

Prelude

The prelude is a musical selection that is played at the beginning of the worship service. During that time, worshipers are encouraged to pray and prepare their hearts and minds for worship. The prelude ends with the "ringing of the hour," which includes the Westminster Chime, followed by a Trinitarian bell.

Congregational Responses

Worship at Beverly Heights is "dialogical," meaning it is a dialogue between God and His people. The Pastor calls and the congregation responds throughout the service. All responsive readings for the congregation are in **bold**. The congregation also responds by kneeling for confession, standing for the reading of God's word before the sermon, and declaring "Amen" after prayer and song.

Confessions of Sin and Faith

Each Sunday, the congregation is invited to confess their sins. We first confess corporately, followed by a time of silent and private confession. Everyone is invited to bow their heads and, for those who are able, to kneel for confession. Following the confession of sin, the pastor offers assurance of your forgiveness. The congregation then joins in a unison confession of faith through one of the ecumenical creeds (Apostles' Creed, Nicene Creed, Definition of Chalcedon).

Music

Our worship service includes weekly special music. Normally, the choir (which is the "first-fruit" of the voice) sings an anthem on behalf of the congregation. When the choir is in recess, special music is offered by soloists or ensembles. We refrain from clapping for these musical offerings but respond as a congregation by lifting up our hands and singing the Doxology *a cappella*. All congregational music for the service can be found in the bulletin, the Trinity Hymnbook, or the Summer Psalter. Our Director of Music cantors to assist the congregation in singing.

Scripture Readings

There are two scripture lessons during the worship service, normally one from the Old Testament and one from the New Testament. We always stand for the reading before the sermon in keeping with the model found in Nehemiah 8:5.

Sermon

The preaching of the word is understood as a direct address by God through the preacher to the congregation. Our sermons are predominantly exegetical (derived from the text) but sometimes topical. Most sermons will include an introduction, an explanation of the text, an application, and a takeaway (call to action).

Offering

Every Lord's Day includes the opportunity to present an offering to the Lord in the form of gifts, tithes, offerings, and prayers. (A "tithe" is defined by the scriptures as a tenth of our income.)

Pastoral Prayer

Following the offering, a pastoral prayer is made on behalf of the congregation. The subject of the prayer varies weekly, and worshipers are encouraged to join in the prayer by faith.

Communion

We practice weekly communion in worship. All baptized believers who trust in Jesus Christ as Lord and Savior are invited to partake in the Lord's Supper (See additional note in bulletin). Worshipers come to the front of the sanctuary to receive the bread and wine, but all partake of the elements together in the pews. As you receive the elements, the congregation is invited to sing. After communion, there is a "Eucharistic" (thanksgiving) prayer, followed by the singing of the threefold "Amen."

Closing

After communion, the congregation sings a closing hymn or Psalm, followed by the benediction. The benediction is a blessing given by God to the congregation by the pastor. All worshipers are encouraged to stretch out their hands as a gesture of receptivity as they receive the benediction.

Postlude

The service ends with the playing of a postlude.

THIS WEEK AT BEVERLY HEIGHTS

SUNDAY, AUGUST 30

9:00 AM Worship Service
10:30 AM Linger Longer Fellowship

MONDAY, AUGUST 31

Church Offices Closed

TUESDAY, SEPTEMBER 1

WEDNESDAY, SEPTEMBER 2

THURSDAY, SEPTEMBER 3

FRIDAY, SEPTEMBER 4

SATURDAY, SEPTEMBER 5

SUNDAY, SEPTEMBER 6

9:00 AM Worship Service
10:30 AM Linger Longer Fellowship

The Bible And Mental Health Sermon Series

July 5	Lies My Therapist Told Me
July 12	Affections, Passions, Feelings and Emotions
July 19	Nouthetics and the Noetic Effects of Sin
July 26	Identity
August 2	Anxiety
August 9	Depression
August 16	The Psychology of Death
August 23	Lust and Addiction
August 30	Suffering, Abuse and Happiness
September 6	Anger

Beverly Heights Presbyterian Church

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Gathered By His Love For Us ~ Scattered By Our Love For Him