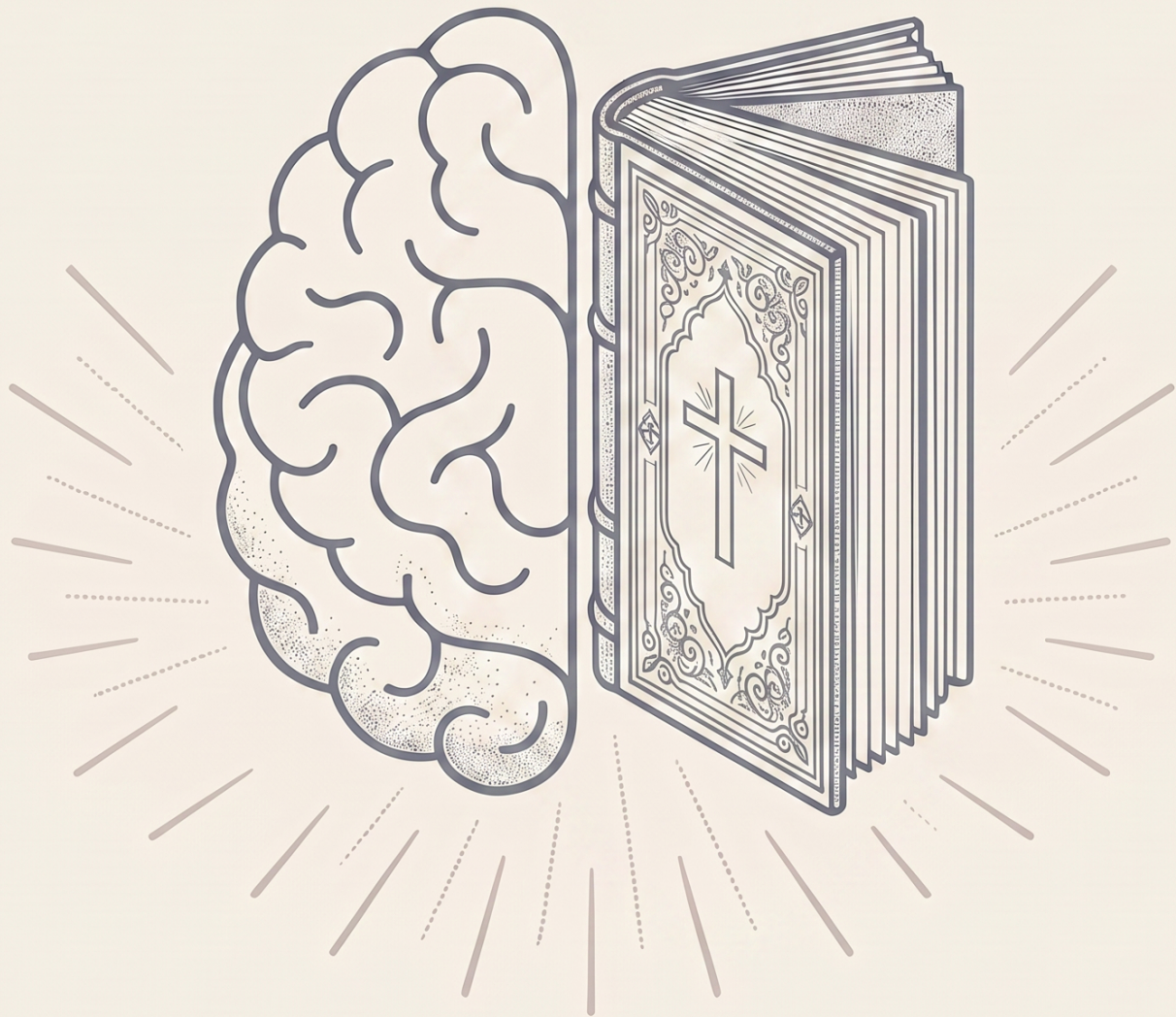


# The Bible & Mental Health



— SERMON SERIES —



SEPTEMBER 6, 2026

# Beverly Heights Church

Welcome and Greeting

Rev. Dr. Nathanael Devlin, Senior Pastor

Announcements

Amy Lucas, Church Administrator

## THE LORD GATHERS US FOR WORSHIP

Prelude

*Praise Him! Praise Him!*  
Jinna Park, Organist and Accompanist

Larson

*The first note of the prelude marks the beginning of worship. Please use this brief period of time for prayer and preparation while keeping conversation at a low volume and to a minimum. **Please refrain from clapping unless led to do so.***

Call to Worship

**Leader:** Come, let us worship and bow down; let us kneel before the LORD, our Maker!

**People:** For He is our God, and we are His people!

Congregational Introit: Psalm 117

v. 1

*Praise the LORD God, All You Nations*

**Praise the LORD God, all you nations; all you peoples, sing His praise.**

**For His truth endures forever, and His steadfast love is great.**

**He is faithful! He is faithful! Hallelujah! Praise the LORD!**

Prayer of Invocation

Opening Psalm of Praise **No. 96D** (See Bulletin) vv. 5-8

*Ascribe Unto the LORD*

Responsive Reading from Psalm 85

**Leader:** LORD, You were favorable to Your land; You restored the fortunes of Jacob. You forgave the iniquity of Your people; You covered all their sin. You withdrew all Your wrath; You turned from Your hot anger.

**People:** Restore us again, O God of our salvation, and put away Your indignation toward us! Will You be angry with us forever? Will You prolong Your anger to all generations? Will You not revive us again, that Your people may rejoice in You? Show us Your steadfast love, O LORD, and grant us Your salvation.

**Leader:** Let me hear what God the LORD will speak, for He will speak peace to His people, to His saints; but let them not turn back to folly. Surely His salvation is near to those who fear Him, that glory may dwell in our land.

**People:** Steadfast love and faithfulness meet; righteousness and peace kiss each other. Faithfulness springs up from the ground, and righteousness looks down from the sky. Yes, the LORD will give what is good, and our land will yield its increase. Righteousness will go before Him and make His footsteps a way.

## Ascribe Unto the LORD

*"Yes, I am coming soon." Amen. Come, Lord Jesus.**—Revelation 22:20*

5. <sup>7</sup> As - crite un - to the LORD, All fam - i - lies of earth,  
 6. <sup>9</sup> In ho - ly splen - dor robed, Bow down be - fore the LORD;  
 7. <sup>11</sup> O let the skies be glad, And let the earth re - joice.  
 8. <sup>13</sup> They'll sing be - fore the LORD, For He is draw - ing near

As - crite un - to the LORD His strength And His most glo - rious worth.  
 Be - fore Him trem - ble all the earth.<sup>10</sup> To na - tions speak this word:  
 Let seas and all that they con - tain Lift up their roar - ing voice.  
 To be the judge of all the earth; He sure - ly will ap - pear.

<sup>8</sup> As - crite un - to the LORD The glo - ry of His name;  
 "The LORD reigns o - ver all!" The world un - moved will be,  
<sup>12</sup> Let ev - ery beast ex - ult, Let fields with glad - ness sing;  
 Then He will rule the world In per - fect righ - teous - ness,

Come, make your way in - to His courts, And bring an of - fer - ing.  
 It firm re - mains; He'll na - tions rule And judge with eq - ui - ty.  
 The joy - ful sing - ing of the trees Shall make the for - ests ring.  
 And gov - ern all the na - tions in His truth and faith - ful - ness.

|                                   |
|-----------------------------------|
| <b>THE LORD CLEANSSES OUR SIN</b> |
|-----------------------------------|

Unison Prayer of Confession, Followed by Silent Confession of Sin

*Beloved in the Lord! Let us draw near with a humble heart and confess our sins to God, our Father, imploring Him in the name of our Lord Jesus Christ to grant us forgiveness.*

Leader: Blessed is the man against whom the Lord counts no iniquity!

People: **And in whose spirit there is no deceit.**

Leader: I said, I will confess my transgressions to the Lord,

People: **And You forgave the guilt of my sin.**

**Lord, we confess to You our sin of anger. We confess that we have violated Your command not to let the sun go down while we are angry. We confess that our anger has brought harm to others, that it has grieved the Holy Spirit, that it has corrupted our prayers and worship, and that it has prevented us from living lives that are righteous in Your sight. We ask You, Lord, to cleanse us of our anger and to give us the grace instead to be quick to listen, slow to speak, and slow to become angry. Lord, lead us in that way of righteousness and cleanse us for Your name's sake. In the name of Jesus Christ our Lord, we pray. Amen.**

*Please bow your head. For those who are able, you are invited to kneel during the confession of sin.*

Assurance of Pardon

*Hear the good news of the gospel: Jesus Christ drank the cup of God's wrath and satisfied the righteous requirements of God's law on the cross for you. In Christ Jesus, your sins are forgiven.*

Unison Confession of Faith

The Apostles' Creed

**I believe in God the Father Almighty, Maker of heaven and Earth.**

**I believe in Jesus Christ, His only Son, our Lord,  
who was conceived by the Holy Spirit, and born of the virgin Mary.  
He suffered under Pontius Pilate, was crucified, died, and was buried;  
He descended into hell. The third day He rose again from the dead.  
He ascended into heaven and is seated at the right hand of God the Father Almighty.  
From there He will come to judge the living and the dead.**

**I believe in the Holy Spirit, the holy catholic church, the communion of saints,  
the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.**

Congregational Response No. 731

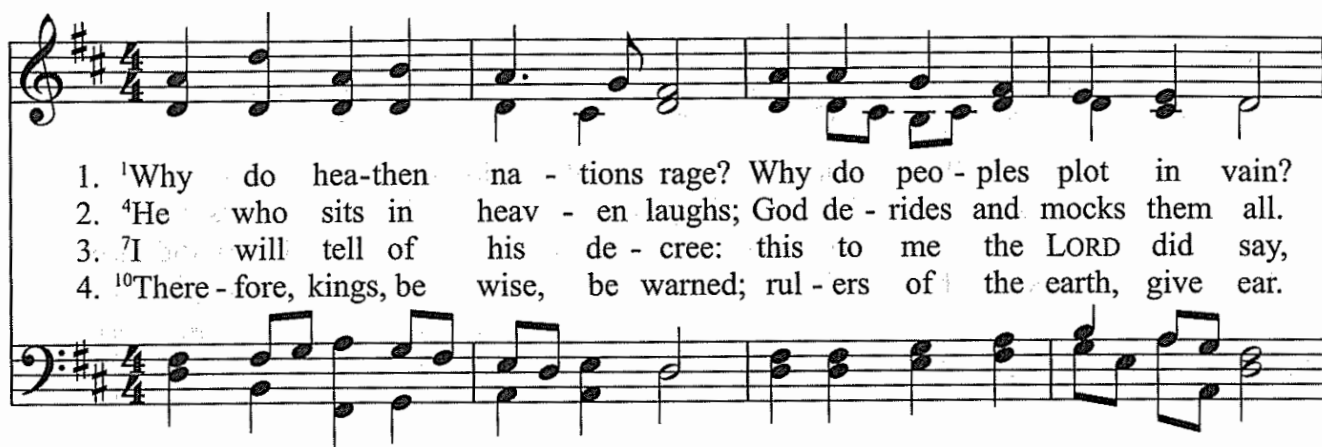
*Doxology*

**Praise God, from Whom all blessings flow; praise Him, all creatures here below;  
Praise Him above, ye heav'nly host; praise Father, Son, and Holy Ghost.**

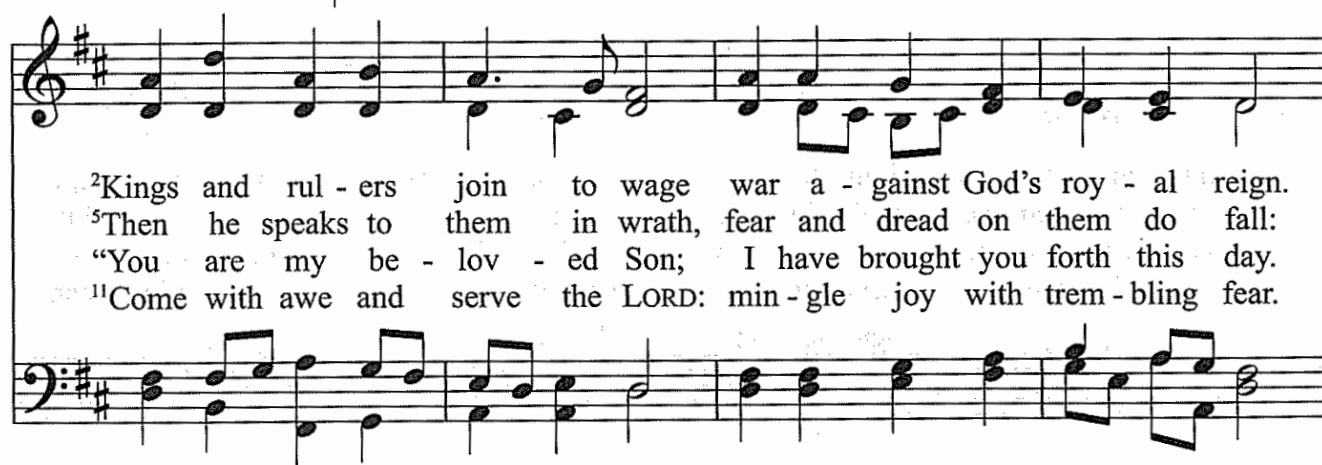
# Why Do Heathen Nations Rage?

2

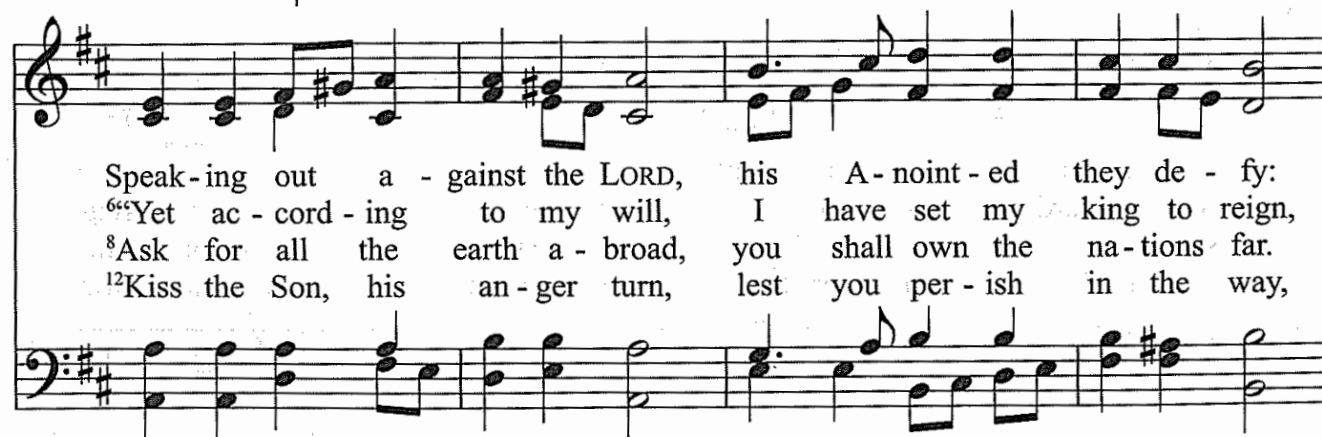
Psalms 2



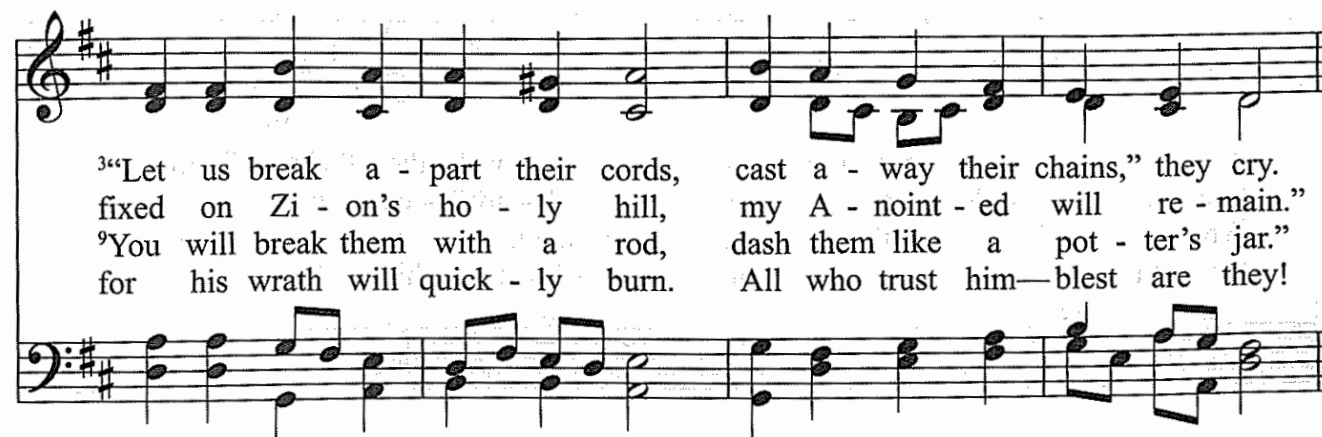
1. <sup>1</sup>Why do hea-then na - tions rage? Why do peo - ples plot in vain?  
2. <sup>4</sup>He who sits in heav - en laughs; God de - rides and mocks them all.  
3. <sup>7</sup>I will tell of his de - cree: this to me the LORD did say,  
4. <sup>10</sup>There - fore, kings, be wise, be warned; rul - ers of the earth, give ear.



<sup>2</sup>Kings and rul - ers join to wage war a - gainst God's roy - al reign.  
<sup>5</sup>Then he speaks to them in wrath, fear and dread on them do fall:  
"You are my be - lov - ed Son; I have brought you forth this day.  
<sup>11</sup>Come with awe and serve the LORD: min - gle joy with trem - bling fear.



Speak - ing out a - gainst the LORD, his A - noint - ed they de - fy:  
<sup>6</sup>"Yet ac - cord - ing to my will, I have set my king to reign,  
<sup>8</sup>Ask for all the earth a - broad, you shall own the na - tions far.  
<sup>12</sup>Kiss the Son, his an - ger turn, lest you per - ish in the way,



<sup>3</sup>"Let us break a - part their cords, cast a - way their chains," they cry.  
fixed on Zi - on's ho - ly hill, my A - noint - ed will re - main."  
<sup>9</sup>You will break them with a rod, dash them like a pot - ter's jar."  
for his wrath will quick - ly burn. All who trust him—blest are they!

**THE LORD SANCTIFIES OUR LIVES**

Old Testament Lesson: Jonah 3:6-4:11

Hymn of Praise **Hymn C**

vv. 1-3

*Thank and Praise Jehovah's Name*

*All children remain in worship with their families.  
The Reformation room and Nursery are open for usage but not staffed.  
Please use the back sanctuary exits to access the stairs to these rooms.*

Scripture Reading:

Ephesians 4:17-32

Sermon

Rev. Peter A. Chace, Assistant Pastor

**The Bible and Mental Health**  
The Christian Life and Anger

**THE LORD RECEIVES OUR GIFTS AND HEARTS**

Call for the Offering and Offertory

*Abide with Me*

Lau

Pastoral Prayer

Prayers for Teachers

Pastor Devlin

Congregational Response **No. 734**

*Gloria Patri*

**Glory be to the Father, and to the Son, and to the Holy Ghost;  
As it was in the beginning, is now, and ever shall be, world without end. Amen, amen.**

**THE LORD MEETS US AT THE TABLE**

Words of Institution and Examination of Conscience (\*See bottom of next page)

Invitation and Coming to the Table

*Please note: we will eat together in the pew.  
Those who are unable to come to the table will be served in the pew.  
The Elders are serving bread and wine.  
To better serve those with restrictions, please see Pastor Devlin for gluten-free bread and/or grape juice.*

Communion Hymn

See Screen

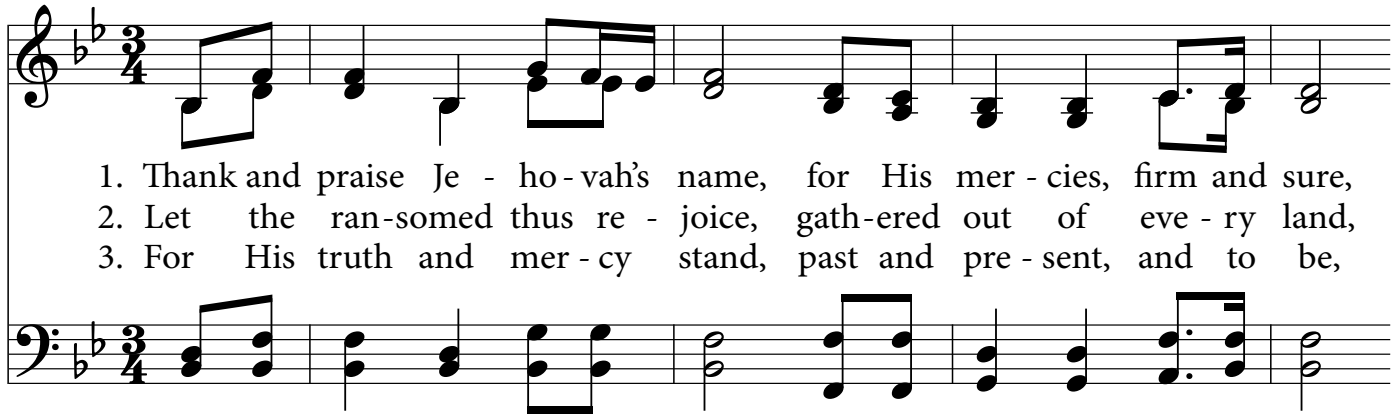
*Come, Bless the Lord*

Prayer of Thanksgiving followed by the Threefold Amen **No. 740**

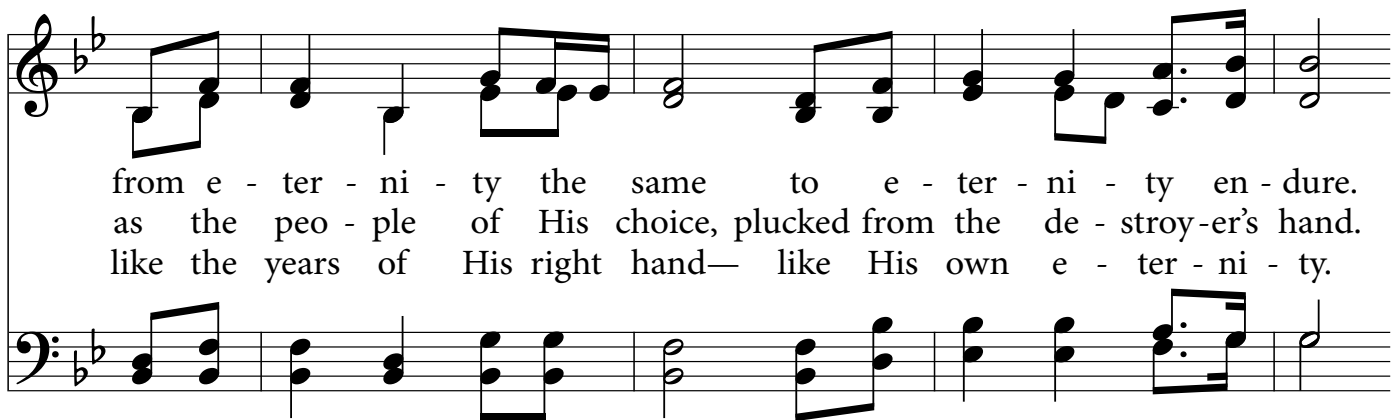
*Trinity Hymnal*

## C

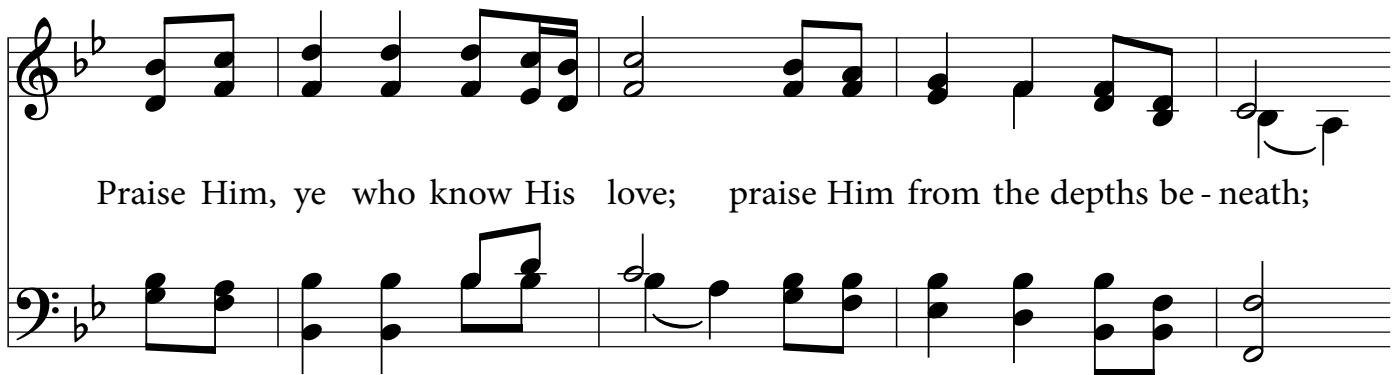
## Thank and Praise Jehovah's Name



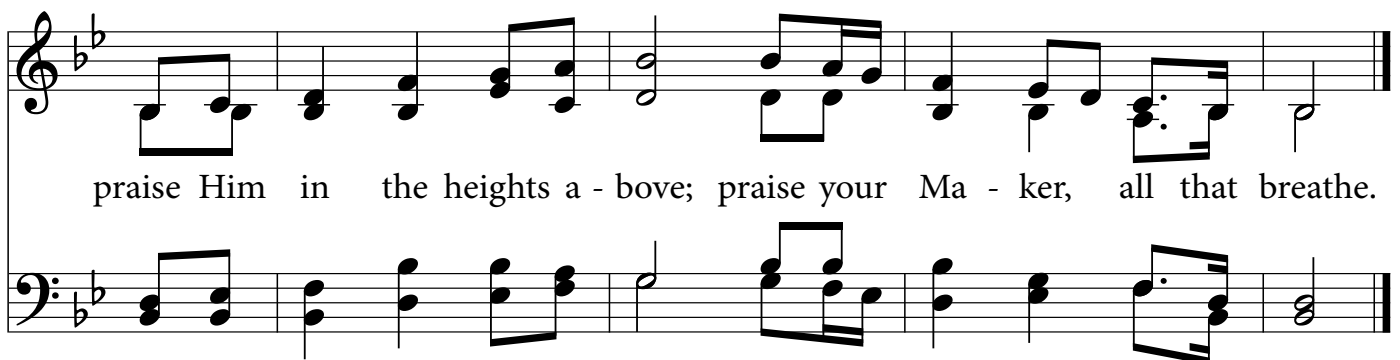
1. Thank and praise Je - ho - vah's name, for His mer - cies, firm and sure,  
 2. Let the ran-somed thus re - joice, gath-ered out of eve - ry land,  
 3. For His truth and mer - cy stand, past and pre - sent, and to be,



from e - ter - ni - ty the same to e - ter - ni - ty en - dure.  
 as the peo - ple of His choice, plucked from the de - stroy-er's hand.  
 like the years of His right hand— like His own e - ter - ni - ty.



Praise Him, ye who know His love; praise Him from the depths be - neath;



praise Him in the heights a - bove; praise your Ma - ker, all that breathe.

Words: James Montgomery, 1822

Music: Gregory D. Wilbur

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|                                                                  |
|------------------------------------------------------------------|
| <p><b><i>THE LORD SCATTERS US TO ADVANCE HIS KINGDOM</i></b></p> |
|------------------------------------------------------------------|

Closing Psalm **No. 2**

v. 4

*Why Do Heathen Nations Rage?*

Benediction

Postlude

*Christ Is Made the Sure Foundation*

Gaspard

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***\*May I Come to the Lord's Table?***

*We warmly invite all baptized believers who trust in Jesus Christ as Lord and Savior, including those from other congregations, to partake in the Lord's Supper. As we come to the table, we rejoice as we remember our need to trust in Jesus Christ as Lord, to repent of sin, and to covenant once more to live as followers of Jesus. By eating the bread and drinking the wine with us as a visitor, you are acknowledging that you are a sinner, without hope except in the sovereign mercy of God, and that you are trusting in Jesus Christ alone for salvation. Those who are ignorant in their knowledge of Christ or who are living ungodly and unrepentant lives should refrain from the table. Baptized children may be admitted to the Lord's Supper provided their parents have appeared before the Pastor or Session to share their child's profession of faith, in a manner acceptable to the Session.*

# Worship at a Glance

## A Brief Overview of our Worship Service and How to Participate

### A Note to Parents

Children are encouraged to be in the sanctuary because we believe the Bible commands us to include children in the worship service. Parents have the privilege of training their children for worship every Lord's Day. We are happy to partner with you in that training. To assist in training, we encourage families with children to sit closer to the front with their kids and make use of the children's worship bags in the sanctuary. Childcare rooms are also available when additional training or discipline is necessary. For more information, feel free to contact Pastor Nate.

### What is a Bulletin?

The bulletin contains our order of worship and includes all the information you need to worship with us on Sundays. The bulletin is not something we simply "work through" but a guide that helps us in our worship of God. **Our worship services are approximately 90 minutes.**

### Announcements

Announcements about the ministry are given before the worship service begins. In the summer, we include a time of musical instruction as part of the announcements.

### Prelude

The prelude is a musical selection that is played at the beginning of the worship service. During that time, worshipers are encouraged to pray and prepare their hearts and minds for worship. The prelude ends with the "ringing of the hour," which includes the Westminster Chime, followed by a Trinitarian bell.

### Congregational Responses

Worship at Beverly Heights is "dialogical," meaning it is a dialogue between God and His people. The Pastor calls and the congregation responds throughout the service. All responsive readings for the congregation are in **bold**. The congregation also responds by kneeling for confession, standing for the reading of God's word before the sermon, and declaring "Amen" after prayer and song.

### Confessions of Sin and Faith

Each Sunday, the congregation is invited to confess their sins. We first confess corporately, followed by a time of silent and private confession. Everyone is invited to bow their heads and, for those who are able, to kneel for confession. Following the confession of sin, the pastor offers assurance of your forgiveness. The congregation then joins in a unison confession of faith through one of the ecumenical creeds (Apostles' Creed, Nicene Creed, Definition of Chalcedon).

### Music

Our worship service includes weekly special music. Normally, the choir (which is the "first-fruit" of the voice) sings an anthem on behalf of the congregation. When the choir is in recess, special music is offered by soloists or ensembles. We refrain from clapping for these musical offerings but respond as a congregation by lifting up our hands and singing the Doxology *a cappella*. All congregational music for the service can be found in the bulletin, the Trinity Hymnbook, or the Summer Psalter. Our Director of Music cantors to assist the congregation in singing.

### Scripture Readings

There are two scripture lessons during the worship service, normally one from the Old Testament and one from the New Testament. We always stand for the reading before the sermon in keeping with the model found in Nehemiah 8:5.

### Sermon

The preaching of the word is understood as a direct address by God through the preacher to the congregation. Our sermons are predominantly exegetical (derived from the text) but sometimes topical. Most sermons will include an introduction, an explanation of the text, an application, and a takeaway (call to action).

### Offering

Every Lord's Day includes the opportunity to present an offering to the Lord in the form of gifts, tithes, offerings, and prayers. (A "tithe" is defined by the scriptures as a tenth of our income.)

### Pastoral Prayer

Following the offering, a pastoral prayer is made on behalf of the congregation. The subject of the prayer varies weekly, and worshipers are encouraged to join in the prayer by faith.

### Communion

We practice weekly communion in worship. All baptized believers who trust in Jesus Christ as Lord and Savior are invited to partake in the Lord's Supper (See additional note in bulletin). Worshipers come to the front of the sanctuary to receive the bread and wine, but all partake of the elements together in the pews. As you receive the elements, the congregation is invited to sing. After communion, there is a "Eucharistic" (thanksgiving) prayer, followed by the singing of the threefold "Amen."

### Closing

After communion, the congregation sings a closing hymn or Psalm, followed by the benediction. The benediction is a blessing given by God to the congregation by the pastor. All worshipers are encouraged to stretch out their hands as a gesture of receptivity as they receive the benediction.

### Postlude

The service ends with the playing of a postlude.

## THIS WEEK AT BEVERLY HEIGHTS

### **SUNDAY, SEPTEMBER 6**

9:00 AM    Worship Service  
10:30 AM    Linger Longer Fellowship

### **MONDAY, SEPTEMBER 7**

*Church Offices Closed*

### **TUESDAY, SEPTEMBER 8**

### **WEDNESDAY, SEPTEMBER 9**

### **THURSDAY, SEPTEMBER 10**

### **FRIDAY, SEPTEMBER 11**

### **SATURDAY, SEPTEMBER 12**

### **SUNDAY, SEPTEMBER 13**

9:00 AM    Christian Education  
10:00 AM    Worship Service  
4:30 PM    Church Picnic

### The Bible And Mental Health Sermon Series

|             |                                             |
|-------------|---------------------------------------------|
| July 5      | Lies My Therapist Told Me                   |
| July 12     | Affections, Passions, Feelings and Emotions |
| July 19     | Nouthetics and the Noetic Effects of Sin    |
| July 26     | Identity                                    |
| August 2    | Anxiety                                     |
| August 9    | Depression                                  |
| August 16   | The Psychology of Death                     |
| August 23   | Lust and Addiction                          |
| August 30   | Suffering, Abuse and Happiness              |
| September 6 | Anger                                       |

### **Call for the Annual Meeting of the Congregation and Corporation:**

The Session of Beverly Heights Presbyterian Church hereby calls the Annual Meeting of the Congregation and Corporation to be held on Sunday, September 20, 2026, at 7:00 PM in the church sanctuary.

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### **Beverly Heights Presbyterian Church**

1207 Washington Road ♦ Mt. Lebanon, PA ♦ 15228  
www.beverlyheights.org ♦ 412-561-5100

**Gathered By His Love For Us ~ Scattered By Our Love For Him**