



SELAH

rest · reflect · remember

MESSAGE NOTES & DISCUSSION GUIDE

WHAT IS YOUR WINEPRESS?

SCRIPTURE PASSAGES

Judges 6:1-16, 25-32, 36-40; 7:1-8, 15-25; 8:10-21

MESSAGE NOTES

- What if the _____ of yourself you're working so hard to project isn't the one God _____
- The key to accomplishing the impossible task is walking in the _____ of God and knowing he is _____
- Before you engage in your _____ you have to display your _____
- The fear of _____ will paralyze _____ and silence your _____
- God uses _____ people to accomplish the most _____ things

DIGGING DEEPER

1. Why would God have allowed the Midianites to oppress Israel for seven years before raising up Gideon as a deliverer? What can this teach us about the role of hardship in our spiritual growth?
2. Gideon was hiding in a winepress when God called him a 'Mighty Warrior.' Why do you think God chose to address Gideon this way, despite his fear and doubt?
3. Why do we often question God's presence during difficult seasons?
4. Gideon asked God for multiple signs before stepping into his calling. What does this reveal about his faith journey, and how do you relate to this struggle?
5. Why is it significant that God called Gideon to start at home?
6. What is your 'winepress' – the place where you find yourself hiding out of fear, insecurity, or doubt?
7. Are there areas in your life where you feel inadequate or underqualified for what God is calling you to do? How can you move past that?
8. Gideon's obedience to God brought freedom to his nation. How might your obedience impact the lives of those around you?
9. As you reflect on this message, what one step of faith is God asking you to take this week, and what is your biggest hesitation in taking it?