



MESSAGE NOTES & SMALL GROUP DISCUSSION GUIDE WEEK 9 – PHILIPPIANS 4:4-7

BIG IDEA

Joy is _____

- Joy is a _____, not an _____
- Confident joy is _____ when we see the hand of God at work in every area of our lives
- Joy is either in our _____ or our _____
- Confident joy _____
- Confident joy _____
- Confident joy _____

DIGGING DEEPER

1. How has this sermon series already made you look at joy in a new way?
2. Do you agree that joy is a choice and not an emotion? If so, why? If not, why not?
3. What might be some indications that we are finding our joy more in our stuff than in our Savior?
4. Read Acts 16:22-34. Why were Paul and Silas able to experience such joy in their circumstance? What was the impact on their own lives? What was the impact on the lives who heard them singing? Why would Christians having a more confident joy in Jesus have a positive impact on our witness in the world today?
5. According to verse 5, we are to let our gentleness be evident to those around us. How does having confident joy help us respond to the challenges of our daily lives more gently?
6. According to Philippians 4:6, we are to pray with praise and thanksgiving. Why is it important that we pray with such confident joy?
7. According to verse 7, praise and prayer lead to greater peace. How does confident joy play a role in the peace we experience in our daily lives?