



MESSAGE NOTES & SMALL GROUP DISCUSSION GUIDE WEEK 10 – PHILIPPIANS 4:8-9

BIG IDEA

Joy is _____

TENSION QUESTION

Is joy _____ the _____ and _____?

WHY PURSUING JOY IS WORTH THE EFFORT

- Intentional joy recognizes _____ in the midst of _____
- Intentional joy chooses to _____ on _____ that bring _____, not _____
- Intentional joy seeks to _____ provide _____ with an _____
- Intentional joy is a _____ that is _____ in _____ with other believers
- Intentional joy highlights the _____ of _____ over the _____ of the _____

DIGGING DEEPER

1. Who in your life has provided a godly example worth following?
2. Why do some Christians struggle with asking others to follow their example?
3. How can looking for God's work be more difficult than focusing on the brokenness we see all around us?
4. How does Philippians 4:8 challenge your way of thinking?
5. Why is a community of believers an important aspect of putting intentional joy into practice?
6. Why do we tend to align ourselves with the plight of the world, which breeds chaos, over the presence of God, which brings peace?
7. How would your perspective of your life and the world change if you put these verses into practice?