



## MESSAGE NOTES & DISCUSSION GUIDE

### WEEK 3 – MOVING FROM DOUBT TO FAITH

#### SCRIPTURE PASSAGES

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John 20:19-29, 31; Acts 1:3; 2 Timothy 1:5

#### LESSONS FROM THE RESTORATION OF THOMAS

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- The great challenge of our journey with Jesus is believing something \_\_\_\_\_.  
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- **Thomas' struggle:** When what \_\_\_\_\_ doesn't match what \_\_\_\_\_.
- **Thomas' statement:** When we need \_\_\_\_\_ that Jesus is \_\_\_\_\_ and engaged.
- **Thomas' transformation:** When we accept Jesus' \_\_\_\_\_ to experience a \_\_\_\_\_ of our Living Lord.
- **Jesus' Declaration:** There is a blessing when we don't \_\_\_\_\_ but still \_\_\_\_\_.

#### DIGGING DEEPER

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1. Doubt can be very harmful to our relationship with Christ. Why is that? What are some things we are tempted to do especially during a time of doubt?
2. Every follower of Jesus goes through times of doubt. What are some of the things that can cause such times in your faith journey?
3. What did God use to remove your doubt and reestablish your faith in a time of doubt?
4. Thomas sought physical evidence of a spiritual reality. We sometimes want a "sign" before we will act in faith. Is that wrong? Why can it be dangerous or harmful to our faith?
5. Thomas' faith was reestablished by a fresh touch of his living Lord. Identify several things that we should do if we need a fresh touch of our Savior? Which one do you find the most challenging?
6. What are some things we can do to be more sensitive to and supported by the presence of our living Lord in the demands of our daily lives?
7. Does this post-resurrection account of Jesus give us any insight as how to help those around us going through a time of doubt?