

Title | Called in Holiness

Series | Living Like He's Coming

**Text** | 1 Thessalonians 4:1-8

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1 Thessalonians 4:1 Finally, then, brothers, we ask and urge you in the Lord Jesus, that as you received from us how you ought to walk and to please God, just as you are doing, that you do so more and more. 2 For you know what instructions we gave you through the Lord Jesus. 3 For this is the will of God, your sanctification: that you abstain from sexual immorality; 4 that each one of you know how to control his own body in holiness and honor, 5 not in the passion of lust like the Gentiles who do not know God; 6 that no one transgress and wrong his brother in this matter, because the Lord is an avenger in all these things, as we told you beforehand and solemnly warned you. **7** For God has not called us for impurity, but in holiness. 8 Therefore whoever disregards this, disregards not man but God, who gives his Holy Spirit to you. ESV

# **Sermon Notes**

# **Big Idea:**

**1 Thessalonians 4:3** For this is the will of God, your sanctification: that you abstain from sexual immorality; **4** that each one of you know how to control his own body in holiness and honor, *ESV* 

# For Reflection and Application:

## Monday:

Read 1 Thessalonians 4:1-8. According to verse 3, what is the will of God? What is sanctification or holiness? What is the relationship between holiness and living abundantly?

#### **Tuesday:**

In 1 Thessalonians 4:3, Paul urges his readers to abstain from sexual immorality. How exactly would you define sexual immorality? What are the moral boundaries and who or what determines them?

### Wednesday:

In reference to 1 Thessalonians 4:4-5, what does it mean to control our own bodies in holiness and honor? What are the implications for God, ourselves, and others?

### Thursday:

In 1 Thessalonians 4:8, Paul describes God as the one who gives his Holy Spirit to believers. Now read Galatians 5:16, something Paul had written previously. How is the Spirit important to sexual purity? How do you walk in the Spirit?

#### Friday:

In 1 Thessalonians 4:7, Paul provides a summary statement. What does it mean and how can you apply it right now?

Lord, help me to walk in the holiness to which you have called me. Amen.

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