



**Title** | Fuel the Fire  
**Series** | Living Like He's Coming  
**Text** | 1 Thessalonians 5:16-22  
**By** | Bob Kerrey  
**Date** | April 21, 2024

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# Sermon Notes

**1 Thessalonians 5:16** Rejoice always, **17**

pray without ceasing, **18** give thanks in

all circumstances; for this is the will of

God in Christ Jesus for you. **19** Do not

quench the Spirit. **20** Do not despise

prophecies, **21** but test everything; hold

fast what is good. **22** Abstain from every

form of evil. *ESV*

## Big Idea:

**1 Thessalonians 5:16** Rejoice always, **17** pray without ceasing, **18** give thanks in all circumstances; for this is the will of God in Christ Jesus for you. *ESV*

## For Reflection and Application:

### Monday:

Read 1 Thessalonians 5:16-18. How would you evaluate yourself on the three commands given? How does it make you feel?

### Tuesday:

In 1 Thessalonians 5:18, what does “in Christ Jesus” have to do with rejoicing always, praying without ceasing, and giving thanks in all circumstances? See Colossians 2:6 and John 15:1-5. What is the connection between abiding in Christ and a joyful, grateful attitude?

### Wednesday:

Read 1 Thessalonians 5:19-20. How does one “quench the Spirit?” What does it mean to “despise prophecies” and what does it have to do with quenching the Spirit?

### Thursday:

Read 1 Thessalonians 5:21-22. What are the types of things we are to test? What kinds of things are good? What kinds of things are evil?

### Friday:

If the word of God is the fuel the Spirit uses to do his transforming work in us, what does this suggest about how we can cultivate a Christlike attitude of joy, prayer, and gratitude?

### Daily Prayer:

Lord, I want to fuel the fire of the Spirit in me by reflecting deeply on the word of God. Transform me that I may rejoice always, pray without ceasing, and give thanks in all circumstances. Amen.

If you would like to have the daily reflection and application emailed to you, scan the QR code or email [info@moonvalleybible.org](mailto:info@moonvalleybible.org).

