



Title | When Weariness is Discipline
Series | Wisdom for the Weary
Text | Proverbs 3:11-12; 12:1; 15:10; 28:13
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Sermon Notes

Proverbs 3:11 My son, do not despise the LORD's discipline or be weary of his reproof, 12 for the LORD reproves him whom he loves, as a father the son in whom he delights.

Proverbs 12:1 Whoever loves discipline loves knowledge, but he who hates reproof is stupid.

Proverbs 15:10 There is severe discipline for him who forsakes the way; whoever hates reproof will die.

Proverbs 28:13 Whoever conceals his transgressions will not prosper, but he who confesses and forsakes them will obtain mercy. *ESV*

Big Idea:

Proverbs 3:11 My son, do not despise the LORD's discipline or be weary of his reproof, **12** for the LORD reproves him whom he loves, as a father the son in whom he delights. *ESV*

For Reflection and Application:

Monday:

Read Psalm 32:1-6. How does David describe the weariness he experienced? Can you relate? What caused David's weariness? Read John 4:6. What caused Jesus's weariness? Is weariness always a sign of sin?

Tuesday:

Read Proverbs 3:11-12 and Hebrews 12:5-11. Can weariness be a form of the Lord's discipline or reproof? If so, why does God allow it? How do you know if weariness is the Lord's discipline?

Wednesday:

Read John 15:5. If it feels like you are lifeless, dried up, and can do nothing worthwhile, is it possible that, somewhere along the line, you got separated from Jesus, the Vine, and are not abiding? If so, what is the solution? (See also Revelation 3:19.)

Thursday:

Read Matthew 11:28-29. What does Jesus's invitation entail? How can you accept his invitation right now? What will happen if you do? What will happen if you don't?

Friday:

Read Proverbs 12:1; 15:10; 28:13. In what ways do these verses fill out and fortify the idea that it is wise to accept the discipline of the Lord and repent?

Daily Prayer:

Lord, examine me and show me if the weariness I am feeling is your discipline. I come to you today, taking your yoke upon me, forsaking my own way, that I may experience your rest. Amen.

If you would like to have the daily reflection and application emailed to you, scan the QR code or email info@moonvalleybible.org.

