



Title | Tired of Being Alone
Series | Wisdom for the Weary
Text | Proverbs 17:17; 18:1; 27:9, 17
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Sermon Notes

Proverbs 17:17
A friend loves at all times,
and a brother is born for adversity.

Proverbs 18:1
Whoever isolates himself seeks his own desire;
he breaks out against all sound judgment.

Proverbs 27:9
Oil and perfume make the heart glad,
and the sweetness of a friend comes from his earnest counsel.

Proverbs 27:17
Iron sharpens iron,
and one man sharpens another. *ESV*

Big Idea:

Proverbs 17:17
A friend loves at all times,
and a brother is born for adversity. *ESV*

For Reflection and Application:

Monday:

Read Proverbs 17:17. What does this proverb suggest about a source of help for weariness? Take a mental inventory of who you have spent time with over the past month or so. How many of these people are truly supportive? Does anything need to change?

Tuesday:

Read Proverbs 18:1. To what extent do you tend to isolate yourself from others? How can weariness discourage relational connection with others? In what ways might isolation make weariness feel heavier? How might weariness be lightened?

Wednesday:

Read Proverbs 27:9. How can the earnest counsel of a friend help with weariness? Who might provide helpful counsel for you? What risks may you need to take to receive counsel?

Thursday:

Read Proverbs 27:17. How can one person sharpen another? Who might sharpen you?

Friday:

Read Hebrews 10:24-25. What is the benefit of community?

Daily Prayer:

Lord, help me to proactively pursue supportive community that I may help and be helped in my weariness. Amen.

If you would like to have the daily reflection and application emailed to you, scan the QR code or email info@moonvalleybible.org.

