



Title | God Has Your Back
Text | Philippians 4:1-7
By | Kurt Johnson
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Sermon Notes

Philippians 4:1 Therefore, my brothers, whom I love and long for, my joy and crown, stand firm thus in the Lord, my beloved. 2 I entreat Euodia and I entreat Syntyche to agree in the Lord. 3 Yes, I ask you also, true companion, help these women, who have labored side by side with me in the gospel together with Clement and the rest of my fellow workers, whose names are in the book of life. 4 Rejoice in the Lord always; again I will say, rejoice. 5 Let your reasonableness be known to everyone. The Lord is at hand; 6 do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. 7 And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus. *ESV*

Big Idea:

Philippians 4:4 Rejoice in the Lord always; again I will say, rejoice. *ESV*

For Reflection and Application:

Monday:

Read Philippians 4:1-6. Identify the commands in this text. What seven things is Paul directing the Philippians to do (or not do)? How does this apply to you?

Tuesday:

In Philippians 4:4, how is the phrase “Rejoice in the Lord always” different from a command to be happy? How would this be applied to a really hard or tragic difficulty? How can you apply this in your own life?

Wednesday:

In Philippians 4:6, how does the first part, “Do not be anxious about anything,” contrast with the second part about going to God in prayer? Are there things it is okay to be “anxious” about? Does God want us to trust him with everything, or only what we cannot handle ourselves? How can you apply this?

Thursday:

Read Luke 12:25-31. What does Jesus tell us that we should be focused on instead of things we normally worry about? How does this help us in our Christian walk? How can you apply this?

Friday:

Read Philippians 4:7. What can we expect when we trust God with our problems and completely depend upon him?

Daily Prayer:

Lord, knowing what you did for me on the cross, give me the strength to trust your love in all things. Amen.

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