



**Title** | Repulsive Unlove  
**Series** | So You Can Know For Sure  
**Text** | Luke 6:37-45  
**By** | Bob Kerrey  
**Date** | February 1, 2026

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# Sermon Notes

Luke 6:37 “Judge not, and you will not be judged; condemn not, and you will not be condemned; forgive, and you will be forgiven; 38 give, and it will be given to you. Good measure, pressed down, shaken together, running over, will be put into your lap. For with the measure you use it will be measured back to you.” 39 He also told them a parable: “Can a blind man lead a blind man? Will they not both fall into a pit? 40 A disciple is not above his teacher, but everyone when he is fully trained will be like his teacher. 41 Why do you see the speck that is in your brother’s eye, but do not notice the log that is in your own eye? 42 How can you say to your brother, ‘Brother, let me take out the speck that is in your eye,’ when you yourself do not see the log that is in your own eye? You hypocrite, first take the log out of your own eye, and then you will see clearly to take out the speck that is in your brother’s eye. 43 For no good tree bears bad fruit, nor again does a bad tree bear good fruit, 44 for each tree is known by its own fruit. For figs are not gathered from thornbushes, nor are grapes picked from a bramble bush. 45 The good person out of the good treasure of his heart produces good, and the evil person out of his evil treasure produces evil, for out of the abundance of the heart his mouth speaks.” ESV

## Big Idea:

Luke 6:37 “Judge not, and you will not be judged; condemn not, and you will not be condemned; forgive, and you will be forgiven; 38 give, and it will be given to you.” ESV

## For Reflection and Application:

### Monday:

Read Luke 6:37-38. What is the point Jesus is making? Does he prohibit all judging? What does he mean when he says, “For with the measure you use it will be measured back to you”?

### Tuesday:

Read Luke 6:39-40. What is the point of this parable? Why must we be careful whom we follow? What is at stake? Ultimately, whom should we be following? What is the connection between this and demonstrating Christlike love?

### Wednesday:

Read Luke 6:41-42. What is the idea of this illustration? To what extent do you see hypocrisy in your own life? Why is this important?

### Thursday:

Read Luke 6:43-45. In context, what is the “fruit?” What is the ultimate source of good fruit? How can we cultivate it?

### Friday:

Reread Luke 6:37-45. Compare and contrast that which is loving versus that which is unloving. How can you apply this?

### Daily Prayer:

Lord, guard me from the repulsive unlove that can stem from being a judgmental, unforgiving, ungenerous, hypocritical believer who follows the wrong leaders and bears the wrong fruit.  
Amen.

If you would like to have the daily reflection and application emailed to you, scan the QR code or email [info@moonvalleybible.org](mailto:info@moonvalleybible.org).

