



**Title** | All Head and Hands But No Heart  
**Series** | Good to Go  
**Text** | Revelation 2:1-7  
**By** | Bob Kerrey  
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# Sermon Notes

Revelation 2:1 “To the angel of the church in Ephesus write: ‘The words of him who holds the seven stars in his right hand, who walks among the seven golden lampstands. 2 I know your works, your toil and your patient endurance, and how you cannot bear with those who are evil, but have tested those who call themselves apostles and are not, and found them to be false. 3 I know you are enduring patiently and bearing up for my name’s sake, and you have not grown weary. 4 But I have this against you, that you have abandoned the love you had at first. 5 Remember therefore from where you have fallen; repent, and do the works you did at first. If not, I will come to you and remove your lampstand from its place, unless you repent. 6 Yet this you have: you hate the works of the Nicolaitans, which I also hate. 7 He who has an ear, let him hear what the Spirit says to the churches. To the one who conquers I will grant to eat of the tree of life, which is in the paradise of God.’” ESV

## Big Idea:

Revelation 2:44 “But I have this against you, that you have abandoned the love you had at first.” ESV

## For Reflection and Application:

### Monday:

Read Revelation 2:1-7. List all the attributes of the church in Ephesus that are commendable. How would Christians with these attributes be viewed in our culture today? To what extent does this describe you?

### Tuesday:

Read Revelation 2:4. What does the Lord have against the ancient Ephesians? To what extent is the phrase, “all head and hands but no heart” descriptive? To what extent does this describe you? Why is this condition a problem? Read Matthew 10:37; John 13:35; 1 Corinthians 7:32-35; 13:1-3. Also, how does 1 John 4:20-21 relate?

### Wednesday

According to the first part of Revelation 2:5, what is the solution for lack of love? How can you apply this?

### Thursday:

According to the last part of Revelation 2:5 and all of verse 7, what is at stake? What will happen if the Ephesians do not rekindle their love? What will happen if they do? How can you take this to heart?

### Friday:

To what extent do you need to rekindle your love for Jesus and others? How might you go about it this week?

### Daily Prayer:

Lord, help me to remember the love I had for you at first, to repent of my neglectfulness, and to repeat the things I did at first, so that I may rekindle my love for you and others. Amen.

If you would like to have the daily reflection and application emailed to you, scan the QR code or email [info@moonvalleybible.org](mailto:info@moonvalleybible.org).

