

Words with God | Praying Our Story | Psalm 143

GET READY | How can I come prepared?

1. Watch the message if you can. You can find the latest message on [YouTube](#) or our [website](#). Be ready to share any “aha moments” or takeaways you had.
2. Read Psalm 143 on your own. Jot down any observations or questions you have.

CATCH UP | How are we doing?

1. Share one highlight from your Christmas break.
2. Where do you pray most naturally?

DIG IN | What's God saying in Scripture?

Quiet your hearts, pray and then read Psalm 143 out loud. Reflect on the passage together. If necessary, use some of the questions below to jump start your conversation.

Let's talk About Poetry for a Minute

1. Your leader has a link to a great video that will help you appreciate the sacred art of Hebrew poetry in a whole new way.
2. Does anyone read or write poetry in your group? If yes, what do you like about it? How is it different from prose?
3. Why do you think God gave us so much prayer in the form of poetry in the Bible?

Can you relate to David?

1. Pay attention to David's state of mind, soul and body.
2. If you were to paint a picture to illustrate this Psalm, what would you put on the canvas?
3. Which statements are most relatable right now?
4. What does he seem to believe about God?

5. How does that change his attitude?

WIND DOWN | How can we encourage one another?

1. Take a moment to read Psalm again, but this time as a prayer to the Father who loves you with steadfast love.
2. How do you hope to grow in prayer over the next six weeks? Take note and come back at the end of the series to celebrate what God is doing in you.