

Beginnings XD

Extended Day options for
Beginnings Preschool Families

Beginnings XD programming at St. Andrew's United Methodist Church is an option for extending your child's day at preschool to include extra whole-group activities, games, gross-motor fun, and enrichment time in the afternoon. XD is available from 11:30 am to 3:30 pm – Monday through Thursday - to students enrolled in a 3&4's or Pre-K morning preschool class.

If your child is staying for an extended day, (s)he will need to bring a lunch from home. Here are some important standards and guidelines to remember when packing your child's lunch:

- Please ensure that your child's lunch includes a variety of choices with at least one serving each of the following: protein, fruit or vegetable, grain, and dairy. If these requirements are not met, state guidelines require us to supplement your child's lunch with the missing item(s).
- We are a nut-free facility. To ensure the safety of all students, please do not send items that include nuts in your child's lunch. This includes peanut butter and hazelnut spreads like Nutella. Sunflower butter is an acceptable alternative.
- Your child's lunchbox will remain on the XD lunch cart until lunch time. Be sure to use a thermal lunchbox and/or ice packs to ensure that the food is kept at an appropriate temperature.
- Staff members will assist your child in opening packages/containers in their lunch, with the goal of helping them develop skills of independence and, ultimately, self-sufficiency at meal-time.
- Food sent in your child's lunch should be ready to eat. We are unable to heat individual items from your child's lunch.
- Please include one or more food items in your child's lunchbox that will serve as their afternoon snack.

Indicate your enrollment request for Beginnings XD below. Pricing is as follows:

- 1 Day per week (\$ 90/month) Mon___ Tues___ Wed___ Thurs___
- 2 Days per week (\$180/month) Mon___ Tues___ Wed___ Thurs___
- 3 Days per week (\$270/month) Mon___ Tues___ Wed___ Thurs___
- 4 Days per week (\$360/month) Mon___ Tues___ Wed___ Thurs___
- Beginnings XD will also be offered Monday through Thursday for drop-ins, based on availability. The daily drop-in fee is \$25.

Other Policies/Procedures:

- Tuition is paid monthly through automatic withdrawal.
- If your child will be absent on their scheduled XD day due to illness, you will be offered a make-up day within two weeks of the absence, provided that we are notified of the make-up one day prior. The same offer will be made if the absence is pre-planned, i.e. due to a reason other than illness. This make-up provision would not apply to those who are registered for 4 XD days, as the program only operates 4 days each week.
- In the event that Beginnings Preschool is cancelled due to inclement weather on your child's scheduled XD day, you will also be offered a make-up day within two weeks of the missed XD day.

Extended Day (XD) will be offered on Monday through Thursday afternoons, provided that 3 or more students are registered for XD on each of those days. In the interest of using our staff and program resources most efficiently, XD will not be offered on days where fewer than 3 students are enrolled. Each family will receive confirmation of their child's XD enrollment days by 8/1/2026.

I have read the above guidelines for Beginnings XD at St. Andrew's United Methodist Church. I agree to abide by these guidelines with regard to the enrollment of my child(ren).

Parent/Guardian Signature

Date