

# Stephen Minister Training Schedule - Fall 2026

Thursdays, 6-8:30 - Room 206 - Thornton Campus

Key: PCR (Pre-Class Reading) / SMTM (Stephen Minister Training Manual) / CC-AWOL (Christian Caregiving—a Way of Life) CA (Caring Assertiveness: Relating Directly, Honestly, and with Respect) / WAH (When and How to Use Mental Health Resources: A Stephen Ministry Guide)

	Date	Module	Reading Assignment Due for This Session
1	9/3/26	T-1 The Person of the Caregiver	Snack provided at 7:00
2	9/10/26	T-2 Feelings: Yours, Mine, and Ours	SMTM, "Feelings: Yours, Mine, and Ours" PCR CC-AWOL, preface–chapter 4
3	9/17/26	T-3 The Art of Listening	SMTM, "The Art of Listening" PCR CC-AWOL, chapters 5–8
4	9/24/26	T-4 Distinctively Christian Caring— Part 1	CC-AWOL, chapters 9–14
5	10/1/26	T-4 Distinctively Christian Caring— Part 2	CA, introduction–chapter 3
6	10/8/26	T-5 A Process Approach to Caring	SMTM, "A Process Approach to Caring" PCR CA, chapters 4–7
7	10/15/26	T-6 Assertiveness: Relating Gently and Firmly—Part 1	CA, chapters 8–11
8	10/22/26	T-6 Assertiveness: Relating Gently and Firmly—Part 2	CA, chapters 12–18
9	10/29/26	T-7 Maintaining Boundaries in Caregiving T-8 Crisis Theory and Practice	SMTM, "Maintaining Boundaries in Caregiving" PCR SMTM, "Crisis Theory and Practice" PCR
10	11/5/26	T-9 Confidentiality	SMTM, "Confidentiality" PCR WAH, preface–chapter 3
11	11/12/26	T-10 Caring between Visits: Caregiving and Communications Technology	SMTM, "Caring Between Visits" PCR WAH, chapters 4–6
12	11/19/26	T-11 Using Mental Health Professionals and Other Community Resources	SMTM, "Using Mental Health Professionals and Other Community Resources" PCR WAH, chapter 7–appendix C
13	12/3/26	T-12 Ministering to Those Experiencing Grief	SMTM, "Ministering to Those Experiencing Grief" PCR
14	12/10/26	T-13 Caring for Those with Depression: The Stephen Minister's Role	SMTM, "Caring for Those with Depression: The Stephen Minister's Role" PCR

15	12/17/26	T-14 Understanding Suicide: How to Help People Get the Care They Need	<i>SMTM</i> , "Understanding Suicide: How to Help People Get the Care They Need" PCR
16	1/7/27	T-15 Bringing the Caring Relationship to a Close	<i>SMTM</i> , "Bringing the Caring Relationship to a Close" PCR
17	1/14/27	T-16 Supervision: A Key to Quality Christian Care—Part 1	<i>SMTM</i> , "Supervision: A Key to Quality Christian Care— Part 1" PCR
18	1/21/27	T-16 Supervision: A Key to Quality Christian Care—Part 2	<i>SMTM</i> , "Supervision: A Key to Quality Christian Care— Part 2" PCR
19	1/28/27	T-17 How to Make a First Caring Visit	<i>SMTM</i> , "How to Make a First Caring Visit" PCR
20	2/4/27	Banquet Dinner and Commissioning	<i>SMTM</i> , "Go—God Is with You!" PCR

Stephen Leader to contact in case of emergencies, absences, or questions:

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