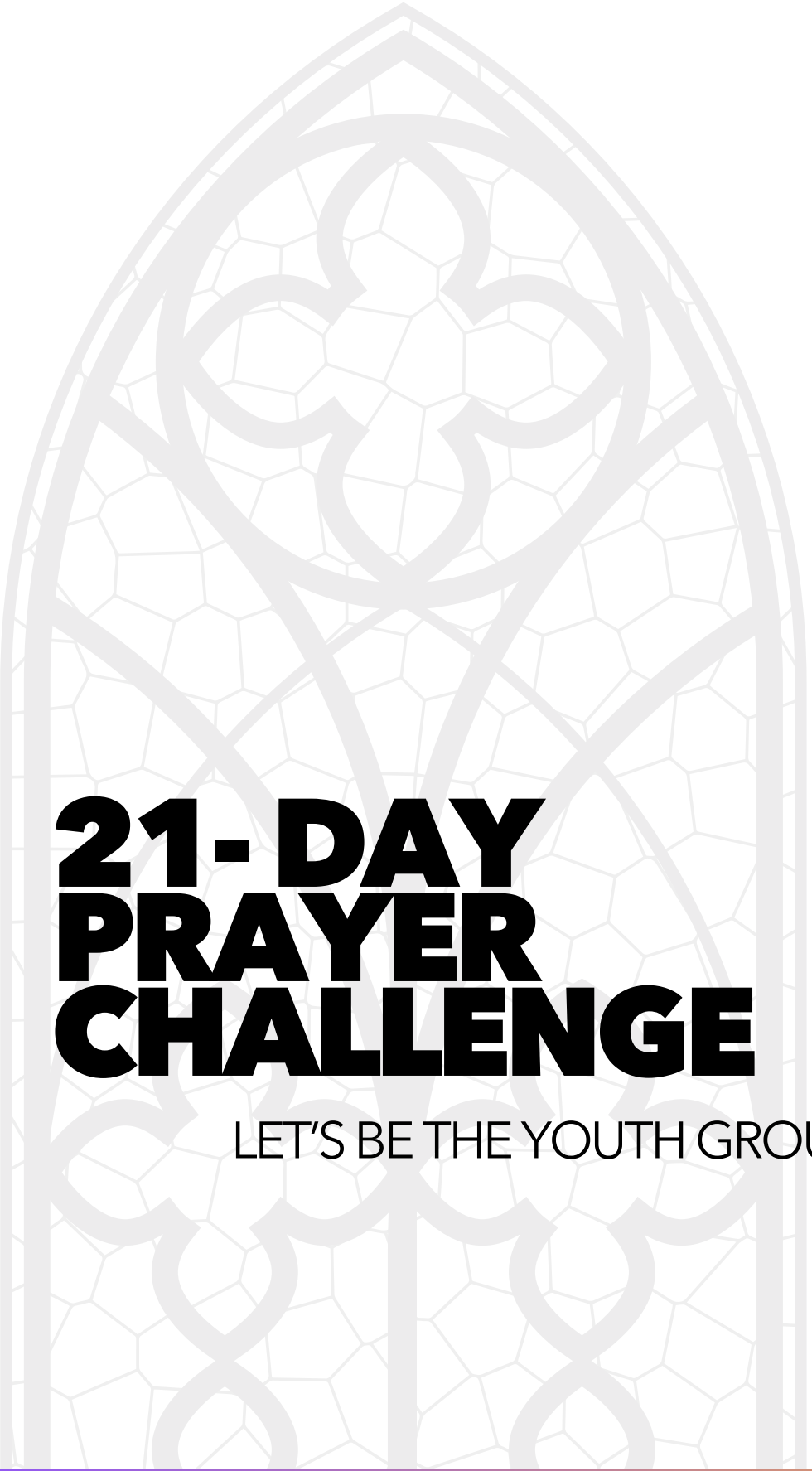




21-DAY PRAYER CHALLENGE

**JAN
2026**

LET'S BE THE YOUTH GROUP THAT PRAYS



LET'S GO!!!

WE ARE SO GRATEFUL YOU ARE STEPPING INTO OUR 21-DAY PRAYER CHALLENGE. PRAYER IS NOT A BOX TO CHECK OR A RITUAL TO PERFECT, IT IS AN INVITATION TO BE WITH GOD. OVER THE NEXT 21 DAYS, WE'RE CREATING INTENTIONAL SPACE TO SLOW DOWN, LISTEN, AND ALIGN OUR HEARTS WITH HIS. THIS DEVOTION ISN'T ABOUT SAYING THE "RIGHT" WORDS OR PRAYING LONGER THAN YOU EVER HAVE BEFORE. IT'S ABOUT SHOWING UP DAILY WITH OPENNESS, HUMILITY, AND EXPECTATION.

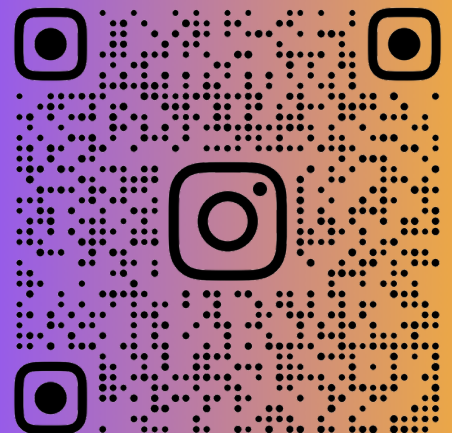
EACH WEEK YOU WILL BE GIVEN A LITTLE BLURB ABOUT WHAT WAS TALKED ABOUT ON SUNDAY NIGHT. THIS WILL GIVE US A ROAD MAP OF WHERE WE WILL GO THAT WEEK. EACH DAY WILL GIVE YOU A PROMPT OF WHAT TO PRAY AND HOW LONG YOU SHOULD AIM TO PRAY FOR. WHILE IT'S NOT REQUIRED, WE ASK THIS TO BE THE FIRST THING YOU DO EACH MORNING. WE BELIEVE GROUNDING OURSELVES IN JESUS FIRST THING IN THE MORNING, ALIGNS OUR HEART BEFORE THE ANXIETIES OF THE DAY BEGINS.

AS YOU BEGIN THIS JOURNEY, COME HONESTLY. BRING YOUR GRATITUDE, YOUR QUESTIONS, YOUR DOUBTS, AND YOUR DESIRES. TRUST THAT GOD HEARS EVERY PRAYER, EVEN THE ONES THAT FEEL SMALL OR UNFINISHED. OUR HOPE IS THAT BY THE END OF THESE 21 DAYS, PRAYER FEELS LESS LIKE A DUTY AND MORE LIKE A RELATIONSHIP, AND THAT YOU WALK FORWARD MORE ANCHORED, MORE ATTENTIVE, AND MORE CONFIDENT IN THE GOD WHO IS ALWAYS NEAR.

LET'S BE THE YOUTH GROUP THAT PRAYS,

DAMEN AND MACKENNA

CHECK OUT OUR INSTAGRAM
FOR MORE INFO ON THE
CHALLENGE EVERY DAY OF
JANUARY



@CROSSROADSABC.STUDENTS



WEEK 1

LAST NIGHT, WE TALKED ABOUT THE POWER AND GIFTS OF THE HOLY SPIRIT. THROUGH JESUS' DEATH ON THE CROSS, ALL AUTHORITY HAS BEEN GIVEN TO HIM, WHICH HE NOW GIVES TO US. THE HOLY SPIRIT NOW EMPOWERS US TO WALK OUT OUR PURPOSE, TO TELL EVERYONE ABOUT JESUS. WE ARE INVITED INTO THIS PURPOSE IN MANY WAYS. ONE WAY TO DO THIS IS BY PRAYING FOR OTHERS. GETTING THE ATTENTION OFF OURSELVES AND ONTO OTHERS, COUNTING THEM MORE SIGNIFICANT THAN OURSELVES.

- MONDAY :** Praying for our church: This morning, let's spend time praying for our church. You can pray for your leaders, our pastors, any adult in the church, or someone else in the youth group. Take a few moments in silence and then spend three minutes talking to God and asking him to bless any person that comes to your mind.
- TUESDAY:** Praying for the Salvation of our Classmates: All around you, each day, there are peers and friends who don't know Jesus. If we are stagnant, their current eternal destination is hell. Let's begin to intercede for their salvation and for our boldness to share the love of Jesus with them. Take a few moments in silence and spend three minutes praying for your classmates.
- WEDNESDAY:** Praying for our families: Even if you come from a family that attends church each week, there is still someone in your family who doesn't know Jesus or who needs the healing touch of Jesus. Take five deep breaths and spend 4 minutes praying for the salvation of those in your family.
- THURSDAY:** Praying for the Salvation of our Classmates: Haven't we already done this? Yes, we have! Praying for the salvation of those who don't know Jesus should be a rhythm in our lives, preaching Jesus is our main purpose on this Earth. Let's spend five minutes interceding for our classmates.
- FRIDAY:** Praying for the miracle: We all know someone who needs a miracle. Today let's boldly ask for the miracle to come in the name of Jesus and for His will to be done. Name three people who need a miracle and pray for them.
- SATURDAY:** Praying for the Salvation of our Classmates: Again? Yes! Even though it's the weekend, our hearts should still be burning to see our city on fire for Jesus!
- SUNDAY:** Praying for the World: Let's be praying for His Kingdom to reign across the whole Earth. Missionaries and churches worldwide are also engaged in a spiritual battle. Though we may not know exactly who we can lift up, it could be cities, nations, missionaries, or unreached people groups.



WEEK 2

A - ADORATION **C - CONFESSION** **T - THANKSGIVING** **S - SUPPLICATION**

PRACTICALS ARE SO IMPORTANT! WHAT AN AMAZING GIFT IT IS THAT WE DON'T HAVE TO GO AT THIS WHOLE THING ALONE, WE HAVE TEACHER, FRIENDS, AND THOUSANDS OF YEARS OF CHURCH FAMILY TO LEARN FROM. ON SUNDAY NIGHT WE TALKED ALL ABOUT PRACTICALS AND 'HOW' TO PRAY (MATTHEW 6:9-13) . THE A.C.T.S. PRAYER METHOD IS ANOTHER AWESOME TOOL WE HAVE THAT HELPS US WALK THROUGH AND COVER ALL THE BASES ON WHAT WE SHOULD BE BRINGING TO GOD! (AKA EVERYTHING)

- MONDAY :** Adoration is all about adoring God for who he is. It is important to always stop and meditate on His character, who is the one we are talking to. Challenge: Make a list of 10 attributes or characteristics of God. Start with focusing on and honoring who He is, and let that drive your trust in his care and provision over your life.
- TUESDAY:** Confession is a time to be honest and real with God. We all mess up (every single one of us), and God already knows it. When we confess our sins, we aren't surprising Him or giving Him new information. Instead, we're choosing humility, honesty, and a fresh start. Confession clears our hearts and restores our connection with God, reminding us of His grace and forgiveness. Challenge: Write down a couple things that you need a restart on, areas that you've been struggling to give up to God.
- WEDNESDAY:** Giving thanks and showing gratitude are so important. God has already provided so many good blessings in your life. Even when it is hard to see it! When we reflect in gratitude on all the things that God has provided, it opens our eyes to see that God has never left our side and is active and working in the everyday. Challenge: write a list of 25 things you are grateful for, focus on how God has already provided, and how that can spur on hope for trusting Him with the next thing you face.
- THURSDAY:** Supplication is just a fancy way of asking God to supply for our needs. It's super important to ask for help, but even more, this concept is about letting go and trusting God to be the supplier of all your needs. Today's challenge: make a list of as many needs you can name in your life, where do you need God to move? fulfill? answer? provide? Pray for these things and end by surrendering all your needs up to God.
- FRIDAY:** A. C. T. S. in your quiet time with God today, go write down 3 things you adore about God, 3 things you need to confess to God, 3 things you are thankful for, and 3 things you need God to supply you with today.
- SATURDAY:** Let's build this habit! A. C. T. S. in your quiet time with God today, go write down 5 things you adore about God, 5 things you need to confess to God, 5 things you are thankful for, and 5 things you need God to supply you with today.
- SUNDAY:** Yay Sunday! You guys are all doing so well with this challenge! Let's sabbath with God today, rest in His goodness, His peace, worship Him, and just focus on adoring how great He is. Make a list in prayer of 25 things you adore about God.



WEEK 3

LAST NIGHT WE TALKED ABOUT THE SPIRITUAL PRACTICE OF LECTIO DIVINA, WHICH MEANS DIVINE SCRIPTURE READING. THE FOUR STEPS TO DOING LECTIO DIVINA ARE TO READ, MEDITATE, PRAY, AND CONTEMPLATE. YOU ARE TO READ THE SCRIPTURE ONCE, READ IT MULTIPLE TIMES SLOWLY, TALK TO GOD ABOUT IT, AND THEN SIT IN SILENCE AND LISTEN TO WHAT THE HOLY SPIRIT MAY BE SPEAKING. EACH DAY THIS WEEK SPEND 7 MINUTES WITH THE VERSE PROVIDED TO YOU.

MONDAY : Psalm 46:10: He says, "Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth."

TUESDAY: 1 Samuel 3:9-10 So Eli told Samuel, "Go and lie down, and if he calls you, say, 'Speak, Lord, for your servant is listening.'" So Samuel went and lay down in his place. The Lord came and stood there, calling as at the other times, "Samuel! Samuel! Then Samuel said, "Speak, for your servant is listening."

WEDNESDAY: Matthew 11: 28-30 Are you tired? Worn out? Burned out on religion? Come to me. Get away with me and you'll recover your life. I'll show you how to take a real rest. Walk with me and work with me—watch how I do it. Learn the unforced rhythms of grace. I won't lay anything heavy or ill-fitting on you. Keep company with me and you'll learn to live freely and lightly.

THURSDAY: John 14:4-5: Remain in me, as I also remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me."I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing.

FRIDAY: Romans 12:1-2 I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.

SATURDAY: Philippians 4:6-7 Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

SUNDAY: Proverbs 3:5-6 Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.

PRAYER NIGHT

MONDAY 1/26
6PM
YOUTH ROOM

