



Gabriel's Challenge

<https://gabrielschallenge.org>

36 days of connection, presence, and small steps that matter.
From Mother's Day to Father's Day, choose one or more of the following steps

You don't have to do everything — just show up in a way that's real for you.

Text SHOW UP to 53123 for a daily video reminder

Action – Walk our adopted block – Turning Point has adopted the block at Sprague and Browne near the Greyhound Bus Station – each day we want someone from our church to be present on this block and wisely engage people and pray.

Action – Get Educated and Pray – Come to the City Council Chambers each Tuesday at 5:30 pm for prayer and stay until 7:00 for education/resourcing and solution mapping.

Action – Shut It Down – Commit to 2 hours or less on your personal devices.

Action – Show Up – Here are some ideas – use these or make your own

- Choose 1 hour a night for everyone to turn off their devices and check in face to face
- Go on a walk, cook together, visit a neighbor, or just sit and talk
- Adopt a local park or street for regular clean ups and connection
- Share family photos and stories of showing up on social media using **#ShutItDown**