



**COLOSSIANS**  
“Learning to Walk in Freedom”  
Colossians 2:16-23  
September 21, 2025

**Read Colossians 2:16-23**

**Let No One Judge You – Legalism Vs 16-17**

- 1) The certainty of our freedom Romans 6:14
- 2) The captivity of legalism Galatians 5:1
- 3) The confirmation of grace Hebrews 10:1 (NIV); Romans (NLT)

*The answer to legalism is the spiritual reality we have in Christ.*

**Let No One Defraud You – Mysticism Vs 18-19**

- 1) False humility = pride
- 2) False worship Matthew 4:10; Revelation 19:10; Hebrews 1:4
- 3) Experience alone Hebrews 1:1-2
- 4) Disconnected from Christ 2 Peter 1:3

*The answer to mysticism is our spiritual union with Christ.*

**Let No One Enslave You – Asceticism Vs 20-23**

- 1) It ignores a Christian's position
- 2) It is worthless
- 3) It is deceptive Matthew 6:16-18

*The answer to asceticism is our position in Christ.*

### **Our Response:**

- 1) Why do you think religious rules and rituals can be so attractive, even though they cannot save?
- 2) Where do you see “self-made religion” showing up in your own walk, and how can you replace it with reliance on Christ?
- 3) How does Paul describe the danger of not “holding fast to the Head” (Christ)? What role does Christ play in nourishing and knitting together the body (the church)?
- 4) How can the church guard against “self-made religion” while still pursuing genuine obedience to Christ?
- 5) How can you shift your focus from “don’t do this” Christianity to joyful obedience that flows from union with Christ?