



## **ELIJAH**

**“When the Battles of  
Life Wear You Down”**

**1 Kings 19:1-21**

July 6, 2025

**Read [1 Kings 19:1-21](#)**

### **Where It All Went WRONG for Elijah**

- 1) He was distracted & become disillusioned
- 2) He was distraught & dismayed
- 3) He decided on his own to go to Beersheba
- 4) He distanced himself from others
- 5) He was deceived because of a great victory
- 6) He was drained & depleted
- 7) He was depressed & found himself at the dead end of despair

### **Where It All Went RIGHT for Elijah**

- 1) The Lord designed a time of rest and refreshment for him
- 2) The Lord diagnosed his problem
- 3) The Lord demonstrated & declared Himself to him
- 4) The Lord dispelled the fiction for him
- 5) The Lord designated a new task for him
- 6) The Lord directed him to a new devoted friend

**Our Response:**

- 1) Why do you think Elijah was afraid of Jezebel after such a major spiritual victory?
- 2) Elijah says he is no better than his ancestors. Is this a true statement? Why or why not? Did God choose Elijah because he was better or worse than his ancestors? Explain.
- 3) How is the Lord compassionate toward Elijah? How has the Lord shown his compassion to you in the dark or difficult moments of your life?
- 4) How does God's response to Elijah's despair challenge your view of how God deals with our struggles?
- 5) What is the significance of God revealing Himself not in wind, earthquake, or fire—but in a gentle whisper? What do you think God was teaching Elijah through the "still small voice"?
- 6) In what ways can we be tempted to feel like we're the only one standing for truth? How can we encourage each other to stay in the fight?