

Resources

- 1) *Safeguards: Shielding our Homes and Equipping Our Kids* by Julie Lowe
- 2) *Raising Kids in a Scree-Saturated World: Help for Parents* Eliza Huie
- 3) *Raising Kids in a Hyper-Sexualized World: Help for Parents* Eliza Huie
- 4) *Every Parent's Guide to Navigating Our Digital World* Kara Powell / Art Bamford / Brad M. Griffin
- 5) *The Tech-Wise Family: Everyday Steps for Putting Technology in Its Proper Place* Andy Crouch
- 6) *The Anxious Generation: How the Great Rewiring of Childhood Is Causing an Epidemic of Mental Illness* Jonathan Haidt
<https://www.anxiousgeneration.com/resources>

Apps for Parental controls MM Guardian, Aura, Bark, Quistodio, Mspy Screen Time Labs, Circle Home Plus

Free online safety training <https://onemorechild.org/our-care/anti-trafficking/join-the-fight/online-safety/>